

rang	naam	vereniging	intijd		tijd	RT	
Junioren 1							
1.	Jelsie van Ruijven	WVZ	30.56	200500282	31.25	+0,75	438
2.	Asha van Lobberregt	de Devel	31.64	200500088	31.26	+0,67	437
3.	Britt van't Zant	Poseidon'56	31.64	200501170	31.65	+0,77	421
4.	Vivianne Woltjes	The Hague Swimming (SG)	31.30	200501524	31.74		418
5.	Soscha van den Heuvel	ZPCNumansdorp	31.42	200500804	32.12	+0,80	403
6.	Sophie Buurman	Wiekslag	31.99	200502530	32.18		401
7.	Sera Emmers	WZK	31.99	200503264	32.38	+0,62	394
8.	Niké Telkamp	The Hague Swimming (SG)	31.77	200501088	32.49	+0,76	390
9.	Milou Adriaanse	De Columbiaan	32.25	200500968	32.55	+0,70	387
10.	Isa Maes	de Devel	32.26	200500110	32.63	+0,71	385
11.	Marit Huisman	Van Vliet-Barracuda	32.25	200502620	32.73	+0,75	381
12.	Aisha Nobels	zc De Schotejil	33.18	200501710	32.97	+0,68	373
13.	Rosa Kwaijtaal	Poseidon'56	31.91	200500872	33.01	+0,80	371
14.	Emma Verkuijl	Van Vliet-Barracuda	32.52	200500826	33.13	+0,88	367
15.	Milou Demirel	The Hague Swimming (SG)	34.46	200501254	33.26	+0,88	363
16.	Laura Hoogenboezem	KZV de Lansingh	32.57	200500390	33.28	+0,76	363
17.	Merel Schravendijk	The Hague Swimming (SG)	33.24	200503382	33.35	+0,78	360
18.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	32.92	200503292	33.41		358
19.	Mar Stoel	LinK	32.46	200500520	33.89	+0,86	343
20.	Emi Schipper	Zob'66	33.65	200502126	34.00	+0,69	340
21.	Felicia Adema	SG Albion d'ELFT	32.76	200501310	34.01	+0,84	340
22.	Lyke Buscop	zc De Schotejil	32.14	200500552	34.17	+0,78	335
23.	Elise Vink	De Columbiaan	33.25	200502588	34.18		335
24.	Daphne van Tilburg	De Geul	34.42	200500580	34.43	+0,87	327
25.	Sylvie Roos	De Kempvis	33.54	200502772	34.75	+0,54	318
26.	Noor Frijlink	De Columbiaan	34.75	200500970	34.78	+0,75	318
27.	Jennifer de Keizer	MNC Dordrecht	34.36	200501054	34.93		314
28.	Larissa Punt	de Devel	34.53	200501814	35.08	+0,84	310
29.	Iris de Rouw	ZPB-H&L	33.30	200501826	35.22	+0,82	306
30.	Anne-Marie Twigt	KZV de Lansingh	35.90	200503290	36.24	+0,98	281
31.	Meira Simons	The Hague Swimming (SG)	34.64	200502984	36.39	+0,79	277
32.	Daphne Keijzer	Zob'66	36.50	200503556	36.77	+0,82	269
33.	Madoline Held	The Hague Swimming (SG)	36.37	200503412	36.88		266
34.	Lilian Kint	RSW	36.77	200503408	37.00	+0,85	264
NG.ZA	Felicia Bosse	WZK	34.51	200504468			
AFGEM	Dayna van Hoorn	Poseidon'56	37.17	200502800			

Junioren 2

1.	Milou van Wijk	de Devel	28.69	200404948	29.30	+0,77	531
2.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	29.32	200404272	29.85		502
3.	Isis Naaktgeboren	de Devel	29.96	200403914	30.92	+0,80	452
4.	Jenna Klein	Z&PC Alkemade	30.50	200400914	30.97	+0,89	450
5.	Danielle Vis	De Columbiaan	31.19	200401044	31.00	+0,72	449
6.	Nora van der Steen	LinK	31.47	200403458	31.14	+0,80	443
7.	Rinske Bouman	de Devel	29.91	200400578	31.38	+0,91	432
8.	Anique Star	De Columbiaan	31.16	200400446	31.45	+0,78	430
9.	Lize van Stigt	LinK	30.97	200401510	31.53	+0,67	426
	Anniko Firman	The Hague Swimming (SG)	31.18	200402330	31.53	+0,67	426
11.	Tessa Poot	ZV Vlaardingen-Schiedam	32.07	200404264	31.60	+0,81	423
12.	Fenna Herwig	Wiekslag	30.42	200400908	31.64	+0,92	422
13.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	31.25	200402932	31.73	+0,76	418
14.	Phaedra Meijer	De Stelle	30.82	200401354	31.86	+0,78	413
	Feline Jonkers	Poseidon'56	31.52	200401160	31.86		413
16.	Mandy van der Meijden	Widex GZC Donk	31.11	200402574	32.00	+0,71	408
17.	Mary Kate Farrell	The Hague Swimming (SG)	33.17	200402870	32.10	+0,69	404
18.	Cheyenne Elburg	KZV de Lansingh	31.89	200401170	32.27	+0,70	398
19.	Artemis Tsibogiannis	De Columbiaan	32.50	200402696	32.36	+0,71	394
20.	Fiona Moerman	The Hague Swimming (SG)	31.74	200401668	32.38	+0,75	394
21.	Juliette Boon	de Devel	31.59	200401908	32.68	+0,72	383
22.	Marise van 't Walderveen	Zoetermeer	32.42	200400902	32.72	+0,78	381
23.	Carmen Lems	KZV de Lansingh	32.93	200402632	33.02	+0,82	371
24.	Eva Immerzeel	ZV Westland	31.19	200401514	33.17	+0,87	366
25.	Robine Boer	De Columbiaan	31.90	200402180	33.22	+0,74	364
26.	Saskia Hoogenraad	De Columbiaan	32.64	200401266	33.36	+0,79	360
27.	Lucile Bazalgette	SG Albion d'ELFT	33.15	200403484	33.37	+0,77	360
28.	Jet van Oudheusden	Zob'66	32.29	200401012	33.39		359
29.	Quinty Huisman	The Hague Swimming (SG)	34.66	200401184	33.45	+0,70	357

Programmanr. 1, Meisjes, 50m vrije slag, Junioren 2

rang	naam	vereniging	intijd		tijd	RT	
30.	Danique Gerritsen	MNC Dordrecht	32.13	200401176	33.50	+0,79	355
31.	Jade Geurts	De Watervogels	32.50	200402278	33.77		347
32.	Lotte van der Maas	Zob'66	32.44	200402376	34.00	+0,83	340
33.	Danique van den Berg	MNC Dordrecht	32.67	200402374	34.32	+0,81	331
34.	Fianne Jongbloed	WZK	34.06	200402044	34.48	+0,79	326
35.	Indy Konings	RSW	32.34	200400694	34.64	+0,66	321
36.	Xeanne Derksen	De Columbiaan	33.93	200400856	34.67	+0,68	321
37.	Kristel Spannemaker	BZ&PC	32.48	200402166	34.71	+0,60	320
38.	Esmeralda Elbers	Zob'66	35.04	200404888	35.15	+0,76	308
39.	Kirsten Erkamp	KZV de Lansingh	34.43	200402306	35.23	+0,81	306
40.	Dagmar Nieuwenhuizen	De Kempvis	34.40	200400732	36.00	+0,83	286
41.	Milou van Winkel	AZC	35.51	200402296	36.50	+0,88	400
42.	Amy-Lynn Brittijn	The Hague Swimming (SG)	35.06	200402158	36.58	+0,77	273
43.	Joëlle Paans	DWF	34.57	200401742	37.07		262
NG	Lindsay Wagner	ZPB-H&L	32.19	200400380			

S14

Junioren 3

1.	Imke Beekman	SG Albion d'ELFT	28.01	200301950	28.91	+0,82	553
2.	Femke Hoppenbrouwer	The Hague Swimming (SG)	28.78	200301124	29.07		544
3.	Maaïke Issard	The Hague Swimming (SG)	29.03	200300022	29.12	+1,02	541
4.	Michelle van der Steen	ZV Vlaardingen-Schiedam	29.78	200300052	29.61	+0,66	515
5.	Wendy ten Wolde	Wiekslag	29.27	200302658	29.73	+0,79	509
6.	Sanne Vermeulen	The Hague Swimming (SG)	30.18	200303902	30.19	+0,79	486
7.	Lotte Koorneef	The Hague Swimming (SG)	29.86	200303584	30.38	+0,77	477
8.	Joyce van 't Hof	de Devel	29.93	200302122	30.60	+0,68	466
9.	Ilse Schoenmaker	The Hague Swimming (SG)	29.67	200301470	30.67	+0,68	463
10.	Britt van Bommel	De Columbiaan	29.96	200301982	31.05	+0,86	446
11.	Esther Reinders	KZV de Lansingh	30.44	200301798	31.13	+0,74	443
12.	Yara Aaldring	SG Albion d'ELFT	31.42	200302512	31.18	+0,73	441
13.	Kim de Jong	LinK	30.09	200301026	31.22	+0,88	439
14.	Meike de Beer	De Vliet (SG)	31.45	200302276	31.55	+0,80	425
15.	Julia Notenboom	De Columbiaan	30.74	200302596	31.87	+0,87	413
16.	Noa de Bock	De Duck	31.08	200300318	31.97	+0,66	409
17.	Quincy Belder	Poseidon'56	30.74	200302058	32.06	+0,77	406
18.	Reese Lauletta	WZK	32.02	200305290	32.07	+0,76	405
19.	Kim Rutters	De Kempvis	32.11	200302318	32.11	+0,82	404
20.	Marije de Jager	LinK	32.13	200301394	32.17		401
21.	Mandy Pol	Poseidon'56	31.57	200302052	32.22	+0,80	399
22.	Mirée de Vette	ZPCNumansdorp	32.07	200301218	32.32	+0,80	396
23.	Malou Magnani	RSW	33.55	200304640	32.43	+0,87	392
	Julia de Heide	KZV de Lansingh	31.31	200302934	32.43	+0,68	392
25.	Desny Kloet	De Duck	31.42	200304202	32.67	+0,73	383
26.	Michelle Kluiters	WVZ	32.46	200301556	32.72	+0,76	381
27.	Joyce Lodder	Wiekslag	31.25	200302268	32.81	+0,72	378
28.	Valerie Bulten	Poseidon'56	32.05	200300888	32.84	+0,85	377
29.	Zoë Molenaar	Zoetermeer	32.97	200300978	32.85	+0,78	377
30.	Christina Agussalim	Van Vliet-Barracuda	31.62	200300582	32.92	+0,79	375
31.	Kim Smith	Poseidon'56	31.56	200302060	32.95	+0,77	374
32.	Mara Bosman	The Hague Swimming (SG)	32.57	200303048	33.27	+0,73	363
33.	Anouk Brand	MNC Dordrecht	33.33	200302488	34.01	+0,74	340
34.	Larissa Pelk	RSW	36.46	200305126	34.67		321
35.	Yara Visser	Van Vliet-Barracuda	33.00	200300132	34.98	+0,92	312
36.	Maaïke van Lochem	Zoetermeer	34.43	200301390	35.16	+0,96	307

Jeugd 1 en 2

1.	Christy Geurts	WVZ	27.30	200203734	27.43	+0,73	647
2.	Elise Tanis	zc De Schotejil	26.53	200200120	27.47	+0,76	645
3.	Inge Vieveen	WVZ	26.97	200100024	27.72		627
4.	Lynn Blommers	AZC	27.68	200105062	27.89	+0,66	616
5.	Sanne Busch	MNC Dordrecht	27.87	200101486	28.16	+0,65	598
6.	Sophie de Jonge	SG SCOM/de Zeehond'73	27.27	200200118	28.43	+0,75	582
	Sam IJzerman	De Geul	27.75	200101204	28.43	+0,71	582
	Maaïke Broersma	BZ&PC	27.99	200201522	28.43	+0,78	582
9.	Lotte Hosper	The Hague Swimming (SG)	28.38	200201414	28.46	+0,78	580
10.	Megan van Beelen	De Columbiaan	27.64	200105606	28.69	+0,75	566
11.	Sanne Heemskerk	LZ 1886	28.48	200100600	28.76	+0,79	562
12.	Tessa Giele	SG SCOM/de Zeehond'73	28.11	200203124	28.85	+0,65	556
	Isa Boom	MNC Dordrecht	28.17	200200186	28.85		556
14.	Sacha van den Dobbelsteen	The Hague Swimming (SG)	28.44	200100904	28.97	+0,74	550
15.	Floor de Kievit	The Hague Swimming (SG)	28.75	200100238	29.03		546
16.	Esmée Roodenburg	De Geul	29.42	200100040	29.45	+0,72	523

Programmanr. 1, Meisjes, 50m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd		tijd	RT	
17.	Nienke Mierop	zc De Schotejil	29.31	200203294	29.52	+0,75	519
18.	Marlinde Beukers	WVZ	28.93	200101934	29.54	+0,68	518
19.	Jip Veeman	The Hague Swimming (SG)	28.86	200106100	29.55	+0,73	518
20.	Amy van Leersum	Poseidon'56	29.50	200200300	29.83	+0,77	503
21.	Manon Middelbos	zc De Schotejil	29.69	200100056	29.87	+0,71	501
	Marbel Diderik	De Columbiaan	29.15	200205752	29.87		501
23.	Lisa Pijlman	De Kempvis	29.35	200103004	30.03		493
24.	Giulia Corsi	De Columbiaan	29.10	200100468	30.05	+0,75	492
25.	Rozemarijn van Haaff	Zob'66	29.69	200201852	30.06	+0,73	492
26.	Grace Anderson	WVZ	29.43	200200578	30.09		490
27.	Anniek de Ruiter	Widex GZC Donk	29.12	200101224	30.11	+0,78	490
28.	Amber Hesper	Van Vliet-Barracuda	29.71	200202188	30.16	+0,75	487
29.	Lotte Tillema	zc De Schotejil	29.28	200200692	30.34	+0,71	478
30.	Noria Yousufi	WVZ	30.67	200203082	30.37	+0,75	477
31.	Maartje Rijnja	The Hague Swimming (SG)	29.50	200101344	30.44	+0,77	474
32.	Esmee Wijnmaalen	PCG	30.03	200100298	30.53	+0,79	470
33.	Abigail den Boef	Wiekslag	29.37	200203026	30.64	+0,68	465
	Anouk Vis	De Columbiaan	29.55	200203322	30.64		465
35.	Jana Plaisier	de Devel	29.68	200101266	30.72	+0,80	461
36.	Lara Idsinga	de Devel	29.23	200200678	30.92	+0,73	452
37.	Lieske Zijlstra	zc De Schotejil	29.64	200200996	30.93	+0,79	452
38.	Misty de Voogt	De Duck	30.11	200100014	31.03		447
39.	Fleur van Norren	KZV de Lansingh	29.70	200204432	31.04	+0,86	447
40.	Nienke Vork	Widex GZC Donk	30.24	200102294	31.42	+0,76	431
	Pernilla Mulder	MNC Dordrecht	30.12	200101142	31.42	+0,75	431
42.	Lisanne Dijkman	Zoetermeer	30.66	200102676	31.43	+0,77	430
43.	Lorena van Leijden	AZC	30.90	200202598	31.45	+0,70	430
44.	Tamara de Ruiter	zc De Schotejil	30.85	200203060	31.50	+0,73	428
45.	Hanne Snijders	KZV de Lansingh	31.48	200204358	31.53	+0,73	426
46.	Samantha Gerritse	LinK	31.10	200102062	31.62	+0,68	423
47.	Bibi Middelbos	zc De Schotejil	30.93	200201548	31.66		421
48.	Sara Claps	The Hague Swimming (SG)	30.98	200205916	31.74	+0,73	418
49.	Amber Kuntkes	ZPCNumansdorp	31.35	200202458	31.79	+0,76	416
50.	Faustine Mussig	De Geul	30.65	200202080	31.91		411
51.	Shanti van Kan	Poseidon'56	31.04	200102446	32.18	+0,78	401
52.	Ilonka van der Well	ZPB-H&L	30.80	200103732	32.19	+0,73	401
53.	Danielle van Valen	de Devel	30.36	200100202	32.21		400
54.	Danique Gieltjes	PCG	32.20	200102572	32.59	+0,78	386
55.	Natalya Esseboom	De Duck	31.13	200105298	32.69		383
56.	Laura Nuijten	ZV Westland	30.45	200101084	33.02	+0,83	371
57.	Hieke de Lijster	ZV Westland	31.30	200203312	33.05		370
58.	Diana Noordermeer	SG SCOM/de Zeehond'73	31.01	200102110	33.23	+0,75	364
59.	Minouk Hol	KZV de Lansingh	32.16	200201090	33.61	+0,77	352
NG.ZA	Ailsa Philbin	The Hague Swimming (SG)	31.26	200106104			
NG	Marith de Jong	The Hague Swimming (SG)	29.55	200200012			

Senioren 1 en ouder

1.	Myrthe Bakker	MNC Dordrecht	26.04	200000804	27.26	+0,73	660
2.	Sterre Keller	The Hague Swimming (SG)	27.17	199904142	28.13	+0,80	600
3.	Eelke Roman	LZ 1886	26.99	199900352	28.26		592
4.	Anouk van Weelden	PCG	27.69	199902828	28.32	+0,83	588
5.	Romy de Laat	Wiekslag	27.60	199900902	28.48	+0,78	578
6.	Lisa Klatten	SG Albion d'ELFT	28.03	199203628	28.55	+0,79	574
7.	Mariska Scheel	KZV de Lansingh	27.63	199306344	28.60	+0,80	571
8.	Lianne Bouwmeester	De Columbiaan	27.61	200000956	28.80	+0,80	559
9.	Lauren van IJll	WVZ	28.26	200001064	29.15	+0,71	539
10.	Lotte Middelbos	zc De Schotejil	28.30	199900680	29.25	+0,78	534
11.	Charlotte van der Hoek	MNC Dordrecht	28.92	199904020	29.63	+0,75	514
12.	Sanne Hobé	Poseidon'56	28.86	200000826	29.72	+0,79	509
13.	Wendy de Bruin	Zob'66	28.75	199206320	29.81	+0,64	504
14.	Tessa Bruijgoms	MNC Dordrecht	29.36	199801322	29.98	+0,77	496
15.	Gaetane Demyttenaere	The Hague Swimming (SG)	30.25	199905018	30.01	+0,81	494
16.	Inge van der Hoek	The Hague Swimming (SG)	30.02	199204034	30.18	+0,72	486
17.	Linda Janssen	ZPB-H&L	29.51	198802088	30.20	+0,78	485
18.	Hanna Looi	de Devel	29.63	200006090	30.29	+0,78	481
19.	Aniek Erenstein-Huijsman	KZV de Lansingh	29.43	198801932	30.46	+0,76	473
20.	Iris van Berkel	Van Vliet-Barracuda	29.49	200000476	30.56	+0,79	468
21.	Celina von Berg	ZV Westland	29.58	200002596	30.58	+0,75	467
22.	Amanda Holst	Zoetermeer	29.44	200004204	30.63	+0,82	465
23.	Alisha Vieira	ZPB-H&L	28.69	199904554	30.64	+0,70	465
24.	Marjon van Kempen	zc De Schotejil	30.22	198000578	30.67	+0,71	463
25.	Eef Hollander	The Hague Swimming (SG)	30.22	199602074	30.77	+0,72	459

Programmanr. 1, Dames, 50m vrije slag, Senioren 1 en ouder

rang	naam	vereniging	intijd		tijd	RT	
26.	Isabel van der Boor	MNC Dordrecht	29.55	199901330	30.82	+0,72	456
27.	Laura Tromp	de Devel	29.74	200000276	30.83	+0,75	456
28.	Jolien de Munck	De Vliet (SG)	30.57	199901272	30.85	+0,79	455
29.	Laila Kuipers	BZ&PC	29.58	200003124	30.89	+0,84	453
30.	Nicoline Schol	BZ&PC	29.54	200003600	30.97	+0,72	450
31.	Rebecca Evers	Zob'66	29.64	199207916	31.06		446
	Moniek Heemskerk	LZ 1886	30.18	199601964	31.06	+0,75	446
33.	Hanneke Schoenmakers	ZV Vlaardingen-Schiedam	30.57	199801820	31.20	+0,84	440
34.	Tamara Caspers	LZ 1886	30.59	199007272	31.25	+0,82	438
35.	Kirsten de Hoog	SG SCOM/de Zeehond'73	29.81	200000460	31.30		436
36.	Emily Beres	LinK	29.95	200001874	31.38	+0,86	432
37.	Christa Stam	RSW	29.62	198806790	31.39	+0,87	432
38.	Kimberly Coenders	KZV de Lansingh	30.47	199900880	31.57	+0,84	425
39.	Ilse Wijnmaalen	PCG	31.04	199900940	32.22	+0,82	399
40.	Kirana Hoogenbosch	De Geul	30.45	200003428	32.63	+0,62	385
41.	Zoë van Gool	De Geul	32.11	200000964	33.05	+0,72	370
42.	Lisa Dootjes	MNC Dordrecht	32.63	199407016	33.71	+1,06	639
DIS	Kayra Deger	MNC Dordrecht	29.94	200003890			
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>							
AFGEM	Anouk van der Lans	ZV Westland	29.73	199801614			
NG	Marielle van der Vaart	ZV Vlaardingen-Schiedam	29.93	200000994			
NG	Lincy de Winter	The Hague Swimming (SG)	28.67	199805886			

Programmanr. 2
27-5-2017 - 9:15

Heren, 200m vlinderslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m
Junioren 1							
1.	Chris van der Hout	The Hague Swimming (SG)	2:52.50	200401355	2:51.01	+0,80 277	1:20.88 2:51.01
2.	Erik Oldenkamp	KZV de Lansingh	2:51.41	200400597	2:55.03	259	1:18.41 2:55.03
3.	Olivier Krayenbuhl	The Hague Swimming (SG)	2:51.08	200403215	2:56.55	+0,85 252	1:23.51 2:56.55
4.	Thijm Kruit	De Columbiaan	3:03.09	200401339	3:03.32	+0,88 225	1:23.49 3:03.32
5.	Nathan Janssen	MNC Dordrecht	2:59.98	200401565	3:05.20	+0,72 218	1:29.47 3:05.20
6.	Max van Schagen	De Columbiaan	3:03.16	200402591	3:12.10	+1,12 196	1:25.73 3:12.10
7.	Christian Kalle	zc De Schotejil	3:13.77	200400687	3:18.82	+0,85 176	1:32.82 3:18.82
8.	Guus Geelen	LZ 1886	3:19.30	200401183	3:19.45	+0,77 175	1:27.14 3:19.45
9.	Arthur Bondartsov	Poseidon'56	3:13.67	200403231	3:20.94	+0,85 171	1:36.68 3:20.94
NG.ZA	Kun Woo Kim	The Hague Swimming (SG)	3:15.23	200401361			
Junioren 2							
1.	Keanu Streefland	The Hague Swimming (SG)	2:34.20	200302445	2:34.89	373	1:15.60 2:34.89
2.	Milan Hamel	The Hague Swimming (SG)	2:37.69	200302125	2:35.95	+0,72 366	1:17.69 2:35.95
3.	Dylan Jansen	WVZ	2:32.84	200300817	2:41.06	+0,66 332	1:15.99 2:41.06
4.	Nils Mulder	MNC Dordrecht	2:42.51	200300049	2:44.21	+0,72 313	1:16.33 2:44.21
5.	Jort Jongenelen	Zoetermeer	2:47.02	200303233	2:52.49	+0,89 270	1:20.16 2:52.49
6.	Julian Stok	de Devel	2:47.00	200300071	2:54.94	+0,66 259	1:21.65 2:54.94
7.	Alexander ten Haaft	Zoetermeer	3:02.24	200302309	3:09.86	+0,76 203	1:27.11 3:09.86
AFGEM	Kenan Cörüz	SG Albion d'ELFT	2:56.19	200300357			
Junioren 3							
1.	Nikhom Westphal	SG SCOM/de Zeehond'73	2:20.56	200203329	2:19.83	507	1:08.44 2:19.83
2.	Bryan Agterdenbos	MNC Dordrecht	2:14.55	200200003	2:23.16	+0,75 473	1:06.48 2:23.16
3.	Guus Hoogduin	LZ 1886	2:22.85	200201069	2:28.45	+0,73 424	1:08.70 2:28.45
4.	Jarno Verbeek	Zoetermeer	2:29.96	200200931	2:46.29	+0,77 302	1:14.47 2:46.29
5.	Niels Dijkshoorn	ZV Westland	2:47.51	200203079	2:47.73	+0,79 294	1:16.58 2:47.73
6.	Björn de Heus	ZV Vlaardingen-Schiedam	2:43.71	200201077	2:51.14	+0,69 277	1:16.55 2:51.14
<i>*eindtijd is backup tijd</i>							
7.	Robin van Peenen	De Columbiaan	2:47.36	200201059	2:59.37	+0,91 240	1:21.22 2:59.37

Programmanr. 2, Heren, 200m vlinderslag

Junioren 4

1.	Thomas Jansen	WVZ	2:12.58	200100143	2:13.84	+0,76	578	1:02.78	2:13.84
2.	Max Visser	WVZ	2:29.71	200100077	2:19.50	+0,76	511	1:06.25	2:19.50
3.	Gerard Willighagen	Poseidon'56	2:16.32	200103663	2:19.72		508	1:04.52	2:19.72
4.	Freek Hollander	The Hague Swimming (SG)	2:16.95	200103815	2:22.14	+0,84	483	1:08.91	2:22.14
5.	Ivo Stolk	SG SCOM/de Zeehond'73	2:16.61	200100615	2:26.61	+0,78	440	1:10.50	2:26.61
6.	Floris de Leeuw	The Hague Swimming (SG)	2:24.16	200105317	2:27.98	+0,72	428	1:10.26	2:27.98
7.	Christiaan Smit	The Hague Swimming (SG)	2:25.26	200102463	2:36.73	+0,72	360	1:12.75	2:36.73
8.	Boy Borreman	LinK	2:40.10	200102751	2:52.54	+0,72	270	1:16.21	2:52.54

Jeugd 1 en 2

1.	Joris Bezemer	De Kempvis	2:17.81	199900527	2:21.29	+0,83	492	1:06.51	2:21.29
2.	Olivier Jans	The Hague Swimming (SG)	2:22.38	200001815	2:25.61		449	1:07.38	2:25.61
3.	Eric Verdoes	De Columbiaan	2:24.07	199900947	2:36.41	+0,80	362	1:10.42	2:36.41

Senioren 1 en ouder

1.	Ensgor Kotterink	SG Albion d'ELFT	2:00.03	199403391	2:09.99	+0,71	631	1:01.50	2:09.99
2.	Matthew Dullemond	MNC Dordrecht	2:13.80	199805005	2:14.61	+0,71	568	1:04.35	2:14.61
3.	Timo Dinkelberg	SG Albion d'ELFT	2:08.62	199300773	2:14.89	+0,68	565	1:03.38	2:14.89
4.	Melvin Prins	Wiekslag	2:08.41	199500201	2:16.83		541	1:00.66	2:16.83
5.	Lars Schoffelmeer	ZPB-H&L	2:13.99	199501907	2:20.75	+0,79	497	1:05.63	2:20.75
6.	Robin van Beek	LZ 1886	2:16.43	199704023	2:24.20	+0,75	462	1:06.28	2:24.20
7.	Ben Muller	De Geul	2:20.35	199801281	2:25.42	+0,73	451	1:06.81	2:25.42
8.	Bas Verdoes	De Columbiaan	2:19.41	199801487	2:27.35	+0,76	433	1:05.78	2:27.35

Programmanr. 3
27-5-2017 - 9:50

Dames, 200m schoolslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m
1.	Niké Telkamp	The Hague Swimming (SG)	3:04.08	200501088	3:10.68		388
2.	Elise Vink	De Columbiaan	3:08.49	200502588	3:11.98	+0,87	380
3.	Jelsie van Ruijven	WVZ	3:01.71	200500282	3:12.12	+0,73	380
4.	Anastasia Romano	MNC Dordrecht	3:16.22	200501076	3:12.93	+0,79	375
5.	Merel Schravendijk	The Hague Swimming (SG)	3:12.18	200503382	3:13.38	+0,90	372
6.	Sylvie Roos	De Kempvis	3:10.35	200502772	3:15.19	+0,75	362
7.	Sophia van Droffelaar	ZV Vlaardingen-Schiedam	3:10.27	200500330	3:16.32	+0,81	356
8.	Lyke Buscop	zc De Schotejil	3:09.98	200500552	3:16.35	+0,81	356
9.	Emi Schipper	Zob'66	3:22.86	200502126	3:18.03	+0,71	347
10.	Laura Hoogenboezem	KZV de Lansingh	3:13.23	200500390	3:21.79	+0,80	328
11.	Milou Demirel	The Hague Swimming (SG)	3:17.82	200501254	3:22.51	+0,82	324
12.	Evelyn Liket	ZV Vlaardingen-Schiedam	3:12.66	200503118	3:23.22	+0,98	321
13.	Jennifer de Keizer	MNC Dordrecht	3:20.07	200501054	3:24.07	+0,78	317
14.	Noor Frijlink	De Columbiaan	3:13.40	200500970	3:26.27	+0,75	307
15.	Sera Emmers	WZK	3:16.79	200503264	3:27.42	+0,74	302
16.	Tamara de Gier	Widex GZC Donk	3:21.06	200502686	3:30.27	+0,72	290
17.	Vivianne Woltjes	The Hague Swimming (SG)	3:40.43	200501524	3:34.33	+0,75	273
18.	Larissa Punt	de Devel	3:26.56	200501814	3:39.70		254
19.	Meira Simons	The Hague Swimming (SG)	3:28.83	200502984	3:44.18	+0,80	239

Junioren 2

1.	Irma van der Wulp	WVZ	2:57.22	200401950	2:59.11		469
2.	Danielle Vis	De Columbiaan	2:59.83	200401044	2:59.96	+0,73	462
3.	Rinske Bouman	de Devel	2:56.23	200400578	3:00.17	+0,83	460
4.	Jade Geurts	De Watervogels	3:01.55	200402278	3:06.08	+0,81	418
5.	Tessa Poot	ZV Vlaardingen-Schiedam	3:09.01	200404264	3:12.09	+0,81	380
6.	Éléana Poilpré	The Hague Swimming (SG)	3:09.43	200404748	3:12.12	+0,83	380
7.	Fenna Herwig	Wiekslag	3:09.09	200400908	3:14.70	+0,96	365
8.	Phaedra Meijer	De Stelle	3:15.07	200401354	3:15.77		359
9.	Jet van Oudheusden	Zob'66	3:13.22	200401012	3:16.27	+0,77	356
10.	Jenna Klein	Z&PC Alkemade	3:13.09	200400914	3:16.92		353
11.	Lize van Stigt	LinK	3:05.59	200401510	3:17.47	+0,71	350
12.	Bobby Jean Fidder	SG Albion d'ELFT	3:16.13	200402894	3:18.26	+0,66	345
13.	Lotte van der Maas	Zob'66	3:14.54	200402376	3:20.12	+0,87	336
14.	Nora van der Steen	LinK	3:14.95	200403458	3:21.53	+0,80	329

Programmanr. 3, Meisjes, 200m schoolslag, Junioren 2

rang	naam	vereniging	intijd	tijd	RT	100m	200m	
15.	Jessica Kras	de Devel	3:13.96	200400728	3:22.20	+0,75 326	1:36.16	3:22.20
16.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	3:17.29	200402932	3:26.89	+0,74 304	1:40.89	3:26.89
17.	Kirsten Erkamp	KZV de Lansingh	3:15.66	200402306	3:29.13	+0,95 294	1:39.91	3:29.13
18.	Robine Boer	De Columbiaan	3:19.63	200402180	3:32.16	282	1:41.73	3:32.16
19.	Amy-Lynn Brittijn	The Hague Swimming (SG)	3:22.41	200402158	3:38.98	+0,79 256	1:44.24	3:38.98
DIS	Mary Kate Farrell	The Hague Swimming (SG)	3:11.23	200402870				

SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.

Junioren 3

1.	Kim de Jong	LinK	2:44.98	200301026	2:55.07	+0,89 502	1:22.61	2:55.07
2.	Ilse Schoenmaker	The Hague Swimming (SG)	2:56.58	200301470	2:59.33	+0,69 467	1:25.86	2:59.33
3.	Amy Koelman	De Columbiaan	3:00.85	200300922	3:04.94	+0,82 426	1:29.79	3:04.94
4.	Wendy ten Wolde	Wiekslag	2:59.17	200302658	3:08.15	+0,79 404	1:28.90	3:08.15
5.	Nicole Akkermans Castro	The Hague Swimming (SG)	2:57.03	200304942	3:09.98	+0,83 393	1:30.90	3:09.98
6.	Maaïke van Lochem	Zoetermeer	3:10.82	200301390	3:10.23	+0,92 391	1:31.64	3:10.23
7.	Sanne Vermeulen	The Hague Swimming (SG)	3:13.26	200303902	3:12.83	+0,87 375	1:31.58	3:12.83
8.	Christina Agussalim	Van Vliet-Barracuda	3:01.06	200300582	3:13.84	+0,81 370	1:32.21	3:13.84
9.	Mara Bosman	The Hague Swimming (SG)	3:07.49	200303048	3:15.83	358	1:35.70	3:15.83
10.	Esther Reinders	KZV de Lansingh	3:23.36	200301798	3:18.21	+0,65 346	1:35.24	3:18.21
11.	Kim Rutters	De Kempvis	3:07.21	200302318	3:18.62	+0,86 344	1:35.18	3:18.62
12.	Anouk Brand	MNC Dordrecht	3:11.06	200302488	3:21.10	+0,74 331	1:35.70	3:21.10
13.	Reese Lauletta	WZK	3:10.46	200305290	3:21.42	+0,78 329	1:37.63	3:21.42
14.	Marije de Jager	LinK	3:22.56	200301394	3:23.55	+0,86 319	1:37.91	3:23.55
15.	Joyce van 't Hof	de Devel	3:08.20	200302122	3:25.87	+0,71 309	1:38.35	3:25.87
16.	Desny Kloet	De Duck	3:23.88	200304202	3:32.48	+0,79 281	1:43.75	3:32.48
DIS	Maaïke Issard	The Hague Swimming (SG)	2:51.37	200300022				

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Jeugd 1 en 2

1.	Sanne Busch	MNC Dordrecht	2:38.03	200101486	2:45.60	+0,70 593	1:21.08	2:45.60
2.	Lotte Hosper	The Hague Swimming (SG)	2:41.11	200201414	2:46.45	+0,77 584	1:19.44	2:46.45
3.	Inge Vieveen	WVZ	2:42.67	200100024	2:47.98	+0,83 568	1:20.91	2:47.98
4.	Grace Anderson	WVZ	2:47.80	200200578	2:51.64	+0,73 532	1:22.00	2:51.64
5.	Marlinde Beukers	WVZ	2:47.89	200101934	2:51.66	+0,71 532	1:22.73	2:51.66
6.	Sophie de Jonge	SG SCOM/de Zeehond'73	2:39.08	200200118	2:53.72	513	1:22.29	2:53.72
7.	Elyanne Boudestein	Zoetermeer	2:47.82	200101060	2:57.78	+0,78 479	1:24.44	2:57.78
8.	Sanne Heemskerk	LZ 1886	2:49.04	200100600	2:59.11	+0,72 469	1:25.82	2:59.11
9.	Lynn Blommers	AZC	2:56.87	200105062	2:59.67	+0,66 464	1:26.07	2:59.67
10.	Floor de Kievit	The Hague Swimming (SG)	2:54.83	200100238	3:00.56	+0,81 457	1:28.28	3:00.56
11.	Samantha Gerritse	LinK	3:00.71	200102062	3:03.54	+0,70 435	1:27.44	3:03.54
12.	Kristel Beijik	De Columbiaan	2:56.19	200201278	3:03.68	+0,86 434	1:29.28	3:03.68
13.	Anniek de Ruiters	Widex GZC Donk	2:56.06	200101224	3:03.69	+0,77 434	1:29.30	3:03.69
14.	Susan van Grol	Widex GZC Donk	3:00.87	200201344	3:04.12	+0,78 431	1:29.26	3:04.12
15.	Nienke Mierop	zc De Schotejil	2:59.42	200203294	3:04.58	+0,77 428	1:29.58	3:04.58
16.	Lieske Zijlstra	zc De Schotejil	2:51.54	200200996	3:05.51	+0,82 422	1:30.00	3:05.51
17.	Rozemarijn van Haaff	Zob'66	2:56.39	200201852	3:06.42	+0,78 416	1:29.72	3:06.42
18.	Esmée Roodenburg	De Geul	3:00.91	200100040	3:07.59	+0,76 408	1:29.42	3:07.59
19.	Anna Hoogenboezem	KZV de Lansingh	3:03.41	200200658	3:08.02	+0,76 405	1:30.28	3:08.02
20.	Fleur van Norren	KZV de Lansingh	2:53.44	200204432	3:09.29	397	1:30.34	3:09.29
21.	Megan van Beelen	De Columbiaan	2:57.75	200105606	3:10.94	+0,81 387	1:32.88	3:10.94
22.	Danique Gieltjes	PCG	3:08.85	200102572	3:11.34	+0,83 384	1:31.85	3:11.34
23.	Diana Noordermeer	SG SCOM/de Zeehond'73	3:00.67	200102110	3:11.41	+0,82 384	1:32.17	3:11.41
24.	Esmee Wijnmaalen	PCG	3:05.00	200100298	3:11.60	+0,82 383	1:30.45	3:11.60
25.	Amy van Leersum	Poseidon'56	3:03.74	200200300	3:11.96	+0,75 381	1:32.50	3:11.96
26.	Sara Claps	The Hague Swimming (SG)	3:02.89	200205916	3:13.77	370	1:33.76	3:13.77
27.	Minouk Hol	KZV de Lansingh	3:10.85	200201090	3:16.77	+0,82 353	1:34.38	3:16.77
28.	Amber Hesper	Van Vliet-Barracuda	3:05.21	200202188	3:19.58	+0,85 339	1:33.72	3:19.58
29.	Anouk Ruijters	Van Vliet-Barracuda	3:17.86	200203828	3:21.92	+0,78 327	1:36.53	3:21.92
30.	Lara Idsinga	de Devel	3:05.32	200200678	3:25.59	+0,73 310	1:38.90	3:25.59

Senioren 1 en ouder

1.	Lianne Bouwmeester	De Columbiaan	2:44.01	200000956	2:50.13	+0,75 547	1:21.60	2:50.13
2.	Aylin van Uffelen	ZPB-H&L	2:52.59	199600352	3:00.46	+0,74 458	1:27.64	3:00.46
3.	Moniek Heemskerk	LZ 1886	2:48.33	199601964	3:00.49	458	1:27.10	3:00.49
4.	A. Erenstein-Huijsman	KZV de Lansingh	2:50.35	198801932	3:01.74	+0,74 448	1:25.80	3:01.74
5.	Lotte Middelbos	zc De Schotejil	2:48.34	199900680	3:02.13	+0,76 446	1:26.38	3:02.13
6.	Linda Janssen	ZPB-H&L	2:59.20	198802088	3:04.46	429	1:27.61	3:04.46

Programmanr. 3, Dames, 200m schoolslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT	100m	200m
7.	Isabel van der Boor	MNC Dordrecht	2:53.62	199901330	3:05.35	+0,72 423	1:27.39 3:05.35
8.	Wendy de Bruin	Zob'66	2:54.45	199206320	3:05.76	+0,66 420	1:28.04 3:05.76
9.	Inge van der Hoek	The Hague Swimming (SG)	3:03.68	199204034	3:07.17	+0,71 411	1:29.27 3:07.17
10.	Hanna Looi	de Devel	2:58.67	200006090	3:07.28	+0,70 410	1:27.94 3:07.28
11.	Rebecca Evers	Zob'66	3:02.18	199207916	3:11.31	+0,80 384	1:29.06 3:11.31
12.	Kimberly Coenders	KZV de Lansingh	3:04.17	199900880	3:15.43	+0,86 361	1:32.44 3:15.43
13.	Eef Hollander	The Hague Swimming (SG)	3:01.60	199602074	3:24.34	+0,76 316	1:36.10 3:24.34
NG	Marielle van der Vaart	ZV Vlaardingen-Schiedam	2:56.05	200000994			

Programmanr. 4
27-5-2017 - 10:35

Heren, 100m rugslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1					
1.	Abel te Riele	WVZ	1:09.89	200402317	1:09.54 +0,69 417
2.	Julien Tanis	zc De Schotejil	1:11.55	200401045	1:11.06 +0,67 391
3.	Chris van der Hout	The Hague Swimming (SG)	1:13.40	200401355	1:11.32 +0,62 386
4.	Timo Kock	de Devel	1:14.61	200400387	1:12.77 +0,66 364
5.	Bart Pardon	WVZ	1:13.65	200400639	1:14.10 +0,72 344
6.	Max van Schagen	De Columbiaan	1:13.75	200402591	1:15.17 +0,67 330
7.	Olivier Krayenbuhl	The Hague Swimming (SG)	1:14.86	200403215	1:15.68 +0,72 323
8.	Sem Verberg	LinK	1:13.84	200402105	1:16.18 +0,77 317
9.	Thomas van Peenen	De Columbiaan	1:17.22	200400097	1:16.82 +0,78 309
10.	Tim Haimé	The Hague Swimming (SG)	1:21.64	200403567	1:17.56 +0,79 300
11.	Thijm Kruit	De Columbiaan	1:19.76	200401339	1:19.12 +0,80 283
12.	Loeka Wubben	The Hague Swimming (SG)	1:19.91	200400307	1:19.61 +0,71 278
	<i>*50m tijd is backup tijd</i>				
13.	Niels van der Mast	ZPCNumansdorp	1:19.03	200401917	1:20.54 +0,68 268
14.	Daniel 't Mannetje	zc De Schotejil	1:22.40	200400183	1:23.65 +0,76 239
15.	Bram de Haas	PCG	1:22.92	200400391	1:24.38 +0,68 233
16.	Guus Geelen	LZ 1886	1:23.43	200401183	1:24.41 +0,68 233
DIS	Marijn Dekkers	Widex GZC Donk	1:24.75	200402275	

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

NG.ZA Kun Woo Kim The Hague Swimming (SG) 1:16.50 200401361

Junioren 2

1.	Keanu Streefland	The Hague Swimming (SG)	1:04.37	200302445	1:07.79 +0,77 450
2.	Jelle Bon	ZV Westland	1:08.10	200301077	1:09.12 +0,69 424
3.	Dylan Jansen	WVZ	1:07.11	200300817	1:09.15 +0,68 424
4.	Daan Hogerhuis	SG Albion d'ELFT	1:07.53	200300317	1:09.81 +0,65 412
5.	Bjarne Buijs	The Hague Swimming (SG)	1:11.13	200301089	1:11.87 +0,71 377
6.	Perry Laarhoven	ZPCNumansdorp	1:10.49	200301321	1:13.63 +0,82 351
7.	Zev Bulk	Widex GZC Donk	1:09.57	200304021	1:13.96 +0,66 346
	<i>*eindtijd is backup tijd</i>				
8.	Senna Mooldijk	De Kempvis	1:11.18	200301147	1:14.04 +0,61 345
9.	David Jagerman	The Hague Swimming (SG)	1:12.85	200302127	1:15.94 +0,70 320
10.	Nils Mulder	MNC Dordrecht	1:17.04	200300049	1:16.94 +0,92 308
11.	Milan van Aken	The Hague Swimming (SG)	1:15.03	200303307	1:17.14 +0,84 305
12.	Julian Stok	de Devel	1:13.34	200300071	1:17.16 +0,69 305
13.	Mark van Berkel	Van Vliet-Barracuda	1:21.13	200300039	1:17.73 +0,69 298
14.	Chris Vogelaar	LZ 1886	1:15.40	200302241	1:17.77 +0,73 298
15.	Yassine Maas	The Hague Swimming (SG)	1:22.06	200301505	1:18.31 +0,79 292
16.	Tygo Korving	ZPB-H&L	1:15.18	200300773	1:18.66 +0,86 288
17.	Alexander ten Haaft	Zoetermeer	1:17.28	200302309	1:21.52 +0,68 259
18.	Thimo van Beek	LZ 1886	1:17.46	200301347	1:21.87 +0,70 255
19.	Maxim Noordman	The Hague Swimming (SG)	1:19.43	200304067	1:22.30 +0,74 251
20.	Mike van Huizen	ZPCNumansdorp	1:21.83	200300891	1:23.73 +0,73 239
DIS	Stefan Groen	KZV de Lansingh	1:15.59	200301179	

AB - Gestart voor het startsignaal en de start is afgefloten (uitsluiten voor dat progr.nr.).

AFGEM Jesse Plomp Zob'66 1:25.05 200304143

Programmanr. 4, Heren, 100m rugslag

Junioren 3

1.	Nikhom Westphal	SG SCOM/de Zeehond'73	1:00.85	200203329	1:03.07	+0,65	559
2.	Adriaan Provó Kluit	WVZ	1:00.53	200204397	1:05.10	+0,60	508
3.	Niels Dijkshoorn	ZV Westland	1:06.42	200203079	1:05.82	+0,65	491
4.	Scott Jansen	WVZ	1:04.95	200202455	1:06.03	+0,68	487
5.	Jarno Verbeek	Zoetermeer	1:03.83	200200931	1:08.23	+0,64	441
6.	Nikolas Lupi	WVZ	1:11.38	200204867	1:09.56	+0,62	416
7.	Dylano Termoshuizen	WVZ	1:05.11	200202169	1:10.37	+0,59	402
	<i>*eindtijd is handtijd</i>						
8.	Robin van Peenen	De Columbiaan	1:08.19	200201059	1:11.99	+0,69	376
9.	Wouter Verdoes	De Columbiaan	1:11.69	200200351	1:12.40	+0,69	369
10.	Stijn den Otter	de Devel	1:11.49	200200225	1:13.18	+0,63	358
11.	Bas van Wieringen	De Columbiaan	1:09.68	200200119	1:13.41	+0,68	354
12.	Björn de Heus	ZV Vlaardingen-Schiedam	1:11.65	200201077	1:14.41	+0,70	340
	<i>*eindtijd is backup tijd</i>						
13.	Thomas van Wanrooij	Poseidon'56	1:13.34	200201473	1:14.48	+0,74	339
14.	Mark Bom	LZ 1886	1:13.01	200201471	1:14.56	+0,58	338
15.	Jaap Schoenmakers	ZV Vlaardingen-Schiedam	1:12.53	200200619	1:15.05	+0,70	331
16.	Bas van Nisius	The Hague Swimming (SG)	1:10.24	200202107	1:15.06	+0,73	331
17.	Johrick Wijma	KZV de Lansingh	1:13.54	200204435	1:15.49	+0,65	326
18.	Glenn van Gaalen	De Kempvis	1:13.10	200200521	1:15.78	+0,63	322
19.	Victor Simons	The Hague Swimming (SG)	1:19.21	200203261	1:21.65	+0,89	257

Junioren 4

1.	Thomas Jansen	WVZ	59.10	200100143	1:02.58	+0,76	572
2.	Ivo Stolk	SG SCOM/de Zeehond'73	1:00.93	200100615	1:03.29	+0,76	553
3.	Sander Iuga	Poseidon'56	1:02.49	200101389	1:04.72	+0,68	517
4.	Tjeerd van Stein	LinK	1:02.34	200101439	1:06.54	+0,74	476
5.	Michael Boekestijn	ZV Westland	1:05.84	200100767	1:07.38	+0,65	458
6.	Floris de Leeuw	The Hague Swimming (SG)	1:07.50	200105317	1:07.69	+0,64	452
7.	Sjoerd van Weelden	PCG	1:05.95	200101217	1:08.79	+0,73	430
8.	Christiaan Smit	The Hague Swimming (SG)	1:04.50	200102463	1:09.37	+0,59	420
9.	Rolf Jens	PCG	1:08.61	200100527	1:09.59	+0,64	416
10.	Querijn Hensen	The Hague Swimming (SG)	1:05.18	200102121	1:10.65	+0,71	599
11.	Remco Holstege	The Hague Swimming (SG)	1:10.52	200104189	1:11.16	+0,70	389
12.	Boy Borreman	LinK	1:09.55	200102751	1:12.14	+0,60	373
13.	Christian van Mierlo	SG Albion d'ELFT	1:12.41	200103155	1:13.54	+0,62	352
14.	Jeroen de Mooij	LZ 1886	1:14.76	200100723	1:13.67	+0,67	350
15.	Jeroen Reckman	ZPCNumansdorp	1:11.85	200100209	1:15.19	+0,74	330
	<i>*eindtijd is backup tijd</i>						
16.	Jaap Akkermans Castro	The Hague Swimming (SG)	1:11.51	200105143	1:17.69	+0,68	299
17.	Boaz Troost	Zob'66	1:14.30	200100371	1:21.54	+0,66	258

Jeugd 1 en 2

1.	Jorian Tanis	zc De Schotejil	1:02.47	199900327	1:04.39	+0,81	525
2.	Olivier Jans	The Hague Swimming (SG)	1:00.84	200001815	1:05.04	+0,70	509
3.	Noah Legerstee	WVZ	1:02.95	200003593	1:05.25	+0,77	504
4.	Marc Botter	The Hague Swimming (SG)	1:05.02	200000329	1:06.66	+0,67	473
5.	Robin Lecomte	KZV de Lansingh	1:04.22	199900711	1:07.16	+0,72	463
6.	Jasper Breugem	WVZ	1:05.09	200000303	1:07.70	+0,72	452
7.	Aron Paasse	zc De Schotejil	1:04.07	200000099	1:07.96	+0,64	446
8.	David Kievit	zc De Schotejil	1:03.66	199900325	1:08.04	+0,76	445
9.	Eric Verdoes	De Columbiaan	1:03.01	199900947	1:08.26	+0,84	441
10.	Marijn van Giesen	ZV Westland	1:02.37	199900633	1:08.70	+0,59	432
11.	Ryan van den Ouden	Poseidon'56	1:05.47	199900377	1:09.76	+0,69	413
12.	Matthijs Arnoldus	WVZ	1:10.93	200000571	1:10.05	+0,62	408
13.	Rogier Dorsman	de Devel	1:06.36	199900211	1:11.18	+0,63	580
	<i>*eindtijd is backup tijd</i>						
14.	Luke Boom	MNC Dordrecht	1:09.24	200000637	1:11.38	+0,59	385
15.	Liam van Gool	De Geul	1:09.44	200001111	1:11.90	+0,71	377
DIS	Tristan Stam	Zob'66	1:07.72	199903551			
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>						

Programmanr. 4, Heren, 100m rugslag

Senioren 1 en ouder

1.	Ensger Kotterink	SG Albion d'ELFT	53.58	199403391	58.21	+0,61	710
2.	Bjorn Scherbeijn	The Hague Swimming (SG)	56.28	199600349	1:01.51	+0,71	602
3.	Melvin Prins	Wiekslag	58.54	199500201	1:02.07	+0,67	586
4.	Timo Dinkelberg	SG Albion d'ELFT	1:01.14	199300773	1:03.58	+0,69	545
5.	Max Muller	De Geul	1:02.93	199800347	1:06.09	+0,71	485
6.	Robin van Beek	LZ 1886	1:03.76	199704023	1:06.10	+0,61	485
7.	Pascal Nuijten	ZV Westland	1:03.65	199701353	1:06.72	+0,63	472
8.	Bas Verdoes	De Columbiaan	1:03.72	199801487	1:06.75	+0,72	471
9.	Jordy van Oel	WVZ	1:04.03	199802003	1:07.07	+0,62	464
10.	Dave Jansen	SG Albion d'ELFT	1:00.12	199805299	1:07.28	+0,62	460
11.	Rutger Dalm	KZV de Lansingh	1:06.05	199005561	1:10.33	+0,68	403
12.	Roel van Grol	Widex GZC Donk	1:07.16	199802277	1:12.64	+0,78	366

Programmanr. 5
27-5-2017 - 11:00

Meisjes, 4 x 200m vrije slag

Junioren 3 en later
Resultaten

rang	vereniging	intijd	tijd	RT
1.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	9:26.11	9:35.78 +0,80
	Maaïke Issard	03	+0,80 31.18 1:06.33 1:42.39 2:17.98 2:17.98	
	Mary Kate Farrell	04	+0,49 34.44 1:12.33 1:51.47 2:28.80 2:28.80	
	Sanne Vermeulen	03	+0,70 32.05 1:08.93 1:48.16 2:24.47 2:24.47	
	Femke Hoppenbrouwer	03	+0,55 31.84 1:07.89 1:46.44 2:24.53 2:24.53	
2.	LinK 1	LinK	9:38.50	9:45.04
	Nora van der Steen	04	32.80 1:09.79 1:48.66 2:27.64 2:27.64	
	Kim de Jong	03	33.64 1:10.52 1:47.96 2:23.87 2:23.87	
	Marjke de Jager	03	32.72 1:10.43 1:49.72 2:28.28 2:28.28	
	Lize van Stigt	04	32.48 1:09.04 1:47.34 2:25.25 2:25.25	
3.	De Columbiaan 1	De Columbiaan	9:42.69	9:53.20 +0,81
	Amy Koelman	03	+0,81 33.71 1:11.21 1:49.80 2:26.98 2:26.98	
	Britt van Bommel	03	+0,61 33.77 1:11.64 1:50.06 2:27.41 2:27.41	
	Danielle Vis	04	+0,56 33.58 1:11.84 1:49.76 2:26.51 2:26.51	
	Julia Notenboom	03	+0,38 33.06 1:11.59 1:52.43 2:32.30 2:32.30	
4.	Wiekslag 1	Wiekslag	10:27.86	10:24.93 +0,73
	Joyce Lodder	03	+0,73 34.96 1:13.64 1:54.06 2:34.15 2:34.15	
	Wendy ten Wolde	03	+0,68 32.34 1:09.27 1:49.67 2:28.80 2:28.80	
	Fenna Herwig	04	+0,64 33.87 1:14.85 1:55.18 2:33.37 2:33.37	
	Sophie Buurman	05	+0,51 34.73 1:17.64 2:03.55 2:48.61 2:48.61	
NG	De Columbiaan 2	De Columbiaan	10:13.38	

Programmanr. 6
27-5-2017 - 11:10

Dames, 4 x 200m vrije slag

Senioren Open
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	8:42.47	9:04.08 +0,69
	Marlinde Beukers	01	+0,69 32.00 1:07.51 1:44.22 2:19.85 2:19.85	
	Lauren van IJll	00	+0,30 31.80 1:07.99 1:45.23 2:20.92 2:20.92	
	Christy Geurts	02	+0,57 29.97 1:03.94 1:38.55 2:13.12 2:13.12	
	Inge Vieveen	01	+0,53 30.08 1:02.79 1:36.66 2:10.19 2:10.19	
2.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	8:54.68	9:07.39
	Floor de Kievit	01	32.39 1:08.61 1:45.55 2:21.71 2:21.71	
	Gaetane Demyttenaere	99	32.09 1:08.10 1:45.41 2:21.90 2:21.90	
	Sterre Keller	99	29.68 1:02.99 1:38.28 2:14.52 2:14.52	
	Lotte Hosper	02	28.98 1:01.26 1:35.17 2:09.26 2:09.26	
3.	zc De Schotelijk 1	zc De Schotelijk	9:01.27	9:28.90 +0,78
	Lotte Middelbos	99	+0,78 32.40 1:09.08 1:47.83 2:26.25 2:26.25	
	Elise Tanis	02	+0,42 30.54 1:05.14 1:40.68 2:14.60 2:14.60	
	Lieske Zijlstra	02	+0,72 34.12 1:11.72 1:49.81 2:26.18 2:26.18	
	Lotte Tillema	02	+0,70 32.23 1:07.90 1:44.83 2:21.87 2:21.87	
4.	De Columbiaan 1	De Columbiaan	9:08.27	9:31.54 +0,76
	Giulia Corsi	01	+0,76 32.07 1:06.69 1:41.91 2:16.37 2:16.37	
	Megan van Beelen	01	+0,55 32.67 1:08.06 1:44.47 2:21.02 2:21.02	
	Lianne Bouwmeester	00	+0,56 31.89 1:10.06 1:51.55 2:31.72 2:31.72	
	Anouk Vis	02	+0,37 31.86 1:07.61 1:44.61 2:22.43 2:22.43	
5.	de Devel 1	de Devel	9:22.24	9:52.27 +0,84
	Jana Plaisier	01	+0,84 32.88 1:09.78 1:47.51 2:24.44 2:24.44	
	Hanna Looi	00	+0,57 35.00 1:14.24 1:54.97 2:34.24 2:34.24	
	Denise de Riet	84	+0,70 32.98 1:09.79 1:48.86 2:28.20 2:28.20	
	Laura Tromp	00	+0,69 33.41 1:11.07 1:48.75 2:25.39 2:25.39	

Programmanr. 6, Dames, 4 x 200m vrije slag, Senioren Open

rang	vereniging	intijd	tijd	RT	
6.	zc De Schotejil	9:46.80	10:05.39	+0,73	
	Manon Middelbos	01 +0,73 32.91	1:09.76 1:48.26	2:25.48	
	Aisha Nobels	05 +0,55 36.44	1:17.13 1:59.34	2:39.19	
	Nienke Mierop	02 +0,37 33.93	1:12.97 1:52.84	2:31.64	
	Tamara de Ruiter	02 +0,26 33.33	1:11.91 1:50.41	2:29.08	
7.	ZPB-H&L 1	ZPB-H&L	9:25.44	10:33.20	+0,76
	Aylin van Uffelen	96 +0,76 34.19	1:12.23 1:51.27	2:29.95	
	Linda Janssen	88 +0,68 34.12	1:12.56 1:53.22	2:33.96	
	Alisha Vieira	99 +0,57 34.31	1:15.70 1:58.25	2:38.62	
	Ilonka van der Well	01 +0,46 36.96	1:20.39 2:06.29	2:50.67	
AFGEM	LinK 4	LinK	10:01.53		

Programmanr. 7
27-5-2017 - 13:30

Heren, 400m wisselslag

Junioren 1 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m			
Junioren 1											
1. Abel te Riele	WVZ	5:23.46	200402317	5:22.67	+0,74	432	1:17.96	2:39.52	4:12.86	5:22.67	
50m:	35.15	35.15	150m:	1:59.09	41.13	250m:	3:25.64	46.12	350m:	4:49.19	36.33
100m:	1:17.96	42.81	200m:	2:39.52	40.43	300m:	4:12.86	47.22	400m:	5:22.67	33.48
2. Erik Oldenkamp	KZV de Lansingh	5:35.93	200400597	5:36.11	+0,80	382	1:18.81	2:46.99	4:21.26	5:36.11	
50m:	35.63	35.63	150m:	2:03.29	44.48	250m:	3:33.96	46.97	350m:	5:00.71	39.45
100m:	1:18.81	43.18	200m:	2:46.99	43.70	300m:	4:21.26	47.30	400m:	5:36.11	35.40
3. Timo Kock	de Devel	5:41.63	200400387	5:36.53	+0,81	380	1:21.55	2:49.17	4:25.44	5:36.53	
50m:	37.30	37.30	150m:	2:05.34	43.79	250m:	3:37.60	48.43	350m:	5:02.55	37.11
100m:	1:21.55	44.25	200m:	2:49.17	43.83	300m:	4:25.44	47.84	400m:	5:36.53	33.98
4. Jason van den Berg	Poseidon'56	5:39.35	200400009	5:37.03	+0,69	379	1:19.44	2:46.04	4:23.47	5:37.03	
50m:	35.91	35.91	150m:	2:03.96	44.52	250m:	3:35.21	49.17	350m:	5:03.14	39.67
100m:	1:19.44	43.53	200m:	2:46.04	42.08	300m:	4:23.47	48.26	400m:	5:37.03	33.89
5. Julien Tanis	zc De Schotejil	5:32.50	200401045	5:37.29	+0,67	378	1:18.10	2:44.77	4:23.67	5:37.29	
50m:	34.55	34.55	150m:	2:01.94	43.84	250m:	3:33.84	49.07	350m:	5:02.79	39.12
100m:	1:18.10	43.55	200m:	2:44.77	42.83	300m:	4:23.67	49.83	400m:	5:37.29	34.50
6. Max van Schagen	De Columbiaan	5:53.64	200402591	5:59.87	+0,75	311	1:23.72	2:58.88	4:42.55	5:59.87	
50m:	38.44	38.44	150m:	2:11.71	47.99	250m:	3:50.23	51.35	350m:	5:22.30	39.75
100m:	1:23.72	45.28	200m:	2:58.88	47.17	300m:	4:42.55	52.32	400m:	5:59.87	37.57
7. Olivier Krayenbuhl	The Hague Swimming	(5:50.03	200403215	6:00.83	+0,85	309	1:20.89	2:52.24	4:41.32	6:00.83	
50m:	35.84	35.84	150m:	2:06.80	45.91	250m:	3:46.06	53.82	350m:	5:22.21	40.89
100m:	1:20.89	45.05	200m:	2:52.24	45.44	300m:	4:41.32	55.26	400m:	6:00.83	38.62
8. Timo Huizer	Wiekslag	5:57.67	200401125	6:06.31	+0,75	295	1:26.91	2:57.09	4:47.73	6:06.31	
50m:	39.33	39.33	150m:	2:11.79	44.88	250m:	3:51.60	54.51	350m:	5:27.96	40.23
100m:	1:26.91	47.58	200m:	2:57.09	45.30	300m:	4:47.73	56.13	400m:	6:06.31	38.35
9. Arthur Bondartsov	Poseidon'56	6:03.41	200403231	6:17.39	+0,77	270	1:28.45	3:00.88	4:54.81	6:17.39	
50m:	41.32	41.32	150m:	2:15.51	47.06	250m:	3:56.69	55.81	350m:	5:37.03	42.22
100m:	1:28.45	47.13	200m:	3:00.88	45.37	300m:	4:54.81	58.12	400m:	6:17.39	40.36
10. Michael van den Enden	PCG	6:42.81	200401589	6:36.37	+0,75	233	1:40.24	3:20.75	5:08.38	6:36.37	
50m:	45.92	45.92	150m:	2:30.71	50.47	250m:	4:13.56	52.81	350m:	5:54.62	46.24
100m:	1:40.24	54.32	200m:	3:20.75	50.04	300m:	5:08.38	54.82	400m:	6:36.37	41.75
11. Bram de Haas	PCG	6:36.85	200400391	7:07.76	+0,80	185	1:46.03	3:25.87	5:28.94	7:07.76	
50m:	47.16	47.16	150m:	2:37.23	51.20	250m:	4:26.30	1:00.43	350m:	6:21.13	52.19
100m:	1:46.03	58.87	200m:	3:25.87	48.64	300m:	5:28.94	1:02.64	400m:	7:07.76	46.63

Junioren 2

1. Milan Hamel	The Hague Swimming	(5:16.13	200302125	5:18.59	+0,73	448	1:15.39	2:40.56	4:08.12	5:18.59	
50m:	34.85	34.85	150m:	1:58.38	42.99	250m:	3:24.17	43.61	350m:	4:44.38	36.26
100m:	1:15.39	40.54	200m:	2:40.56	42.18	300m:	4:08.12	43.95	400m:	5:18.59	34.21
2. Jort Jongenelen	Zoetermeer	5:47.55	200303233	5:45.20	+0,87	352	1:16.88	2:46.47	4:28.14	5:45.20	
50m:	34.86	34.86	150m:	2:02.28	45.40	250m:	3:37.60	51.13	350m:	5:07.48	39.34
100m:	1:16.88	42.02	200m:	2:46.47	44.19	300m:	4:28.14	50.54	400m:	5:45.20	37.72
3. Julian Stok	de Devel	5:42.12	200300071	5:48.90	+0,75	341	1:16.93	2:46.25	4:30.84	5:48.90	
50m:	34.52	34.52	150m:	2:01.45	44.52	250m:	3:38.43	52.18	350m:	5:10.08	39.24
100m:	1:16.93	42.41	200m:	2:46.25	44.80	300m:	4:30.84	52.41	400m:	5:48.90	38.82
4. Raphaël Booiman	Wiekslag	5:48.08	200300727	5:49.76	+0,72	339	1:23.26	2:55.16	4:30.26	5:49.76	
50m:	36.99	36.99	150m:	2:09.71	46.45	250m:	3:41.83	46.67	350m:	5:11.64	41.38
100m:	1:23.26	46.27	200m:	2:55.16	45.45	300m:	4:30.26	48.43	400m:	5:49.76	38.12
5. Yassine Maas	The Hague Swimming	(6:12.57	200301505	5:53.27	+0,76	329	1:23.21	2:52.25	4:33.85	5:53.27	
50m:	37.67	37.67	150m:	2:09.12	45.91	250m:	3:42.09	49.84	350m:	5:14.18	40.33
100m:	1:23.21	45.54	200m:	2:52.25	43.13	300m:	4:33.85	51.76	400m:	5:53.27	39.09

Programmanr. 7, Jongens, 400m wisselslag, Junioren 2

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m	
6. Stefan Groen	KZV de Lansingh	5:54.62	200301179	6:04.60 +0,77	299	1:24.50	2:56.23	4:39.62	6:04.60
50m:	37.79	150m:	2:10.98	250m:	3:46.56	350m:	5:23.68	44.06	
100m:	1:24.50	200m:	2:56.23	300m:	4:39.62	400m:	6:04.60	40.92	
7. Brandon Groeneveld	De Geul	6:05.84	200300595	6:09.37 +0,70	288	1:35.35	3:06.31	4:51.56	6:09.37
50m:	41.93	150m:	2:20.50	250m:	3:58.86	350m:	5:31.61	40.05	
100m:	1:35.35	200m:	3:06.31	300m:	4:51.56	400m:	6:09.37	37.76	
8. Chris Vogelaar	LZ 1886	5:47.05	200302241	6:10.13 +0,78	286	1:27.89	2:56.79	4:46.45	6:10.13
50m:	38.13	150m:	2:12.51	250m:	3:50.90	350m:	5:29.06	42.61	
100m:	1:27.89	200m:	2:56.79	300m:	4:46.45	400m:	6:10.13	41.07	
9. Tygo Korving	ZPB-H&L	5:59.21	200300773	6:15.46 +0,82	274	1:31.44	3:03.62	4:47.74	6:15.46
50m:	37.77	150m:	2:16.82	250m:	3:54.64	350m:	5:32.15	44.41	
100m:	1:31.44	200m:	3:03.62	300m:	4:47.74	400m:	6:15.46	43.31	
10. Jarno Klink	De Stelle	6:05.00	200302067	6:18.41 +0,90	268	1:33.14	3:13.18	4:58.94	6:18.41
50m:	42.74	150m:	2:23.63	250m:	4:05.74	350m:	5:41.37	42.43	
100m:	1:33.14	200m:	3:13.18	300m:	4:58.94	400m:	6:18.41	37.04	
11. Thimo van Beek	LZ 1886	6:12.13	200301347	6:21.10 +0,64	262	1:34.29	3:06.67	5:02.07	6:21.10
50m:	40.67	150m:	2:20.34	250m:	4:03.99	350m:	5:44.18	42.11	
100m:	1:34.29	200m:	3:06.67	300m:	5:02.07	400m:	6:21.10	36.92	
12. Quinten Nieuwenhuis	WZK	6:21.06	200304577	6:21.64 +0,79	261	1:36.06	3:10.18	4:55.69	6:21.64
50m:	42.70	150m:	2:24.27	250m:	4:02.96	350m:	5:40.91	45.22	
100m:	1:36.06	200m:	3:10.18	300m:	4:55.69	400m:	6:21.64	40.73	
13. Daniel Stok	de Devel	6:14.03	200300569	6:35.84 +0,81	234	1:34.98	3:14.83	5:03.88	6:35.84
50m:	41.92	150m:	2:26.57	250m:	4:08.62	350m:	5:50.13	46.25	
100m:	1:34.98	200m:	3:14.83	300m:	5:03.88	400m:	6:35.84	45.71	

NG.ZA Keanu Streefland The Hague Swimming (5:10.12 200302445

Junioren 3

1. Scott Jansen	WVZ	5:01.55	200202455	4:58.58 +0,73	545	1:11.55	2:27.75	3:51.05	4:58.58
50m:	32.69	150m:	1:49.61	250m:	3:08.77	350m:	4:26.27	35.22	
100m:	1:11.55	200m:	2:27.75	300m:	3:51.05	400m:	4:58.58	32.31	
2. Brandon van den Berg	Poseidon'56	4:57.63	200200669	5:07.28 +0,75	500	1:09.92	2:29.08	3:57.29	5:07.28
50m:	32.04	150m:	1:50.35	250m:	3:13.05	350m:	4:33.76	36.47	
100m:	1:09.92	200m:	2:29.08	300m:	3:57.29	400m:	5:07.28	33.52	
3. Viktor Koets	De Columbiaan	4:59.27	200201677	5:07.43 +0,83	499	1:09.76	2:26.80	3:56.38	5:07.43
50m:	31.97	150m:	1:48.95	250m:	3:11.50	350m:	4:32.98	36.60	
100m:	1:09.76	200m:	2:26.80	300m:	3:56.38	400m:	5:07.43	34.45	
4. Guus Hoogduin	LZ 1886	5:01.92	200201069	5:13.97 +0,72	468	1:07.83	2:29.42	3:58.85	5:13.97
50m:	31.77	150m:	1:48.77	250m:	3:12.92	350m:	4:37.06	38.21	
100m:	1:07.83	200m:	2:29.42	300m:	3:58.85	400m:	5:13.97	36.91	
5. Niels Dijkshoorn	ZV Westland	5:19.60	200203079	5:18.74 +0,75	448	1:15.79	2:35.48	4:08.38	5:18.74
50m:	34.51	150m:	1:56.02	250m:	3:21.55	350m:	4:44.92	36.54	
100m:	1:15.79	200m:	2:35.48	300m:	4:08.38	400m:	5:18.74	33.82	
6. Robin van Peenen	De Columbiaan	5:15.08	200201059	5:25.91 +0,87	419	1:22.21	2:43.73	4:12.94	5:25.91
50m:	35.58	150m:	2:03.77	250m:	3:27.87	350m:	4:50.48	37.54	
100m:	1:22.21	200m:	2:43.73	300m:	4:12.94	400m:	5:25.91	35.43	
7. Bas van Wieringen	De Columbiaan	5:20.93	200200119	5:25.99 +0,72	419	1:18.05	2:44.57	4:16.91	5:25.99
50m:	34.84	150m:	2:02.09	250m:	3:30.00	350m:	4:52.99	36.08	
100m:	1:18.05	200m:	2:44.57	300m:	4:16.91	400m:	5:25.99	33.00	
8. Jarno Verbeek	Zoetermeer	5:06.21	200200931	5:31.31 +0,74	399	1:15.28	2:38.93	4:15.66	5:31.31
50m:	33.72	150m:	1:57.93	250m:	3:27.26	350m:	4:53.90	38.24	
100m:	1:15.28	200m:	2:38.93	300m:	4:15.66	400m:	5:31.31	37.41	
9. Bas van Nisius	The Hague Swimming (5:34.76	200202107	5:46.97 +0,79	347	1:23.31	2:44.92	4:34.71	5:46.97	
50m:	37.66	150m:	2:04.90	250m:	3:39.57	350m:	5:11.82	37.11	
100m:	1:23.31	200m:	2:44.92	300m:	4:34.71	400m:	5:46.97	35.15	
10. Wouter Verdoes	De Columbiaan	5:32.73	200200351	5:48.37 +0,80	343	1:22.54	2:49.56	4:29.07	5:48.37
50m:	35.84	150m:	2:06.31	250m:	3:39.43	350m:	5:10.00	40.93	
100m:	1:22.54	200m:	2:49.56	300m:	4:29.07	400m:	5:48.37	38.37	
11. Björn de Heus	ZV Vlaardingen-Schied5:39.01	200201077	5:49.95 +0,70	338	1:17.58	2:46.27	4:26.70	5:49.95	
50m:	35.75	150m:	2:02.20	250m:	3:36.74	350m:	5:08.95	42.25	
100m:	1:17.58	200m:	2:46.27	300m:	4:26.70	400m:	5:49.95	41.00	
12. Mark Bom	LZ 1886	6:01.02	200201471	6:01.72 +0,69	306	1:26.68	2:57.27	4:40.02	6:01.72
50m:	37.35	150m:	2:12.87	250m:	3:47.98	350m:	5:21.88	41.86	
100m:	1:26.68	200m:	2:57.27	300m:	4:40.02	400m:	6:01.72	39.84	
13. Luc Brasz	The Hague Swimming (6:13.19	200200919	6:11.28 +0,70	283	1:25.78	2:57.68	4:51.10	6:11.28	
50m:	36.71	150m:	2:13.84	250m:	3:54.77	350m:	5:33.62	42.52	
100m:	1:25.78	200m:	2:57.68	300m:	4:51.10	400m:	6:11.28	37.66	
14. Jort Vizeé	De Duck	6:13.99	200201779	6:19.44 +0,71	265	1:23.33	3:03.27	4:55.95	6:19.44
50m:	38.40	150m:	2:14.24	250m:	3:59.09	350m:	5:40.78	44.83	
100m:	1:23.33	200m:	3:03.27	300m:	4:55.95	400m:	6:19.44	38.66	

Programmanr. 7, Jongens, 400m wisselslag, Junioren 3

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
DIS Victor Simons <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>	The Hague Swimming	(5:58.85 200203261						

Junioren 4

1. Max Visser 50m: 30.45 100m: 1:06.20	WVZ	4:55.79 200100077	4:54.18	+0,77 569	1:06.20	2:23.09	3:48.93	4:54.18
		150m: 1:44.94 38.74 200m: 2:23.09 38.15	250m: 3:05.57 42.48 300m: 3:48.93 43.36		350m: 4:22.24 33.31 400m: 4:54.18 31.94			
2. Freek Hollander 50m: 30.37 100m: 1:05.38	The Hague Swimming	(4:52.27 200103815	5:00.25	+0,80 536	1:05.38	2:22.25	3:50.71	5:00.25
		150m: 1:44.13 38.75 200m: 2:22.25 38.12	250m: 3:06.24 43.99 300m: 3:50.71 44.47		350m: 4:26.23 35.52 400m: 5:00.25 34.02			
3. Christiaan Smit 50m: 31.56 100m: 1:10.85	The Hague Swimming	(4:55.01 200102463	5:04.87	+0,71 512	1:10.85	2:29.92	3:57.51	5:04.87
		150m: 1:51.16 40.31 200m: 2:29.92 38.76	250m: 3:14.03 44.11 300m: 3:57.51 43.48		350m: 4:31.67 34.16 400m: 5:04.87 33.20			
4. Tjeerd van Stein 50m: 32.92 100m: 1:12.80	LinK	4:58.33 200101439	5:06.20	+0,82 505	1:12.80	2:28.10	3:56.63	5:06.20
		150m: 1:50.62 37.82 200m: 2:28.10 37.48	250m: 3:12.22 44.12 300m: 3:56.63 44.41		350m: 4:32.16 35.53 400m: 5:06.20 34.04			
5. Sjoerd van Weelden 50m: 32.71 100m: 1:11.29	PCG	5:22.75 200101217	5:22.75	+0,80 431	1:11.29	2:33.13	4:09.43	5:22.75
		150m: 1:52.81 41.52 200m: 2:33.13 40.32	250m: 3:21.19 48.06 300m: 4:09.43 48.24		350m: 4:46.98 37.55 400m: 5:22.75 35.77			
6. D. van den Nieuwendijk 50m: 34.61 100m: 1:18.79	De Columbiaan	5:11.89 200100475	5:24.46	+0,77 424	1:18.79	2:40.08	4:08.90	5:24.46
		150m: 1:59.37 40.58 200m: 2:40.08 40.71	250m: 3:22.85 42.77 300m: 4:08.90 46.05		350m: 4:45.45 36.55 400m: 5:24.46 39.01			
7. Luuk Kieviet 50m: 33.95 100m: 1:14.93	zc De Schotejil	5:23.30 200100469	5:36.27	+0,68 381	1:14.93	2:44.40	4:23.33	5:36.27
		150m: 2:00.04 45.11 200m: 2:44.40 44.36	250m: 3:33.61 49.21 300m: 4:23.33 49.72		350m: 4:59.55 36.22 400m: 5:36.27 36.72			
8. Finn van Bommel <i>*350m tijd is backup tijd</i>	De Columbiaan	5:42.61 200103683	5:36.40	+0,81 381	1:18.83	2:45.35	4:22.90	5:36.40
		150m: 2:02.58 43.75 200m: 2:45.35 42.77	250m: 3:33.60 48.25 300m: 4:22.90 49.30		350m: 5:00.01 37.11 400m: 5:36.40 36.39			
9. Boy Borreman 50m: 33.71 100m: 1:14.94	LinK	5:24.64 200102751	5:38.26	+0,76 375	1:14.94	2:41.54	4:21.53	5:38.26
		150m: 1:57.85 42.91 200m: 2:41.54 43.69	250m: 3:30.80 49.26 300m: 4:21.53 50.73		350m: 5:00.52 38.99 400m: 5:38.26 37.74			
10. J. Akkermans Castro 50m: 37.07 100m: 1:23.84	The Hague Swimming	(5:30.51 200105143	5:54.81	+0,66 325	1:23.84	2:54.85	4:36.94	5:54.81
		150m: 2:09.89 46.05 200m: 2:54.85 44.96	250m: 3:45.38 50.53 300m: 4:36.94 51.56		350m: 5:17.28 40.34 400m: 5:54.81 37.53			
11. Boaz Troost 50m: 37.24 100m: 1:27.15	Zob'66	5:38.00 200100371	5:57.92	+0,78 316	1:27.15	3:00.21	4:36.03	5:57.92
		150m: 2:14.03 46.88 200m: 3:00.21 46.18	250m: 3:47.76 47.55 300m: 4:36.03 48.27		350m: 5:17.07 41.04 400m: 5:57.92 40.85			
12. Victor van Dam 50m: 35.74 100m: 1:20.09	LZ 1886	5:40.09 200103703	6:01.80	+0,88 306	1:20.09	2:56.02	4:36.32	6:01.80
		150m: 2:08.48 48.39 200m: 2:56.02 47.54	250m: 3:45.10 49.08 300m: 4:36.32 51.22		350m: 5:19.86 43.54 400m: 6:01.80 41.94			
13. Sven Janssens <i>*350m tijd is backup tijd</i>	ZPB-H&L	6:02.75 200102659	6:21.54	+0,92 261	1:33.78	3:11.22	5:00.88	6:21.54
		150m: 2:23.19 49.41 200m: 3:11.22 48.03	250m: 4:06.09 54.87 300m: 5:00.88 54.79		350m: 5:42.90 42.02 400m: 6:21.54 38.64			

DIS Jeroen Reckman ZPCNumansdorp 5:29.50 200100209
AA - Gestart voor het startsignaal (en wel gezwommen), Af - De aangegeven afstand niet uitgezwommen

AFGEM Pim Munne Zob'66 6:08.69 200103563

Jeugd 1 en 2

1. Olivier Jans 50m: 31.36 100m: 1:07.82	The Hague Swimming	(4:41.06 200001815	4:54.65	+0,77 567	1:07.82	2:24.34	3:46.97	4:54.65
		150m: 1:46.62 38.80 200m: 2:24.34 37.72	250m: 3:05.48 41.14 300m: 3:46.97 41.49		350m: 4:22.01 35.04 400m: 4:54.65 32.64			
2. Joris Bezemer 50m: 30.98 100m: 1:07.00	De Kempvis	4:48.85 199900527	4:58.22	+0,85 547	1:07.00	2:25.48	3:53.39	4:58.22
		150m: 1:46.86 39.86 200m: 2:25.48 38.62	250m: 3:09.87 44.39 300m: 3:53.39 43.52		350m: 4:26.57 33.18 400m: 4:58.22 31.65			
3. Jasper Breugem 50m: 30.27 100m: 1:07.14	WVZ	4:55.56 200000303	5:08.51	+0,74 494	1:07.14	2:24.92	3:57.75	5:08.51
		150m: 1:46.92 39.78 200m: 2:24.92 38.00	250m: 3:11.06 46.14 300m: 3:57.75 46.69		350m: 4:34.28 36.53 400m: 5:08.51 34.23			
4. David Kievit 50m: 34.66 100m: 1:15.66	zc De Schotejil	4:58.60 199900325	5:17.26	+0,83 454	1:15.66	2:37.64	4:04.91	5:17.26
		150m: 1:57.12 41.46 200m: 2:37.64 40.52	250m: 3:20.96 43.32 300m: 4:04.91 43.95		350m: 4:41.89 36.98 400m: 5:17.26 35.37			
5. Aron Paasse 50m: 30.07 100m: 1:07.83	zc De Schotejil	5:03.45 200000099	5:27.54	+0,72 413	1:07.83	2:34.85	4:08.31	5:27.54
		150m: 1:54.04 46.21 200m: 2:34.85 40.81	250m: 3:21.06 46.21 300m: 4:08.31 47.25		350m: 4:48.13 39.82 400m: 5:27.54 39.41			
6. Tristan Stam 50m: 36.21 100m: 1:20.90	Zob'66	5:13.22 199903551	5:30.08	+0,81 403	1:20.90	2:45.41	4:14.98	5:30.08
		150m: 2:03.34 42.44 200m: 2:45.41 42.07	250m: 3:29.72 44.31 300m: 4:14.98 45.26		350m: 4:53.53 38.55 400m: 5:30.08 36.55			

Programmanr. 7, Jongens, 400m wisselslag, Jeugd 1 en 2

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
7. Liam van Gool	De Geul	5:34.04 200001111	5:45.32	+0,73 352	1:21.86	2:43.04	4:27.04	5:45.32
50m: 36.18	36.18	150m: 40.56	250m: 3:34.83	51.79	350m: 5:06.65	39.61		
100m: 1:21.86	45.68	200m: 40.62	300m: 4:27.04	52.21	400m: 5:45.32	38.67		
DIS Bart Spaans	Wz010/ Acz (Sg)	5:27.26 199902559						
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>								

Senioren 1 en ouder

1. Ensger Kotterink	SG Albion d'ELFT	4:29.97 199403391	4:50.24	+0,75 593	1:04.73	2:23.30	3:49.07	4:50.24
50m: 29.80	29.80	150m: 39.54	250m: 3:06.00	42.70	350m: 4:22.04	32.97		
100m: 1:04.73	34.93	200m: 39.03	300m: 3:49.07	43.07	400m: 4:50.24	28.20		
2. Matthew Dullemond	MNC Dordrecht	4:44.07 199805005	4:51.60	+0,70 585	1:05.86	2:20.32	3:47.15	4:51.60
50m: 30.46	30.46	150m: 37.68	250m: 3:03.98	43.66	350m: 4:19.77	32.62		
100m: 1:05.86	35.40	200m: 36.78	300m: 3:47.15	43.17	400m: 4:51.60	31.83		
3. Timo Dinkelberg	SG Albion d'ELFT	4:51.57 199300773	5:02.78	+0,67 522	1:04.16	2:26.08	3:57.24	5:02.78
50m: 29.36	29.36	150m: 41.34	250m: 3:11.64	45.56	350m: 4:30.70	33.46		
100m: 1:04.16	34.80	200m: 40.58	300m: 3:57.24	45.60	400m: 5:02.78	32.08		
4. Bas Verdoes	De Columbiaan	4:52.25 199801487	5:03.10	+0,76 521	1:06.85	2:27.86	3:54.01	5:03.10
50m: 30.48	30.48	150m: 40.50	250m: 3:10.25	42.39	350m: 4:29.82	35.81		
100m: 1:06.85	36.37	200m: 40.51	300m: 3:54.01	43.76	400m: 5:03.10	33.28		
5. Lars Schoffelmeer	ZPB-H&L	5:01.52 199501907	5:05.61	+0,78 508	1:04.67	2:21.62	3:55.57	5:05.61
50m: 29.51	29.51	150m: 39.18	250m: 3:07.91	46.29	350m: 4:31.09	35.52		
100m: 1:04.67	35.16	200m: 37.77	300m: 3:55.57	47.66	400m: 5:05.61	34.52		
6. Robin van Beek	LZ 1886	4:52.49 199704023	5:06.37	+0,72 504	1:07.80	2:27.08	3:58.61	5:06.37
50m: 30.89	30.89	150m: 40.09	250m: 3:12.36	45.28	350m: 4:33.33	34.72		
100m: 1:07.80	36.91	200m: 39.19	300m: 3:58.61	46.25	400m: 5:06.37	33.04		
7. Kristiaan Lenos	LZ 1886	4:55.80 198301331	5:09.05	+0,76 491	1:06.45	2:29.22	3:58.28	5:09.05
50m: 30.49	30.49	150m: 41.30	250m: 3:13.62	44.40	350m: 4:34.50	36.22		
100m: 1:06.45	35.96	200m: 41.47	300m: 3:58.28	44.66	400m: 5:09.05	34.55		
8. Jim Geestman	RSW	5:11.15 198300699	5:28.52	+0,83 409	1:15.48	2:40.00	4:14.42	5:28.52
<i>*150m tijd is backuptijd</i>								
50m: 33.40	33.40	150m: 42.99	250m: 3:27.28	47.28	350m: 4:52.81	38.39		
100m: 1:15.48	42.08	200m: 41.53	300m: 4:14.42	47.14	400m: 5:28.52	35.71		

Programmanr. 8
27-5-2017 - 14:25

Dames, 50m vlinderslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT
Junioren 1				
1. Jelsie van Ruijven	WVZ	33.64	200500282	33.63 +0,73 383
2. Milou Adriaanse	De Columbiaan	34.98	200500968	34.47 +0,73 356
3. Vivianne Woltjes	The Hague Swimming (SG)	33.95	200501524	34.60 +0,80 352
4. Niké Telkamp	The Hague Swimming (SG)	35.27	200501088	35.73 +0,74 320
5. Emma Verkuijl	Van Vliet-Barracuda	36.87	200500826	35.92 +0,81 315
6. Asha van Lobberegt	de Devel	35.76	200500088	36.20 +0,64 307
7. Isa Maes	de Devel	36.53	200500110	36.21 +0,71 307
8. Lyke Buscop	zc De Schotejil	36.74	200500552	36.38 +0,75 303
9. Karlijn Offeringa	ZV Vlaardingen-Schiedam	37.70	200503292	37.71 +0,74 272
10. Felicia Bosse	WZK	36.05	200504468	38.10 +0,94 264
11. Mar Stoel	LinK	36.75	200500520	38.35 +0,80 259
12. Britt van't Zant	Poseidon'56	37.76	200501170	38.65 +0,79 253
13. Soscha van den Heuvel	ZPCNumansdorp	37.70	200500804	38.83 +0,80 249
14. Merel Schravendijk	The Hague Swimming (SG)	39.01	200503382	41.20 +0,80 208
15. Marit Huisman	Van Vliet-Barracuda	37.79	200502620	41.39 +0,73 206
16. Sera Emmers	WZK	38.83	200503264	41.93 +0,70 198

Junioren 2

1. Lize van Stigt	LinK	32.17	200401510	32.20 +0,69 437
2. Mary Kate Farrell	The Hague Swimming (SG)	32.47	200402870	32.21 +0,66 436
3. Isis Naaktgeboren	de Devel	33.28	200403914	32.27 +0,81 434
4. Milou van Wijk	de Devel	36.31	200404948	32.66 +0,78 419
5. Nora van der Steen	LinK	32.57	200403458	32.89 +0,72 410
6. Rinske Bouman	de Devel	32.02	200400578	33.10 +0,84 402
7. Fenna Herwig	Wiekslag	33.35	200400908	33.72 +0,74 380
8. Ziya Gaia van de Voorde	The Hague Swimming (SG)	34.57	200402932	33.87 +0,72 375
9. Cheyenne Elburg	KZV de Lansingh	34.18	200401170	34.20 +0,77 364
10. Éléana Poilpré	The Hague Swimming (SG)	34.84	200404748	34.38 +0,91 359

Programmanr. 8, Meisjes, 50m vlinderslag, Junioren 2

rang	naam	vereniging	intijd		tijd	RT	
11.	Tessa Poot	ZV Vlaardingen-Schiedam	34.52	200404264	34.81	+0,83	346
12.	Anique Star	De Columbiaan	33.71	200400446	34.96	+0,77	341
13.	Mandy van der Meijden	Widex GZC Donk	36.52	200402574	35.27	+0,70	332
14.	Danielle Vis	De Columbiaan	34.69	200401044	35.30	+0,80	331
15.	Phaedra Meijer	De Stelle	35.06	200401354	35.89	+0,80	315
16.	Anniko Firman	The Hague Swimming (SG)	34.39	200402330	35.90	+0,83	315
17.	Fiona Moerman	The Hague Swimming (SG)	35.12	200401668	36.06	+0,71	311
18.	Feline Jonkers	Poseidon'56	36.64	200401160	36.37	+0,88	303
19.	Lotte van der Maas	Zob'66	36.85	200402376	36.54	+0,81	299
20.	Eva Immerzeel	ZV Westland	35.61	200401514	37.49	+0,79	277
21.	Jenna Klein	Z&PC Alkemade	36.96	200400914	37.62	+0,82	274
22.	Jet van Oudheusden	Zob'66	37.13	200401012	37.79	+0,76	270
23.	Feija de Bruin	WVZ	38.42	200400106	38.79	+0,83	392

S10

Junioren 3

1.	Britta Koehorst	KZV de Lansingh	27.64	200300246	28.88	+0,76	605
2.	Maaïke Issard	The Hague Swimming (SG)	30.15	200300022	31.08	+0,79	486
3.	Femke Hoppenbrouwer	The Hague Swimming (SG)	32.32	200301124	32.90	+0,77	409
4.	Kim de Jong	LinK	31.84	200301026	33.02	+0,86	405
	Amy Koelman	De Columbiaan	33.10	200300922	33.02	+0,76	405
6.	Imke Beekman	SG Albion d'ELFT	31.94	200301950	33.08	+0,81	403
7.	Julia Notenboom	De Columbiaan	32.58	200302596	33.15	+0,84	400
8.	Nicole Akkermans Castro	The Hague Swimming (SG)	36.35	200304942	33.60	+0,76	384
9.	Joyce van 't Hof	de Devel	32.60	200302122	33.99	+0,71	371
10.	Marije de Jager	LinK	35.09	200301394	34.12	+0,81	367
11.	Wendy ten Wolde	Wiekslag	33.47	200302658	34.21	+0,83	364
12.	Ilse Schoenmaker	The Hague Swimming (SG)	34.14	200301470	34.38	+0,68	359
13.	Reese Lauletta	WZK	35.35	200305290	34.39	+0,81	358
14.	Yara Aaldring	SG Albion d'ELFT	34.69	200302512	34.68	+0,72	350
15.	Noa de Bock	De Duck	34.50	200300318	34.74	+0,56	348
16.	Michelle van der Steen	ZV Vlaardingen-Schiedam	35.07	200300052	35.12	+0,65	337
17.	Britt van Bommel	De Columbiaan	34.61	200301982	35.15	+0,80	336
18.	Esther Reinders	KZV de Lansingh	34.71	200301798	35.24	+0,70	333
19.	Yara Visser	Van Vliet-Barracuda	35.45	200300132	36.41	+1,00	302
20.	Alyssa Kuivenhoven	WVZ	36.13	200302224	36.62	+0,79	297
21.	Mirée de Vette	ZPCNumansdorp	37.69	200301218	36.92	+0,72	290
22.	Anouk Brand	MNC Dordrecht	36.54	200302488	37.68	+0,66	273
23.	Quincy Belder	Poseidon'56	37.81	200302058	38.06	+0,79	264
24.	Daphne Zoetekouw	SG SCOM/de Zeehond'73	35.10	200301750	38.17	+0,68	262
25.	Mandy Pol	Poseidon'56	38.77	200302052	38.51	+0,78	255
26.	Christina Agussalim	Van Vliet-Barracuda	37.26	200300582	40.96	+0,79	212
DIS	Joyce Lodder	Wiekslag	35.10	200302268			

AA - Gestart voor het startsignaal (en wel gezwommen).

Jeugd 1 en 2

1.	Elise Tanis	zc De Schotejil	28.06	200200120	29.01	+0,78	597
2.	Floor de Kievit	The Hague Swimming (SG)	30.41	200100238	30.05	+0,79	537
3.	Tessa Giele	SG SCOM/de Zeehond'73	29.86	200203124	30.15	+0,64	532
4.	Isa Boom	MNC Dordrecht	30.48	200200186	30.44	+0,74	517
5.	Lynn Blommers	AZC	30.76	200105062	30.76	+0,62	501
6.	Sacha van den Dobbelssteen	The Hague Swimming (SG)	31.70	200100904	31.82	+0,63	453
7.	Elina Duynisveld	WVZ	32.49	200103958	31.85	+0,75	451
8.	Lisa Pijlman	De Kempvis	31.55	200103004	31.98	+0,68	446
9.	Marbel Diderik	De Columbiaan	31.83	200205752	32.29	+0,70	433
10.	Abigail den Boef	Wiekslag	32.21	200203026	32.53	+0,69	424
11.	Iris van den Berg	SG Albion d'ELFT	34.07	200103782	32.66	+0,81	419
12.	Jana Plaisier	de Devel	32.38	200101266	32.81	+0,83	413
13.	Amy van Leersum	Poseidon'56	32.85	200200300	32.87	+0,77	411
14.	Anniek de Ruiters	Widex GZC Donk	32.30	200101224	32.93	+0,80	408
15.	Esmee Wijnmaalen	PCG	32.80	200100298	33.01	+0,80	405
16.	Giulia Corsi	De Columbiaan	32.85	200100468	33.13	+0,78	401
17.	Jip Veeman	The Hague Swimming (SG)	34.91	200106100	33.33	+0,73	394
18.	Lisanne Dijkman	Zoetermeer	33.67	200102676	33.56	+0,79	386
19.	Bibi Middelbos	zc De Schotejil	33.04	200201548	33.76	+0,65	379
20.	Lieske Zijlstra	zc De Schotejil	32.60	200200996	33.97	+0,80	372
21.	Lorena van Leijden	AZC	33.82	200202598	34.20	+0,67	364
22.	Samantha Gerritse	LinK	34.49	200102062	34.56	+0,68	353
23.	Hanne Snijders	KZV de Lansingh	33.09	200204358	34.72	+0,70	348
24.	Tamara de Ruiters	zc De Schotejil	33.13	200203060	34.87	+0,74	344
25.	Manon Middelbos	zc De Schotejil	33.95	200100056	34.91	+0,71	343

Programmanr. 8, Meisjes, 50m vlinderslag, Jeugd 1 en 2

rang	naam	vereniging	intijd		tijd	RT	
26.	Pernilla Mulder	MNC Dordrecht	33.57	200101142	35.25	+0,81	333
27.	Danique Gieltsjes		35.03	200102572	36.26	+0,78	306
28.	Amber Kuntkes	ZPCNumansdorp	37.35	200202458	37.12	+0,74	285
AFGEM	Chefanja Nunes	WVZ	26.99	200104750			
NG	Marith de Jong	The Hague Swimming (SG)	32.33	200200012			

Senioren 1 en ouder

1.	Romy de Laet	Wiekslag	28.88	199900902	29.16	+0,77	588
2.	Lauren van IJll	WVZ	29.52	200001064	29.85	+0,67	548
3.	Mariska Scheel	KZV de Lansingh	30.36	199306344	29.96	+0,74	542
4.	Lisa Klatten	SG Albion d'ELFT	30.22	199203628	30.39	+0,79	519
5.	Anouk van Weelden	PCG	30.71	199902828	30.82	+0,81	498
6.	Birgit Adriaansen	MNC Dordrecht	30.68	199503342	30.86	+0,76	496
7.	Sterre Keller	The Hague Swimming (SG)	30.45	199904142	31.11	+0,77	484
8.	Lianne Bouwmeester	De Columbiaan	31.35	200000956	31.36	+0,76	473
9.	Rebecca Evers	Zob'66	31.93	199207916	32.08	+0,77	442
10.	Amanda Holst	Zoetermeer	31.50	200004204	32.21	+0,81	436
11.	Christa Stam	RSW	31.62	198806790	32.49	+0,81	425
12.	Hanna Looi	de Devel	32.10	200006090	32.50	+0,69	425
13.	Eef Hollander	The Hague Swimming (SG)	31.95	199602074	32.63	+0,74	420
14.	Merel Toussaint	SG Albion d'ELFT	33.09	199203788	32.66	+0,80	419
15.	Gaetane Demyttenaere	The Hague Swimming (SG)	31.45	199905018	32.74	+0,80	415
16.	Tessa Bruijgoms	MNC Dordrecht	33.33	199801322	32.81	+0,77	413
17.	Ilse Wijnmaalen	PCG	32.95	199900940	32.91	+0,79	409
18.	Isabel van der Boor	MNC Dordrecht	31.89	199901330	32.95	+0,72	408
19.	Sanne Hobé	Poseidon'56	32.92	200000826	33.12	+0,76	401
20.	Zoë van Gool	De Geul	32.04	200000964	33.13	+0,78	401
21.	Alisha Vieira	ZPB-H&L	31.41	199904554	33.60	+0,70	384
22.	Hanneke Schoenmakers	ZV Vlaardingen-Schiedam	33.50	199801820	34.05	+0,79	369
23.	Emily Beres	LinK	33.83	200001874	34.09		368
24.	Tamara Caspers	LZ 1886	32.63	199007272	34.76	+0,79	347
25.	Charlotte van der Hoek	MNC Dordrecht	34.88	199904020	34.78	+0,70	347
26.	Kayra Deger	MNC Dordrecht	33.46	200003890	35.00	+0,66	340
27.	Moniek Heemskerck	LZ 1886	33.52	199601964	35.17	+0,79	335
28.	Kirana Hoogenbosch	De Geul	33.80	200003428	36.31	+0,64	305
AFGEM	Tonia Ruybroek	Poseidon'56	33.86	198101290			
NG	Marielle van der Vaart	ZV Vlaardingen-Schiedam	31.68	200000994			
NG	Lincy de Winter	The Hague Swimming (SG)	32.97	199805886			

Programmanr. 9
27-5-2017 - 14:55

Heren, 100m vrije slag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT	
Junioren 1							
1.	Jay de Vries	de Devel	59.84	200400669	1:00.85	+0,76	458
2.	Julien Tanis	zc De Schotejil	1:00.97	200401045	1:02.21	+0,67	429
3.	Timo Kock	de Devel	1:03.31	200400387	1:02.31	+0,75	427
4.	Abel te Riele	WVZ	1:03.12	200402317	1:03.72	+0,77	399
5.	Thijm Kruit	De Columbiaan	1:05.81	200401339	1:04.53	+1,20	384
6.	Bart Pardon	WVZ	1:03.76	200400639	1:05.44	+0,68	368
7.	Wen-Ye Chen	The Hague Swimming (SG)	1:07.25	200402859	1:05.69	+0,67	364
8.	Chris van der Hout	The Hague Swimming (SG)	1:06.28	200401355	1:06.13	+0,80	357
9.	Olivier Krayenbuhl	The Hague Swimming (SG)	1:05.30	200403215	1:06.69	+0,78	348
10.	Niels van der Mast	ZPCNumansdorp	1:09.29	200401917	1:06.95	+1,13	344
11.	Max van Schagen	De Columbiaan	1:04.05	200402591	1:07.80	+0,83	331
12.	Thomas van Peenen	De Columbiaan	1:08.28	200400097	1:08.30	+0,77	324
13.	Timo Wouters	MNC Dordrecht	1:07.59	200401363	1:08.75	+0,74	318
14.	Timo Huizer	Wiekslag	1:08.61	200401125	1:08.92	+0,76	315
15.	Daniel 't Mannetje	zc De Schotejil	1:08.25	200400183	1:09.09	+0,82	313
16.	Sem Verberg	LinK	1:10.68	200402105	1:10.03	+0,75	301
17.	Tim Haimé	The Hague Swimming (SG)	1:09.74	200403567	1:10.46	+0,72	295
18.	Casper van Nijnatten	RSW	1:12.12	200402559	1:10.89	+0,80	290
19.	Loeka Wubben	The Hague Swimming (SG)	1:12.03	200400307	1:11.13	+0,68	287
	<i>*50m tijd is backuptijd</i>						
20.	Christian Kalle	zc De Schotejil	1:11.28	200400687	1:11.93	+0,85	277
21.	Michael van den Enden	PCG	1:12.09	200401589	1:12.16	+0,77	275
22.	Marijn Dekkers	Widex GZC Donk	1:12.67	200402275	1:13.92	+0,78	256

Programmanr. 9, Jongens, 100m vrije slag, Junioren 1

rang	naam	vereniging	intijd		tijd	RT	
23.	Timon Wijsman	SG Albion d'ELFT	1:16.84	200403707	1:15.05	+0,70	244
24.	Guus Geelen	LZ 1886	1:14.85	200401183	1:15.85	+0,82	237
NG.ZA	Kun Woo Kim	The Hague Swimming (SG)	1:08.94	200401361			
NG.ZA	Anthony Kraag	WVZ	1:04.62	200401973			
NG	Nathan Vos	Van Vliet-Barracuda	1:11.84	200402335			

Junioren 2

1.	Milan Hamel	The Hague Swimming (SG)	59.80	200302125	59.22	+0,75	497
2.	Zev Bulk	Widex GZC Donk	59.30	200304021	59.89	+0,67	481
3.	Keanu Streefland	The Hague Swimming (SG)	59.57	200302445	59.96	+0,73	479
4.	Senna Mooldijk	De Kempvis	59.40	200301147	1:00.14	+0,66	475
5.	Jelle Bon	ZV Westland	59.65	200301077	1:00.81	+0,75	459
6.	Daan Hogerhuis	SG Albion d'ELFT	1:00.98	200300317	1:01.58	+0,73	442
7.	Milan van Aken	The Hague Swimming (SG)	1:02.74	200303307	1:02.38	+0,81	425
8.	Nils Mulder	MNC Dordrecht	1:01.47	200300049	1:02.40	+0,77	425
9.	Kenan Cörüz	SG Albion d'ELFT	1:05.00	200300357	1:03.17	+0,67	410
10.	Perry Laarhoven	ZPCNumansdorp	1:02.44	200301321	1:03.57	+0,80	402
11.	Bjarne Buijs	The Hague Swimming (SG)	1:02.58	200301089	1:03.91	+0,72	395
	David Jagerman	The Hague Swimming (SG)	1:01.90	200302127	1:03.91	+0,70	395
13.	Yassine Maas	The Hague Swimming (SG)	1:05.55	200301505	1:04.33	+0,77	388
14.	Chris Vogelaar	LZ 1886	1:05.12	200302241	1:04.56	+0,77	384
15.	Xander Vis	zc De Schotejil	1:02.86	200300173	1:04.59	+0,75	383
16.	Maximilian Lopes Cardozo	WZK	1:03.37	200300665	1:05.36	+0,73	370
17.	Raphaël Booiman	Wiekslag	1:06.91	200300727	1:06.44	+0,71	352
18.	Mark van Berkel	Van Vliet-Barracuda	1:03.35	200300039	1:06.94	+0,73	344
19.	Maurice van Philips	De Kempvis	1:07.34	200301387	1:07.11	+0,76	342
20.	Jarno Klink	De Stelle	1:06.60	200302067	1:07.52	+0,87	335
21.	Brandon Groeneveld	De Geul	1:07.45	200300595	1:08.00	+0,69	328
22.	Christiaan van Es	Zob'66	1:08.73	200304141	1:09.45	+0,74	308
23.	Alexander ten Haaft	Zoetermeer	1:07.93	200302309	1:09.51	+0,77	307
24.	Jort Jongenelen	Zoetermeer	1:10.22	200303233	1:09.69	+0,85	305
25.	Thimo van Beek	LZ 1886	1:07.18	200301347	1:10.26	+0,75	298
26.	Maxim Noordman	The Hague Swimming (SG)	1:08.93	200304067	1:10.72	+0,77	292
27.	Tygo Korving	ZPB-H&L	1:08.80	200300773	1:11.36	+0,83	284
28.	Daniel Stok	de Devel	1:09.37	200300569	1:12.49	+0,74	271
29.	Mike van Huizen	ZPCNumansdorp	1:15.39	200300891	1:13.34	+0,88	262
30.	Albert van der Veen	De Vliet (SG)	1:11.93	200300515	1:14.15	+0,81	253
31.	Quinten Nieuwenhuis	WZK	1:11.27	200304577	1:14.34	+0,84	251
32.	Julian Stok	de Devel	1:05.97	200300071	1:17.22	+0,75	224

Junioren 3

1.	Bryan Agterdenbos	MNC Dordrecht	52.52	200200003	54.89	+0,74	624
2.	Adriaan Provó Kluit	WVZ	55.32	200204397	57.17	+0,74	552
3.	Nikhom Westphal	SG SCOM/de Zeehond'73	56.01	200203329	58.63	+0,94	512
4.	Scott Jansen	WVZ	56.22	200202455	58.87	+0,72	506
5.	Bas van Wieringen	De Columbiaan	59.68	200200119	1:00.12	+0,69	475
6.	Nikolas Lupi	WVZ	58.61	200204867	1:00.17	+0,69	474
7.	Niels Dijkshoorn	ZV Westland	59.97	200203079	1:00.33	+0,78	470
8.	Dylano Termoshuizen	WVZ	1:00.64	200202169	1:00.39	+0,75	469
9.	Glenn van Gaalen	De Kempvis	1:01.44	200200521	1:01.29	+0,65	448
10.	Johrick Wijma	KZV de Lansingh	59.87	200204435	1:01.41	+0,65	446
11.	Luuk van Holstein	ZV Westland	1:03.68	200203841	1:01.78	+0,69	438
12.	Viktor Koets	De Columbiaan	58.73	200201677	1:01.80	+0,87	437
13.	Lougo Gorré	ZV Vlaardingen-Schiedam	1:02.46	200201765	1:01.86	+0,78	436
14.	Stijn den Otter	de Devel	59.53	200200225	1:01.89	+0,67	435
15.	Robert Speksnijder	ZPB-H&L	1:00.45	200200429	1:02.15	+0,80	430
16.	Cas Jansen	The Hague Swimming (SG)	1:01.64	200203263	1:02.49	+0,65	423
17.	Jarno Verbeek	Zoetermeer	58.89	200200931	1:02.89	+0,77	415
18.	Thomas van Wanrooij	Poseidon'56	1:04.21	200201473	1:03.36	+0,91	406
19.	Wouter Verdoes	De Columbiaan	1:01.68	200200351	1:04.38	+0,74	387
20.	Peter van Driel	ZPCNumansdorp	1:05.55	200200305	1:04.53	+0,76	384
21.	Robin van Peenen	De Columbiaan	1:01.47	200201059	1:04.56	+0,87	384
22.	Jaap Schoenmakers	ZV Vlaardingen-Schiedam	1:02.73	200200619	1:04.84	+0,73	379
23.	Daan Sniijders	MNC Dordrecht	1:05.25	200202475	1:05.39	+0,76	369
	<i>*50m tijd is backuptijd</i>						
24.	Victor Simons	The Hague Swimming (SG)	1:03.63	200203261	1:06.37	+0,88	353
25.	Milan Zaaier	The Hague Swimming (SG)	1:07.29	200202795	1:06.81	+0,67	346
26.	Joep van den Hooven	De Stelle	1:07.94	200202547	1:06.85	+0,75	346
27.	Stan Olsthoorn	SG Albion d'ELFT	1:10.47	200204605	1:07.41	+0,68	337

Programmanr. 9, Jongens, 100m vrije slag, Junioren 3

rang	naam	vereniging	intijd		tijd	RT	
28.	Bas van Nisius	The Hague Swimming (SG)	1:03.49	200202107	1:07.55	+0,84	335
29.	Dylan van Kleij	Poseidon'56	1:09.26	200203297	1:07.98	+0,78	329
30.	Mark Bom	LZ 1886	1:06.19	200201471	1:08.26	+0,73	325
31.	Luc Brasz	The Hague Swimming (SG)	1:09.38	200200919	1:08.29	+0,69	324
32.	Timo Kolk	MNC Dordrecht	1:05.13	200202971	1:09.15	+0,74	312
33.	Mathieu Lafontaine	The Hague Swimming (SG)	1:07.79	200204263	1:10.58	+0,81	294
34.	Chris de Boed	Zob'66	1:08.13	200203289	1:12.05	+0,75	276
NG.ZA	Thomas Vermeij	Van Vliet-Barracuda	1:10.73	200203093			
AFGEM	Mees Blankert	ZV Westland	1:08.12	200203743			

Junioren 4

1.	Tygo van Hassel	WVZ	56.51	200101479	55.44	+0,72	606
2.	Ivo Stolk	SG SCOM/de Zeehond'73	55.21	200100615	55.72	+0,73	597
3.	Gerard Willighagen	Poseidon'56	55.00	200103663	56.36	+0,65	577
4.	Max Visser	WVZ	56.14	200100077	56.44	+0,77	574
5.	Floris de Leeuw	The Hague Swimming (SG)	56.46	200105317	57.15	+0,71	553
6.	Jarno van Oijen	SG SCOM/de Zeehond'73	57.63	200100055	58.47	+0,69	516
7.	Christiaan Smit	The Hague Swimming (SG)	57.43	200102463	58.56	+0,72	514
8.	Sander Iuga	Poseidon'56	57.16	200101389	58.98	+0,75	503
9.	Tjeerd van Stein	LinK	58.69	200101439	59.59	+0,82	488
10.	Wesley Scheepbouwer	Wiekslag	57.31	200101959	59.94	+0,63	479
11.	Freek Hollander	The Hague Swimming (SG)	58.36	200103815	1:00.41	+0,85	468
12.	Luuk Kieviet	zc De Schotejil	58.80	200100469	1:00.44	+0,67	468
13.	Joris de Gier	Widex GZC Donk	58.56	200103817	1:00.50	+0,70	466
14.	Boy Borreman	LinK	1:00.49	200102751	1:00.97	+0,69	455
15.	Rolf Jens	PCG	59.88	200100527	1:00.99	+0,67	455
16.	Dave van den Nieuwendijk	De Columbiaan	58.23	200100475	1:01.20	+0,73	450
17.	Sjoerd van Weelden	PCG	59.85	200101217	1:01.32	+0,72	448
18.	Ryan de Laat	Wiekslag	58.55	200101553	1:01.67	+0,75	440
19.	Finn van Bommel	De Columbiaan	58.92	200103683	1:02.14	+0,83	430
20.	Remco Holstege	The Hague Swimming (SG)	1:04.26	200104189	1:02.59	+0,71	421
21.	Christian van Mierlo	SG Albion d'ELFT	59.66	200103155	1:02.60	+0,68	421
22.	Gregory Abeldynov	Poseidon'56	1:00.12	200100827	1:02.79	+0,77	417
23.	Querijn Hensen	The Hague Swimming (SG)	58.19	200102121	1:03.05	+0,73	525
24.	Jeroen Reckman	ZPCNumansdorp	1:02.53	200100209	1:03.06	+0,82	412
25.	Jaap Akkermans Castro	The Hague Swimming (SG)	1:00.94	200105143	1:03.32	+0,67	407
26.	David Kras	de Devel	1:01.07	200103253	1:04.49	+0,79	385
27.	Victor van Dam	LZ 1886	1:03.96	200103703	1:05.98	+0,82	359
28.	Wouter Daamen	AZC	1:02.65	200101411	1:06.47	+0,84	351
29.	Jeroen de Mooij	LZ 1886	1:07.24	200100723	1:07.21	+0,72	340
30.	Boaz Troost	Zob'66	1:02.28	200100371	1:08.92	+0,86	315
NG	Max Huige	SG SCOM/de Zeehond'73	56.17	200104355			

Jeugd 1 en 2

1.	Joris Bezemer	De Kempvis	54.21	199900527	55.77	+0,93	595
2.	Jorian Tanis	zc De Schotejil	54.40	199900327	56.14	+0,81	583
3.	Marc Botter	The Hague Swimming (SG)	54.30	200000329	56.67	+0,65	567
4.	Eric Verdoes	De Columbiaan	56.77	199900947	57.54	+0,77	542
5.	Otto Pranger	SG SCOM/de Zeehond'73	54.78	200000007	57.69	+0,71	538
6.	Jari Voogt	De Duck	55.19	200004237	57.88	+0,78	532
7.	Mark de Jongh	de Devel	56.99	200001325	57.98	+0,71	530
8.	Marijn van Giesen	ZV Westland	54.77	199900633	58.01	+0,74	529
9.	Ryan van den Ouden	Poseidon'56	56.26	199900377	58.79	+0,77	508
10.	Stijn Lafontaine	The Hague Swimming (SG)	56.68	200005205	59.08	+0,73	501
11.	Robin Lecomte	KZV de Lansingh	56.66	199900711	59.17	+0,69	498
12.	Sybe de Waard	de Devel	56.92	199900139	59.68	+0,72	486
13.	Jasper Breugem	WVZ	56.74	200000303	59.70	+0,76	485
14.	Olivier Jans	The Hague Swimming (SG)	55.81	200001815	59.75	+0,77	484
15.	Jacob Mackloet	zc De Schotejil	57.59	200001171	59.91	+0,77	480
16.	Aron Paasse	zc De Schotejil	57.56	200000099	1:00.11	+0,72	475
17.	Doran Paap	The Hague Swimming (SG)	58.14	200000301	1:00.47	+0,72	467
18.	David Kievit	zc De Schotejil	58.47	199900325	1:00.60	+0,78	464
19.	Bart Spaans	Wz010/ Acz (Sg)	58.35	199902559	1:00.82	+0,66	459
	Matin Yousufi	WVZ	59.54	200004511	1:00.82	+0,65	459
21.	Rogier Dorsman	de Devel	58.72	199900211	1:01.03	+0,69	580
22.	Sander van Beek	LZ 1886	58.80	200002917	1:01.16	+0,67	451
23.	Ayrton Mooldijk	De Kempvis	59.80	199901449	1:01.43	+0,75	445
24.	Thomas Hesper	Van Vliet-Barracuda	58.83	200004181	1:01.47	+0,86	444
25.	Yanick Leunisse	ZPCNumansdorp	58.97	199904179	1:01.48	+0,68	444
26.	Thomas Boxman	The Hague Swimming (SG)	1:00.96	200005203	1:01.54	+0,77	443

Programmanr. 9, Jongens, 100m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd		tijd	RT	
27.	Bob Hogendoorn	DWF	58.09	199903089	1:01.58	+0,74	442
28.	Wesley Agterdenbos	MNC Dordrecht	59.66	200001327	1:01.62	+0,70	441
29.	Tristan Stam	Zob'66	59.56	199903551	1:01.66	+0,73	440
30.	Luca Dellantonio	De Columbiaan	59.20	200002759	1:01.75	+0,69	438
31.	Aidan van Gool	De Geul	59.09	200001773	1:02.15	+0,61	430
32.	Jervis Boele	ZPCNumansdorp	1:00.27	200004141	1:02.98	+0,80	413
33.	Kevin Tittel	De Geul	1:02.80	199902681	1:04.25	+0,81	389
34.	Floriaan Bulten	Poseidon'56	1:01.61	200002267	1:04.87	+0,77	378
AFGEM	Dylan Kalden	De Duck	1:00.05	200003283			
NG	Miquel Koeleman	De Columbiaan	1:00.92	200002763			

Senioren 1 en ouder

1.	Jeroen Baars	MNC Dordrecht	49.70	199200031	51.13	+0,76	772
2.	Thomas Verhoeven	MNC Dordrecht	50.87	199700311	52.14	+0,70	728
3.	Enger Kotterink	SG Albion d'ELFT	50.77	199403391	52.71	+0,71	705
4.	Mark Baars	MNC Dordrecht	50.30	198500059	53.47	+0,65	675
5.	Pascal Nuijten	ZV Westland	52.42	199701353	54.77	+0,80	628
6.	Melvin Prins	Wiekslag	52.70	199500201	55.42	+0,70	606
7.	Bjorn Scherbeijn	The Hague Swimming (SG)	52.01	199600349	55.56	+0,69	602
8.	Timo Dinkelberg	SG Albion d'ELFT	53.31	199300773	55.84	+0,66	593
9.	Daan Egberts	AZC	53.52	199502433	55.99	+0,62	588
10.	Linquendo van der Klooster	ZPB-H&L	55.26	199801361	56.00	+0,68	588
11.	Kristiaan Lenos	LZ 1886	55.28	198301331	56.42	+0,74	575
12.	Bas Verdoes	De Columbiaan	53.88	199801487	57.28	+0,73	549
13.	Sanjiv Gangaram Panday	WVZ	54.72	199705555	57.35	+0,67	547
14.	Robin van Beek	LZ 1886	55.30	199704023	57.42	+0,69	545
15.	Lars Schoffelmeer	ZPB-H&L	55.93	199501907	57.51	+0,79	543
16.	Rutger Dalm	KZV de Lansingh	55.14	199005561	57.68	+0,73	538
17.	Jim Geestman	RSW	56.23	198300699	57.95	+0,82	530
18.	Kevin Kingma	KZV de Lansingh	58.44	199700559	58.06	+0,73	527
19.	Dave Jansen	SG Albion d'ELFT	55.22	199805299	58.51	+0,70	515
20.	Jordy van Oel	WVZ	56.70	199802003	59.24	+0,78	497
21.	Stijn Geelen	MNC Dordrecht	56.17	199801363	59.27	+0,72	496
22.	Ben Muller	De Geul	57.10	199801281	59.31	+0,74	495
23.	Paul van Grol	Widex GZC Donk	58.17	199602951	1:00.03	+0,63	477
24.	Max Muller	De Geul	56.26	199800347	1:00.19	+0,64	473
25.	Kevin Panoet	The Hague Swimming (SG)	57.19	199307253	1:01.48	+0,71	444
26.	Max Reinders	RSW	59.93	199804517	1:01.98	+0,70	434
27.	Peter Schelvis	Link	1:06.94	198906671	1:05.43	+0,93	369
NG.ZA	Roderik Meijers	SG Albion d'ELFT	56.57	198602063			
AFGEM	Bart Drechsel	WZK	55.82	198604135			
NG	Walter Jansen	De Columbiaan	57.33	199300225			

Programmanr. 10
27-5-2017 - 15:30

Dames, 200m rugslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT	100m	200m
Junioren 1								
1.	Jelsie van Ruijven	WVZ	2:39.30	200500282	2:44.98	+0,61 425	1:21.30	2:44.98
2.	Asha van Lobberegt	de Devel	2:48.10	200500088	2:49.75	+0,55 390	1:22.08	2:49.75
3.	Evelyn Liket	ZV Vlaardingens-Schiedam	2:49.19	200503118	2:52.57	+0,75 372	1:24.91	2:52.57
4.	Laura Hoogenboezem	KZV de Lansingh	2:54.77	200500390	2:53.86	+0,72 363	1:26.12	2:53.86
5.	Emma Verkuijl	Van Vliet-Barracuda	2:52.10	200500826	2:53.93	+0,72 363	1:25.37	2:53.93
6.	Vivianne Woltjes	The Hague Swimming (SG)	2:51.57	200501524	2:54.03	+0,86 362	1:26.69	2:54.03
7.	Lyke Buscop	zc De Schotejil	2:55.98	200500552	2:54.27	361	1:25.07	2:54.27
8.	Merel Schravendijk	The Hague Swimming (SG)	3:00.78	200503382	2:55.31	+0,76 354	1:28.40	2:55.31
9.	Isa Maes	de Devel	2:52.61	200500110	2:55.39	+0,64 354	1:26.64	2:55.39
10.	Sophie Buurman	Wiekslag	2:53.92	200502530	2:55.54	+0,67 353	1:26.79	2:55.54
11.	Meira Simons	The Hague Swimming (SG)	3:02.49	200502984	2:58.11	+0,66 338	1:28.24	2:58.11
12.	Niké Telkamp	The Hague Swimming (SG)	2:50.99	200501088	2:58.55	+0,69 335	1:27.02	2:58.55
13.	Marit Huisman	Van Vliet-Barracuda	2:56.07	200502620	2:59.17	+0,78 332	1:28.59	2:59.17
14.	Rosa Kwaijtaal	Poseidon'56	2:54.05	200500872	3:00.42	+0,69 325	1:28.45	3:00.42
15.	Anastasia Romano	MNC Dordrecht	3:11.80	200501076	3:01.98	+0,86 317	1:30.37	3:01.98
16.	Milou Adriaanse	De Columbiaan	2:50.68	200500968	3:02.47	+0,60 314	1:28.88	3:02.47
17.	Sera Emmers	WZK	2:54.89	200503264	3:03.51	+0,74 309	1:30.69	3:03.51
18.	Anne-Marie Twigt	KZV de Lansingh	3:01.06	200503290	3:03.86	+0,78 307	1:31.60	3:03.86
19.	Felicia Bosse	WZK	2:53.91	200504468	3:05.47	+0,85 299	1:32.77	3:05.47

Programmanr. 10, Meisjes, 200m rugslag, Junioren 1

rang	naam	vereniging	intijd		tijd	RT	100m	200m
20.	Milou Demirel	The Hague Swimming (SG)	3:04.21	200501254	3:06.48	+0,77 294	1:31.65	3:06.48
21.	Mar Stael	LinK	3:10.31	200500520	3:07.54	+0,66 289	1:32.97	3:07.54
22.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	3:05.77	200503292	3:08.39	+0,61 286	1:34.98	3:08.39
23.	Jennifer de Keizer	MNC Dordrecht	3:18.62	200501054	3:15.41	+0,87 256	1:36.99	3:15.41

Junioren 2

1.	Lize van Stigt	LinK	2:34.79	200401510	2:37.12	+0,61 492	1:17.72	2:37.12
2.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	2:39.31	200404272	2:40.38	+0,82 463	1:17.76	2:40.38
3.	Irma van der Wulp	WVZ	2:36.78	200401950	2:42.39	+0,73 446	1:21.00	2:42.39
	<i>*eindtijd is backup tijd</i>							
4.	Isis Naaktgeboren	de Devel	2:40.41	200403914	2:44.06	+0,63 432	1:21.37	2:44.06
5.	Milou van Wijk	de Devel	2:44.63	200404948	2:45.82	+0,73 419	1:22.49	2:45.82
6.	Jenna Klein	Z&PC Alkemade	2:44.96	200400914	2:46.67	+0,73 412	1:22.68	2:46.67
7.	M. van 't Walderveen	Zoetermeer	2:42.84	200400902	2:47.39	+0,60 407	1:22.38	2:47.39
8.	Zinzi van der Maas	WVZ	2:50.32	200402028	2:48.39	+0,82 400	1:22.71	2:48.39
9.	Rinske Bouman	de Devel	2:51.98	200400578	2:48.60	+0,64 398	1:20.92	2:48.60
10.	Nora van der Steen	LinK	2:43.39	200403458	2:49.91	+0,76 389	1:22.96	2:49.91
	<i>*100m tijd is backup tijd</i>							
11.	Anniko Firman	The Hague Swimming (SG)	2:42.21	200402330	2:50.51	+0,66 385	1:23.45	2:50.51
12.	Mary Kate Farrell	The Hague Swimming (SG)	2:50.00	200402870	2:51.11	+0,82 381	1:25.29	2:51.11
13.	Cheyenne Elburg	KZV de Lansingh	2:44.84	200401170	2:52.56	+0,64 372	1:23.78	2:52.56
14.	Fenna Herwig	Wiekslag	2:50.56	200400908	2:52.69	+0,81 371	1:28.10	2:52.69
15.	Éléana Poilpré	The Hague Swimming (SG)	2:55.01	200404748	2:54.64	+0,76 358	1:27.02	2:54.64
16.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	2:52.10	200402932	2:56.55	+0,70 347	1:26.96	2:56.55
17.	Danielle Vis	De Columbiaan	2:55.30	200401044	2:57.67	+0,66 340	1:28.54	2:57.67
18.	Jet van Oudheusden	Zob'66	2:51.61	200401012	2:58.30	+0,68 337	1:25.87	2:58.30
19.	Danique Gerritsen	MNC Dordrecht	2:57.48	200401176	2:58.55	+0,82 335	1:28.60	2:58.55
20.	Feija de Bruin	WVZ	2:56.87	200400106	2:58.72	+0,80 522	1:26.75	2:58.72
21.	Anique Star	De Columbiaan	3:00.17	200400446	2:59.61	+0,66 330	1:29.83	2:59.61
22.	Eva Immerzeel	ZV Westland	2:53.86	200401514	3:01.82	+0,85 318	1:28.86	3:01.82
23.	Robine Boer	De Columbiaan	2:54.28	200402180	3:03.91	+0,73 307	1:30.37	3:03.91
24.	Danique van den Berg	MNC Dordrecht	3:01.69	200402374	3:04.53	+0,75 304	1:32.15	3:04.53
25.	Carmen Lems	KZV de Lansingh	2:59.24	200402632	3:06.06	+0,73 296	1:32.35	3:06.06
26.	Jessica Kras	de Devel	3:00.56	200400728	3:07.48	+0,74 290	1:32.47	3:07.48
27.	Lotte van der Maas	Zob'66	2:57.84	200402376	3:08.40	+0,76 286	1:32.20	3:08.40
NG	Lindsay Wagner	ZPB-H&L	3:01.51	200400380				

Junioren 3

1.	Britta Koehorst	KZV de Lansingh	2:21.87	200300246	2:29.45	+0,72 572	1:13.47	2:29.45
2.	Maaïke Issard	The Hague Swimming (SG)	2:26.21	200300022	2:31.77	+0,83 546	1:14.29	2:31.77
3.	Imke Beekman	SG Albion d'ELFT	2:32.01	200301950	2:33.32	+0,71 530	1:15.34	2:33.32
4.	Kim Rutters	De Kempvis	2:35.23	200302318	2:35.95	+0,62 503	1:16.49	2:35.95
5.	Michelle van der Steen	ZV Vlaardingen-Schiedam	2:32.86	200300052	2:36.33	+0,59 500	1:16.20	2:36.33
6.	Kim de Jong	LinK	2:34.67	200301026	2:41.09	+0,72 457	1:18.91	2:41.09
7.	Ilse Schoenmaker	The Hague Swimming (SG)	2:40.07	200301470	2:43.99	+0,76 433	1:20.76	2:43.99
8.	Nicole Akkermans Castro	The Hague Swimming (SG)	2:46.48	200304942	2:45.40	+0,77 422	1:22.91	2:45.40
9.	Wendy ten Wolde	Wiekslag	2:46.41	200302658	2:45.81	+0,72 419	1:21.57	2:45.81
10.	Femke Hoppenbrouwer	The Hague Swimming (SG)	2:39.38	200301124	2:46.06	+0,76 417	1:21.00	2:46.06
11.	Marije de Jager	LinK	2:44.78	200301394	2:46.09	+0,73 417	1:21.44	2:46.09
12.	Julia Notenboom	De Columbiaan	2:42.91	200302596	2:46.21	+0,78 416	1:21.96	2:46.21
13.	Isabel Scheepbouwer	Wiekslag	2:37.70	200301106	2:47.01	+0,66 410	1:21.51	2:47.01
14.	Mara Bosman	The Hague Swimming (SG)	2:49.64	200303048	2:48.20	+0,84 401	1:23.51	2:48.20
15.	Sanne Vermeulen	The Hague Swimming (SG)	2:54.01	200303902	2:52.62	+0,81 371	1:24.54	2:52.62
16.	Esther Reinders	KZV de Lansingh	2:40.64	200301798	2:52.88	+0,66 370	1:24.10	2:52.88
17.	Christina Agussalim	Van Vliet-Barracuda	2:49.08	200300582	2:56.02	+0,73 350	1:26.18	2:56.02
18.	Zoë Molenaar	Zoetermeer	2:53.87	200300978	2:57.19	+0,61 343	1:28.99	2:57.19
19.	Lotte Koornneef	The Hague Swimming (SG)	2:47.53	200303584	2:57.36	+0,76 342	1:25.99	2:57.36
20.	Alyssa Kuivenhoven	WVZ	2:49.18	200302224	2:57.47	+0,73 342	1:27.21	2:57.47
21.	Joyce Lodder	Wiekslag	2:57.80	200302268	2:58.39	+0,77 336	1:28.16	2:58.39
22.	Britt van Bommel	De Columbiaan	2:51.68	200301982	2:58.40	+0,70 336	1:28.77	2:58.40
23.	Noa de Bock	De Duck	2:54.23	200300318	3:01.25	+0,65 321	1:28.63	3:01.25
24.	Anouk Brand	MNC Dordrecht	2:48.01	200302488	3:01.95	+0,70 317	1:28.12	3:01.95
25.	Daphne Zoetekouw	SG SCOM/de Zeehond'73	2:54.19	200301750	3:02.60	+0,71 314	1:29.85	3:02.60
26.	Jet van der Plas	LZ 1886	2:52.58	200300486	3:04.91	+0,65 302	1:30.91	3:04.91
27.	Yara Visser	Van Vliet-Barracuda	3:07.65	200300132	3:05.40	+0,84 300	1:31.04	3:05.40
28.	Jade Verbrugge	De Watervogels	2:56.56	200303142	3:06.76	+0,74 293	1:27.49	3:06.76

Programmanr. 10, Dames, 200m rugslag

Jeugd 1 en 2

1.	Elise Tanis	zc De Schotejil	2:22.23	200200120	2:28.23	+0,67	586	1:12.47	2:28.23
2.	Marlinde Beukers	WVZ	2:26.47	200101934	2:31.16	+0,65	553	1:13.85	2:31.16
3.	Sanne Heemskerk	LZ 1886	2:26.59	200100600	2:34.62	+0,63	517	1:14.59	2:34.62
4.	Elyanne Boudestein	Zoetermeer	2:28.23	200101060	2:34.88	+0,81	514	1:15.59	2:34.88
5.	Anouk Vis	De Columbiaan	2:34.50	200203322	2:36.55	+0,57	498	1:16.77	2:36.55
6.	Iris van den Berg	SG Albion d'ELFT	2:32.60	200103782	2:39.40	+0,74	471	1:17.24	2:39.40
7.	Grace Anderson	WVZ	2:33.87	200200578	2:39.90	+0,68	467	1:18.37	2:39.90
8.	Manon Middelbos	zc De Schotejil	2:34.17	200100056	2:40.43	+0,72	462	1:17.60	2:40.43
9.	Eline Duynisveld	WVZ	2:39.27	200103958	2:42.15	+0,68	448	1:19.91	2:42.15
10.	Anniek de Ruiter	Widex GZC Donk	2:42.32	200101224	2:42.94	+0,77	441	1:20.36	2:42.94
11.	Giulia Corsi	De Columbiaan	2:33.87	200100468	2:43.13	+0,70	440	1:20.85	2:43.13
12.	Esmee Wijnmaalen	PCG	2:35.23	200100298	2:43.64	+0,73	436	1:20.26	2:43.64
13.	Jip Veeman	The Hague Swimming (SG)	2:29.90	200106100	2:44.26	+0,68	431	1:18.90	2:44.26
14.	Lieske Zijlstra	zc De Schotejil	2:36.10	200200996	2:45.66	+0,68	420	1:22.29	2:45.66
15.	Hieke de Lijster	ZV Westland	2:43.79	200203312	2:46.74	+0,74	412	1:20.93	2:46.74
16.	Tamara de Ruiter	zc De Schotejil	2:37.42	200203060	2:48.97	+0,73	396	1:22.55	2:48.97
17.	Susanne Roeleveld	WVZ	2:48.58	200203266	2:49.13	+0,77	395	1:22.13	2:49.13
	<i>*100m tijd is backuptijd</i>								
18.	Lynn Blommers	AZC	2:42.24	200105062	2:49.78	+0,54	390	1:22.20	2:49.78
19.	Kristel Beijk	De Columbiaan	2:37.97	200201278	2:49.84	+0,79	390	1:24.27	2:49.84
20.	Hanne Sniijders	KZV de Lansingh	2:46.53	200204358	2:50.98	+0,71	382	1:25.65	2:50.98
21.	S. van den Dobbelsteen	The Hague Swimming (SG)	2:46.24	200100904	2:51.28	+0,76	380	1:23.19	2:51.28
	<i>*eindtijd is backup tijd</i>								
22.	L. van 't Walderveen	Zoetermeer	2:44.67	200203226	2:51.60	+0,61	378	1:23.44	2:51.60
23.	Maartje Rijnja	The Hague Swimming (SG)	2:36.61	200101344	2:53.23	+0,70	367	1:23.73	2:53.23
24.	Amy van Leersum	Poseidon'56	2:48.68	200200300	2:54.43	+0,69	360	1:24.85	2:54.43
25.	Pernilla Mulder	MNC Dordrecht	2:54.07	200101142	3:00.33	+0,69	326	1:28.61	3:00.33
26.	Samantha Gerritse	Link	2:46.04	200102062	3:01.70	+0,60	318	1:26.49	3:01.70
27.	Laura Nuijten	ZV Westland	2:38.07	200101084	3:02.46	+0,65	314	1:25.68	3:02.46
NG	Marith de Jong	The Hague Swimming (SG)	2:36.65	200200012					

Senioren 1 en ouder

1.	Leonie van Noort	WVZ	2:17.91	199301752	2:23.35	+0,73	648	1:10.12	2:23.35
2.	Eelke Roman	LZ 1886	2:23.15	199900352	2:29.48	+0,77	572	1:12.15	2:29.48
3.	Anouk van Weelden	PCG	2:25.44	199902828	2:32.45	+0,75	539	1:14.86	2:32.45
4.	Babette van der Kaaij	ZV Westland	2:29.04	199902234	2:33.65	+0,71	526	1:16.27	2:33.65
5.	Lauren van IJll	WVZ	2:23.20	200001064	2:33.91	+0,72	524	1:14.83	2:33.91
6.	Gaetane Demyttenaere	The Hague Swimming (SG)	2:31.07	199905018	2:39.78	+0,65	468	1:17.59	2:39.78
7.	Lianne Bouwmeester	De Columbiaan	2:36.05	200000956	2:42.36	+0,80	446	1:18.90	2:42.36
8.	Merel Toussaint	SG Albion d'ELFT	2:39.15	199203788	2:42.47	+0,66	445	1:18.88	2:42.47
9.	Romy de Laat	Wiekslag	2:34.86	199900902	2:43.26	+0,75	439	1:22.07	2:43.26
10.	Hanna Looi	de Devel	2:37.30	200006090	2:44.22	+0,54	431	1:19.77	2:44.22
11.	Wendy de Bruin	Zob'66	2:35.49	199206320	2:44.36	+0,63	430	1:20.47	2:44.36
12.	Kirsten de Hoog	SG SCOM/de Zeehond'73	2:38.04	200000460	2:44.55	+0,69	429	1:21.77	2:44.55
13.	Laura Tromp	de Devel	2:38.54	200000276	2:44.75	+0,78	427	1:21.33	2:44.75
14.	Celina von Berg	ZV Westland	2:46.92	200002596	2:45.91	+0,63	418	1:21.20	2:45.91
15.	Sanne Hobé	Poseidon'56	2:40.56	200000826	2:47.42	+0,66	407	1:21.67	2:47.42
16.	Amanda Holst	Zoetermeer	2:40.94	200004204	2:49.82	+0,81	390	1:22.18	2:49.82
17.	Ilse Wijnmaalen	PCG	2:39.73	199900940	2:52.22	+0,68	374	1:22.18	2:52.22
	<i>*50m tijd is backup tijd</i>								
18.	Hanneke Schoenmakers	ZV Vlaardingen-Schiedam	2:52.64	199801820	2:59.92	+0,73	328	1:25.70	2:59.92
DIS	Angelique van Vark	Z&PC De Gouwe	2:26.00	199701478					
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>								
NG.ZA	Marieke van der Meer	De Columbiaan	2:38.18	200000162					

Programmanr. 11
27-5-2017 - 16:25

Jongens, 4 x 100m wisselslag

Junioren 4 en later
Resultaten

rang	vereniging	intijd	tijd	RT
1.	Poseidon'56 Sander Iuga Brandon van den Berg	4:13.58 +0,67 31.10 +0,28 34.33	4:18.41 +0,45 27.41 +0,53 28.97	+0,67 59.96 1:00.95
2.	The Hague Swimming (SG) 1 Keanu Streefland Milan Hamel	The Hague Swimming (SG) 4:15.49 +0,77 32.76 +0,40 35.74	4:25.53 +0,47 29.40 +0,04 27.57	+0,77 1:05.38 56.96
3.	WVZ 1 Dylano Termoshuizen Scott Jansen	WVZ 4:18.56 +0,68 33.27 +0,29 35.66	4:30.89 +0,23 29.25 +0,16 27.71	+0,68 1:05.26 59.32
4.	De Columbiaan 1 Robin van Peenen Dave van den Nieuwendijk	De Columbiaan 4:22.29 +0,71 34.78 +0,46 33.54	4:39.59 +0,67 30.41 +0,44 29.41	+0,71 1:08.29 1:02.83
5.	ZPCNumansdorp 1 Perry Laarhoven Quinn van den Heuvel	ZPCNumansdorp 4:31.11 +0,71 35.33 +0,55 31.47	4:41.25 +0,69 34.96 +0,38 30.25	+0,71 1:17.50 1:02.65
6.	de Devel 1 Jay de Vries David Kras	de Devel 4:35.07 +0,71 33.91 +0,56 37.79	4:42.91 +0,39 30.62 +0,38 30.19	+0,71 1:10.21 1:01.81
7.	Wiekslag 1 Wesley Scheepbouwer Raphaël Bootman	Wiekslag 4:35.61 +0,65 35.24 +0,49 37.35	4:43.74 +0,50 29.53 +0,50 32.51	+0,65 1:05.97 1:07.17
8.	zc De Schotelijk 1 Julien Tanis Xander Vis	zc De Schotelijk 4:45.13 +0,70 35.94 +0,59 36.74	4:47.33 +0,30 31.00 +0,31 32.98	+0,70 1:06.90 1:09.17
9.	SG Albion d'ELFT 1 Christian van Mierlo Kenan Cörüz	SG Albion d'ELFT 4:52.19 +0,66 35.87 +0,33 38.38	4:59.66 +0,30 34.26 +0,25 31.89	+0,66 1:15.00 1:07.93
10.	LZ 1886 1 Mark Bom Chris Vogelaar	LZ 1886 4:59.78 +0,62 36.59 +0,47 42.30	5:16.58 +0,40 34.12 +0,50 33.40	+0,62 1:16.42 1:11.92
NG	SG SCOM/de Zeehond'73 1	SG SCOM/de Zeehond'73 4:10.77		

Programmanr. 12
27-5-2017 - 16:35

Heren, 4 x 100m wisselslag

Senioren Open
Resultaten

rang	vereniging	intijd	tijd	RT
1.	MNC Dordrecht 1 Alwin Hillebrink Thomas Verhoeven	MNC Dordrecht 3:52.33 +0,62 30.69 +0,44 31.14	4:00.09 +0,40 26.22 +0,44 24.84	+0,62 56.72 51.32
2.	The Hague Swimming (SG) 1 Olivier Jans Kevin Panoet	The Hague Swimming (SG) 3:54.50 +0,69 32.00 +0,39 32.38	4:09.28 +0,43 27.61 +0,33 26.63	+0,69 1:00.50 56.48
3.	Lansingh 1 Robin Lecomte Alex Catsburg	KZV de Lansingh 4:09.58 +0,70 32.26 +0,11 32.71	4:19.35 +0,35 29.94 +0,26 27.05	+0,70 1:06.26 56.07
4.	WVZ 1 Jasper Breugem Sanjiv Gangaram Panday	WVZ 4:14.55 +0,77 33.43 +0,32 32.72	4:21.34 +0,29 28.93 +0,19 28.18	+0,77 1:02.65 59.70
5.	ZV Westland 1 Niels Dijkshoorn Marijn van Giesen	ZV Westland 4:31.54 +0,67 32.44 +0,16 33.58	4:27.47 +0,29 32.54 +0,22 25.93	+0,67 1:10.96 54.75
6.	LZ 1886 1 Robin van Beek Kristiaan Lenos	LZ 1886 4:27.36 +0,60 32.18 +0,46 34.46	4:28.36 +0,51 31.33 +0,26 27.90	+0,60 1:07.54 1:00.04
7.	zc De Schotelijk 1 Jorian Tanis David Kievit	zc De Schotelijk 4:19.55 +0,79 32.37 +0,43 35.44	4:29.68 +0,43 30.53 +0,41 28.32	+0,79 1:08.24 1:00.18
8.	GZC Donk 1 Roel van Grol Paul van Grol	Widex GZC Donk 4:20.67 +0,78 34.54 +0,32 32.35	4:30.96 +0,46 32.15 +0,46 28.34	+0,78 1:08.76 1:00.16
9.	De Geul 1 Max Muller Ben Muller	De Geul 4:30.29 +0,71 31.45 +0,39 35.82	4:44.79 +0,25 30.91 +0,57 31.42	+0,71 1:11.16 1:07.07
10.	LinK 1 Sem Verberg Tjeerd van Stein	LinK 4:30.54 +0,75 36.00 +0,53 38.51	4:49.16 +0,42 31.81 +0,53 29.88	+0,75 1:10.54 1:03.19

Programmanr. 12, Heren, 4 x 100m wisselslag, Senioren Open

rang	vereniging	intijd		tijd	RT			
11.	ZPB-H&L 1	4:46.75		4:55.32	+0,65			
	Robert Speksnijder	+0,65	35.58	1:13.09	Linquendo van der Klooster	+0,26	30.05	1:08.14
	Tygo Korving	+0,37	39.24	1:25.16	Sven Janssens	+0,42	31.57	1:08.93

Programmanr. 13 Heren, 200m wisselslag Junioren 1 en ouder Resultaten
28-5-2017 - 8:45

rang	naam	vereniging	intijd	tijd	RT	100m	200m
Junioren 1							
1.	Abel te Riele	WVZ	2:27.01	200402317	2:33.19	+0,77 412	1:13.46 2:33.19
2.	Julien Tanis	zc De Schotejil	2:29.99	200401045	2:35.77	+0,73 392	1:13.94 2:35.77
3.	Timo Kock	de Devel	2:38.93	200400387	2:36.55	+0,88 386	1:16.60 2:36.55
4.	Pepijn van Egmond	De Watervogels	2:41.49	200402309	2:42.09	+0,73 348	1:12.95 2:42.09
5.	Nathan Janssen	MNC Dordrecht	2:41.81	200401565	2:45.12	+0,76 329	1:20.01 2:45.12
6.	Max van Schagen	De Columbiaan	2:42.05	200402591	2:45.70	+0,72 326	1:18.30 2:45.70
7.	Tim Haimé	The Hague Swimming (SG)	2:44.82	200403567	2:46.56	+0,74 321	1:18.64 2:46.56
8.	Thomas van Peenen	De Columbiaan	2:47.50	200400097	2:46.86	+0,81 319	1:19.85 2:46.86
9.	Olivier Krayenbuhl	The Hague Swimming (SG)	2:40.74	200403215	2:49.33	+0,83 305	1:15.92 2:49.33
10.	Thijm Kruit	De Columbiaan	2:53.09	200401339	2:49.43	+0,87 305	1:20.75 2:49.43
11.	Wen-Ye Chen	The Hague Swimming (SG)	2:48.92	200402859	2:51.61	+0,69 293	1:24.50 2:51.61
12.	Timo Huizer	Wiekslag	2:54.58	200401125	2:55.67	+0,75 273	1:21.60 2:55.67
13.	Guus Geelen	LZ 1886	2:56.42	200401183	2:58.72	+0,76 260	1:22.73 2:58.72
14.	Michael van den Enden	PCG	2:59.30	200401589	3:07.88	+0,73 223	1:29.59 3:07.88
NG.ZA	Kun Woo Kim	The Hague Swimming (SG)	2:47.85	200401361			

Junioren 2

1.	Jelle Bon	ZV Westland	2:32.06	200301077	2:31.19	+0,77 429	1:11.94 2:31.19
2.	Milan Hamel	The Hague Swimming (SG)	2:29.76	200302125	2:31.43	+0,68 427	1:14.83 2:31.43
3.	Perry Laarhoven	ZPCNumansdorp	2:35.44	200301321	2:35.59	+0,90 393	1:14.02 2:35.59
4.	Raphaël Booiman	Wiekslag	2:39.75	200300727	2:39.18	+0,71 367	1:15.14 2:39.18
5.	Milan van Aken	The Hague Swimming (SG)	2:45.36	200303307	2:41.20	+0,82 354	1:14.63 2:41.20
6.	Yassine Maas	The Hague Swimming (SG)	2:52.98	200301505	2:47.38	+0,74 316	1:21.14 2:47.38
7.	Tygo Korving	ZPB-H&L	2:49.54	200300773	2:48.66	+0,89 309	1:20.73 2:48.66
8.	David Jagerman	The Hague Swimming (SG)	2:40.11	200302127	2:49.00	+0,78 307	1:19.36 2:49.00
9.	Stefan Groen	KZV de Lansingh	2:46.39	200301179	2:49.29	+0,76 305	1:21.19 2:49.29
10.	Julian Stok	de Devel	2:43.05	200300071	2:51.94	+0,75 291	1:18.24 2:51.94
11.	Jort Jongenelen	Zoetermeer	2:47.20	200303233	2:51.98	+0,84 291	1:19.76 2:51.98
12.	Maxim Noordman	The Hague Swimming (SG)	2:57.32	200304067	2:55.60	+0,74 274	1:24.79 2:55.60
13.	M. Lopes Cardozo	WZK	2:45.74	200300665	2:57.71	+0,72 264	1:24.37 2:57.71
14.	Thimo van Beek	LZ 1886	2:56.14	200301347	2:58.40	+0,72 261	1:23.05 2:58.40
15.	Brandon Groeneveld	De Geul	2:51.44	200300595	2:59.14	+0,72 258	1:25.08 2:59.14
16.	Daniel Stok	de Devel	2:57.90	200300569	3:04.68	+0,87 235	1:31.02 3:04.68
NG.ZA	Keanu Streefland	The Hague Swimming (SG)	2:23.49	200302445			
NG.ZA	Kenan Cörüz	SG Albion d'ELFT	2:55.32	200300357			

Junioren 3

1.	Bryan Agterdenbos	MNC Dordrecht	2:10.82	200200003	2:18.54	+0,75 557	1:07.29 2:18.54
2.	Nikhom Westphal	SG SCOM/de Zeehond'73	2:15.66	200203329	2:21.07	+0,77 528	1:04.91 2:21.07
3.	Brandon van den Berg	Poseidon'56	2:19.47	200200669	2:24.77	+0,77 488	1:08.20 2:24.77
4.	Niels Dijkshoorn	ZV Westland	2:31.90	200203079	2:29.07	+0,74 447	1:09.26 2:29.07
5.	Guus Hoogduin	LZ 1886	2:26.95	200201069	2:30.39	+0,76 436	1:11.97 2:30.39
6.	Jarno Verbeek	Zoetermeer	2:22.39	200200931	2:32.20	+0,75 420	1:11.89 2:32.20
7.	Robin van Peenen	De Columbiaan	2:26.47	200201059	2:32.55	+0,82 417	1:12.20 2:32.55
8.	Dylano Termoshuizen	WVZ	2:32.41	200202169	2:32.87	+0,76 415	1:09.92 2:32.87
9.	Cas Jansen	The Hague Swimming (SG)	2:34.30	200203263	2:38.01	+0,71 376	1:11.77 2:38.01
10.	Stijn den Otter	de Devel	2:29.99	200200225	2:38.32	+0,68 373	1:12.89 2:38.32
11.	Lougo Gorré	ZV Vlaardingen-Schiedam	2:43.87	200201765	2:39.61	+0,81 364	1:13.03 2:39.61
12.	Luuk van Holstein	ZV Westland	2:42.92	200203841	2:39.94	+0,73 362	1:17.24 2:39.94
13.	Robert Speksnijder	ZPB-H&L	2:38.05	200200429	2:40.39	+0,84 359	1:13.48 2:40.39
14.	Wouter Verdoes	De Columbiaan	2:33.72	200200351	2:41.05	+0,74 355	1:15.77 2:41.05
15.	Thomas van Wanrooij	Poseidon'56	2:42.53	200201473	2:41.69	+0,76 350	1:14.77 2:41.69
16.	Björn de Heus	ZV Vlaardingen-Schiedam	2:36.88	200201077	2:44.80	+0,73 331	1:16.53 2:44.80
17.	Mark Bom	LZ 1886	2:47.53	200201471	2:46.27	+0,69 322	1:19.33 2:46.27
18.	Luc Brasz	The Hague Swimming (SG)	2:50.15	200200919	2:48.55	+0,67 309	1:16.74 2:48.55
19.	Bas van Nisius	The Hague Swimming (SG)	2:42.97	200202107	2:48.61	+0,77 309	1:17.03 2:48.61
20.	Milan Zaaijer	The Hague Swimming (SG)	2:53.28	200202795	2:49.17	+0,76 306	1:18.47 2:49.17

Programmanr. 13, Jongens, 200m wisselslag, Junioren 3

rang	naam	vereniging	intijd	tijd	RT	100m	200m	
21.	Jaap Schoenmakers	ZV Vlaardingen-Schiedam	2:39.86	200200619	2:50.20	+0,72 300	1:18.44	2:50.20
22.	Mathieu Lafontaine	The Hague Swimming (SG)	2:53.46	200204263	2:51.89	+0,85 292	1:19.94	2:51.89
23.	Dylan van Kleij	Poseidon'56	2:47.83	200203297	2:52.19	+0,80 290	1:23.08	2:52.19
24.	Peter van Driel	ZPCNumansdorp	2:46.70	200200305	2:52.75	+0,76 287	1:21.59	2:52.75
25.	Brayden Lauletta	WZK	2:46.90	200204731	2:53.67	+0,73 283	1:22.34	2:53.67
NG.ZA	Rob Lugtenburg	The Hague Swimming (SG)	2:48.47	200201123				

Junioren 4

1.	Quinn van den Heuvel	ZPCNumansdorp	2:13.65	200100297	2:17.58	+0,76 569	1:05.50	2:17.58
2.	Ivo Stolk	SG SCOM/de Zeehond'73	2:15.77	200100615	2:18.90	+0,72 553	1:02.80	2:18.90
3.	Christiaan Smit	The Hague Swimming (SG)	2:19.81	200102463	2:22.30	+0,75 514	1:06.50	2:22.30
4.	Freek Hollander	The Hague Swimming (SG)	2:22.57	200103815	2:22.84	+0,84 508	1:06.39	2:22.84
5.	Tygo van Hassel	WVZ	2:23.23	200101479	2:23.75	+0,77 499	1:07.04	2:23.75
6.	Tjeerd van Stein	Link	2:20.63	200101439	2:26.55	+0,76 471	1:07.75	2:26.55
7.	Sjoerd van Weelden	PCG	2:30.76	200101217	2:30.33	+0,73 436	1:08.82	2:30.33
8.	D. van den Nieuwendijk	De Columbiaan	2:34.45	200100475	2:32.88	+0,77 415	1:11.05	2:32.88
9.	Wesley Scheepbouwer	Wiekslag	2:35.62	200101959	2:34.40	+0,66 403	1:08.82	2:34.40
10.	Jarno van Oijen	SG SCOM/de Zeehond'73	2:29.31	200100055	2:34.71	+0,71 400	1:11.11	2:34.71
11.	Youri ten Brink	The Hague Swimming (SG)	2:31.79	200104719	2:37.88	+0,78 376	1:14.51	2:37.88
12.	David Kras	de Devel	2:33.94	200103253	2:38.73	+0,80 370	1:17.84	2:38.73
13.	Remco Holstege	The Hague Swimming (SG)	2:35.42	200104189	2:38.99	+0,75 369	1:14.25	2:38.99
14.	Boy Borreman	Link	2:29.37	200102751	2:40.32	+0,70 360	1:12.66	2:40.32
15.	Jeroen Reckman	ZPCNumansdorp	2:38.80	200100209	2:43.69	+0,82 338	1:17.42	2:43.69
16.	Jeroen de Mooij	LZ 1886	2:44.67	200100723	2:44.03	+0,67 336	1:13.02	2:44.03
17.	Christian van Mierlo	SG Albion d'ELFT	2:31.84	200103155	2:44.73	+0,60 331	1:15.68	2:44.73
18.	Jaap Akkermans Castro	The Hague Swimming (SG)	2:34.04	200105143	2:46.00	+0,66 324	1:17.58	2:46.00

Jeugd 1 en 2

1.	Olivier Jans	The Hague Swimming (SG)	2:13.58	200001815	2:18.99	+0,75 552	1:06.51	2:18.99
2.	Eric Verdoes	De Columbiaan	2:18.05	199900947	2:20.92	+0,75 529	1:05.64	2:20.92
3.	Noah Legerstee	WVZ	2:17.02	200003593	2:21.36	+0,66 524	1:05.28	2:21.36
4.	David Kievit	zc De Schotejil	2:19.30	199900325	2:25.20	+0,82 484	1:08.33	2:25.20
5.	Rogier Dorsman	de Devel	2:20.86	199900211	2:26.73	+0,73 710	1:08.81	2:26.73
6.	Robin Lecomte	KZV de Lansingh	2:24.09	199900711	2:27.80	+0,70 459	1:08.51	2:27.80
7.	Marc Botter	The Hague Swimming (SG)	2:21.46	200000329	2:27.84	+0,67 458	1:07.74	2:27.84
8.	J. de Roy van Zuydewijn	WVZ	2:20.89	200000255	2:28.04	+0,76 457	1:11.50	2:28.04
9.	Stijn Lafontaine	The Hague Swimming (SG)	2:27.90	200005205	2:29.28	+0,72 445	1:09.53	2:29.28
10.	Otto Pranger	SG SCOM/de Zeehond'73	2:21.50	200000007	2:31.03	+0,71 430	1:09.52	2:31.03
11.	Mark de Jongh	de Devel	2:27.88	200001325	2:31.51	+0,70 426	1:11.77	2:31.51
12.	Ryan van den Ouden	Poseidon'56	2:24.88	199900377	2:33.14	+0,82 413	1:11.27	2:33.14
13.	Tristan Stam	Zob'66	2:25.22	199903551	2:34.29	+0,75 403	1:14.27	2:34.29
14.	Rolf Bavelaar	WVZ	2:29.79	200001747	2:35.69	+0,72 393	1:13.22	2:35.69
15.	Sander van Beek	LZ 1886	2:25.83	200002917	2:37.08	+0,74 382	1:11.79	2:37.08
16.	Aidan van Gool	De Geul	2:38.95	200001773	2:40.99	+0,66 355	1:15.18	2:40.99
17.	Liam van Gool	De Geul	2:36.23	200001111	2:41.30	+0,74 353	1:13.78	2:41.30
NG.ZA	Sybe de Waard	de Devel	2:20.32	199900139				

Senioren 1 en ouder

1.	Thomas Verhoeven	MNC Dordrecht	2:16.16	199700311	2:17.62	+0,75 568	1:03.60	2:17.62
2.	Mike Hoek	De Duck	2:15.30	199702229	2:17.93	+0,75 565	1:02.89	2:17.93
3.	Melvin Prins	Wiekslag	2:13.43	199500201	2:19.06	+0,69 551	1:01.15	2:19.06
4.	Pascal Nuijten	ZV Westland	2:12.81	199701353	2:22.06	+0,79 517	1:04.35	2:22.06
5.	L. van der Klooster	ZPB-H&L	2:18.33	199801361	2:22.18	+0,67 515	1:08.41	2:22.18
6.	Bjorn Scherbeijn	The Hague Swimming (SG)	2:07.36	199600349	2:22.97	+0,72 507	1:05.83	2:22.97
7.	Robin van Beek	LZ 1886	2:20.14	199704023	2:23.37	+0,73 503	1:06.27	2:23.37
8.	Stijn Geelen	MNC Dordrecht	2:16.28	199801363	2:23.62	+0,69 500	1:06.61	2:23.62
9.	Dave Jansen	SG Albion d'ELFT	2:14.77	199805299	2:25.42	+0,69 482	1:07.40	2:25.42
10.	Lars Schoffelmeer	ZPB-H&L	2:18.41	199501907	2:26.21	+0,77 474	1:05.27	2:26.21
11.	Ben Muller	De Geul	2:22.75	199801281	2:29.23	+0,74 446	1:09.18	2:29.23
12.	Jim Geestman	RSW	2:25.09	198300699	2:30.31	+0,82 436	1:11.99	2:30.31
13.	Jan-Willem van den Berg	WVZ	2:24.44	196801575	2:32.58	+0,72 417	1:12.43	2:32.58
14.	Rutger Dalm	KZV de Lansingh	2:23.74	199005561	2:33.24	+0,82 412	1:11.85	2:33.24
15.	Kevin Panoet	The Hague Swimming (SG)	2:21.15	199307253	2:33.30	+0,68 411	1:13.99	2:33.30
NG	Walter Jansen	De Columbiaan	2:24.16	199300225				
NG	Bas Verdoes	De Columbiaan	2:14.79	199801487				

rang	naam	vereniging	intijd		tijd	RT	
Junioren 1							
1.	Niké Telkamp	The Hague Swimming (SG)	38.10	200501088	39.63	+0,72	412
2.	Evelyn Liket	ZV Vlaardingen-Schiedam	39.47	200503118	41.02	+0,81	371
3.	Elise Vink	De Columbiaan	39.98	200502588	41.25	+0,82	365
4.	Emi Schipper	Zob'66	40.80	200502126	41.75	+0,70	352
5.	Lyke Buscop	zc De Schotejil	40.31	200500552	41.94	+0,72	347
6.	Sera Emmers	WZK	42.34	200503264	42.41	+0,63	336
7.	Jennifer de Keizer	MNC Dordrecht	43.33	200501054	42.50	+0,64	334
8.	Soscha van den Heuvel	ZPCNumansdorp	41.72	200500804	42.81	+0,81	327
9.	Milou Demirel	The Hague Swimming (SG)	42.12	200501254	43.60	+0,80	309
10.	Vivianne Woltjes	The Hague Swimming (SG)	43.32	200501524	43.80	+0,91	305
11.	Sylvie Roos	De Kempvis	42.45	200502772	43.83	+0,74	304
	Karlijn Offeringa	ZV Vlaardingen-Schiedam	42.86	200503292	43.83	+0,82	304
13.	Milou Adriaanse	De Columbiaan	41.99	200500968	44.15	+0,78	298
14.	Noor Frijlink	De Columbiaan	43.34	200500970	44.20	+0,76	297
15.	Asha van Lobberegt	de Devel	41.83	200500088	44.25	+0,72	296
16.	Tamara de Gier	Widex GZC Donk	43.66	200502686	44.38	+0,68	293
17.	Merel Schravendijk	The Hague Swimming (SG)	43.26	200503382	44.68	+0,76	287
18.	Laura Hoogenboezem	KZV de Lansingh	43.24	200500390	44.97	+0,81	282
19.	Larissa Punt	de Devel	43.53	200501814	45.27	+0,84	276
Junioren 2							
1.	Danielle Vis	De Columbiaan	36.49	200401044	37.25	+0,80	496
2.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	37.53	200404272	37.38	+0,85	491
3.	Irma van der Wulp	WVZ	37.52	200401950	38.50	+0,70	449
4.	Jade Geurts	De Watervogels	39.72	200402278	39.68	+0,91	410
5.	Tessa Poot	ZV Vlaardingen-Schiedam	41.12	200404264	39.73	+0,72	409
6.	Rinske Bouman	de Devel	38.60	200400578	39.92	+0,77	403
7.	Phaedra Meijer	De Stelle	39.45	200401354	40.08	+0,72	398
8.	Fenna Herwig	Wiekslag	39.92	200400908	40.44	+0,86	387
9.	Lotte van der Maas	Zob'66	39.84	200402376	40.75	+0,80	379
10.	Mary Kate Farrell	The Hague Swimming (SG)	43.30	200402870	41.04	+0,69	371
11.	Anniko Firman	The Hague Swimming (SG)	42.01	200402330	41.47	+1,01	359
12.	Jessica Kras	de Devel	40.18	200400728	42.01	+0,78	346
13.	Jenna Klein	Z&PC Alkemade	41.42	200400914	42.10	+0,79	343
14.	Bobby Jean Fidder	SG Albion d'ELFT	42.24	200402894	42.17	+0,72	342
15.	Éléana Poilpré	The Hague Swimming (SG)	41.25	200404748	42.24	+0,80	340
16.	Lize van Stigt	LinK	42.31	200401510	42.44	+0,63	335
17.	Anique Star	De Columbiaan	41.79	200400446	42.49	+0,75	334
18.	Nora van der Steen	LinK	43.43	200403458	43.09	+0,72	320
19.	Amy-Lynn Brittijn	The Hague Swimming (SG)	41.71	200402158	43.27	+0,71	316
20.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	40.97	200402932	43.45	+0,68	312
21.	Jet van Oudheusden	Zob'66	41.10	200401012	43.83	+0,76	304
22.	Robine Boer	De Columbiaan	42.12	200402180	45.05	+0,74	280
23.	Feija de Bruin	WVZ	46.30	200400106	48.25	+0,81	388
Junioren 3							
1.	Silke Blik	SG Albion d'ELFT	34.81	200301948	36.84	+0,80	512
2.	Kim de Jong	LinK	34.83	200301026	37.20	+0,76	498
3.	Ilse Schoenmaker	The Hague Swimming (SG)	37.95	200301470	38.46	+0,67	450
4.	Maaïke Issard	The Hague Swimming (SG)	37.27	200300022	38.79	+0,80	439
5.	Nicole Akkermans Castro	The Hague Swimming (SG)	38.44	200304942	38.97	+0,82	433
6.	Anouk Brand	MNC Dordrecht	39.42	200302488	39.08	+0,75	429
7.	Wendy ten Wolde	Wiekslag	37.48	200302658	39.59	+0,78	413
8.	Zoë Molenaar	Zoetermeer	39.51	200300978	40.00	+0,70	400
9.	Sanne Vermeulen	The Hague Swimming (SG)	39.82	200303902	40.24	+0,73	393
10.	Noa de Bock	De Duck	40.30	200300318	41.32	+0,66	363
11.	Joyce van 't Hof	de Devel	40.63	200302122	41.48	+0,69	359
12.	Lotte Koornneef	The Hague Swimming (SG)	41.05	200303584	41.81	+0,76	351
13.	Femke Hoppenbrouwer	The Hague Swimming (SG)	40.95	200301124	42.17	+0,79	342
14.	Maaïke van Lochem	Zoetermeer	42.64	200301390	42.36	+0,83	337
15.	Desny Kloet	De Duck	41.09	200304202	42.66	+0,66	330
16.	Esther Reinders	KZV de Lansingh	39.71	200301798	42.72	+0,60	329
17.	Julia Notenboom	De Columbiaan	39.79	200302596	42.80	+0,76	327
18.	Marije de Jager	LinK	42.36	200301394	42.92	+0,81	324
19.	Kim Rutters	De Kempvis	40.91	200302318	43.28	+0,80	316
20.	Mirée de Vette	ZPCNumansdorp	41.12	200301218	43.69	+0,79	307

Programmanr. 14, Meisjes, 50m schoolslag, Junioren 3

rang	naam	vereniging	intijd		tijd	RT	
21.	Mara Bosman	The Hague Swimming (SG)	42.61	200303048	43.97	+0,67	301

Jeugd 1 en 2

1.	Sanne Busch	MNC Dordrecht	32.49	200101486	32.42	+0,67	752
2.	Lynn Blommers	AZC	33.83	200105062	34.90	+0,62	603
3.	Jip Veeman	The Hague Swimming (SG)	35.21	200106100	35.47	+0,73	574
4.	Eline Duynisveld	WVZ	35.58	200103958	35.51	+0,78	572
5.	Marlinde Beukers	WVZ	35.13	200101934	35.57	+0,71	569
6.	Lotte Hosper	The Hague Swimming (SG)	35.71	200201414	35.64	+0,78	566
7.	Isa Boom	MNC Dordrecht	35.22	200200186	36.53	+0,70	526
8.	Grace Anderson	WVZ	36.21	200200578	36.60	+0,72	523
9.	Sam IJzerman	De Geul	36.46	200101204	37.04	+0,71	504
10.	Anniek de Ruiters	Widex GZC Donk	36.10	200101224	37.24	+0,77	496
11.	Nienke Mierop	zc De Schotejil	36.94	200203294	37.81	+0,74	474
	Floor de Kievit	The Hague Swimming (SG)	38.30	200100238	37.81	+0,81	474
13.	Fleur van Norren	KZV de Lansingh	36.65	200204432	38.16	+0,79	461
14.	Giulia Corsi	De Columbiaan	36.53	200100468	38.17	+0,77	461
15.	Rozemarijn van Haaff	Zob'66	36.37	200201852	38.50	+0,74	449
16.	Manon Middelbos	zc De Schotejil	37.20	200100056	38.76	+0,74	440
17.	Almudena Visser Velez	The Hague Swimming (SG)	39.45	200205904	38.95	+0,74	434
18.	Samantha Gerritse	Link	39.07	200102062	39.39	+0,62	419
19.	Kristel Beijik	De Columbiaan	38.13	200201278	39.55	+0,82	414
20.	Danique Gieltsjes	PCG	38.42	200102572	39.86	+0,71	405
21.	Elyanne Boudestein	Zoetermeer	36.48	200101060	39.92	+0,77	403
22.	Amber Hesper	Van Vliet-Barracuda	37.77	200202188	40.08	+0,77	398
23.	Susan van Grol	Widex GZC Donk	39.04	200201344	40.31	+0,71	391
24.	Bibi Middelbos	zc De Schotejil	38.64	200201548	40.53	+0,69	385
25.	Anna Hoogenboezem	KZV de Lansingh	40.14	200200658	41.24	+0,79	365
26.	Diana Noordermeer	SG SCOM/de Zeehond'73	39.95	200102110	41.89	+0,77	349
27.	Anouk Ruijters	Van Vliet-Barracuda	39.88	200203828	41.90	+0,83	348
28.	Esmee Wijnmaalen	PCG	39.54	200100298	41.97	+0,77	347
29.	Amy van Leersum	Poseidon'56	40.44	200200300	42.11	+0,76	343
30.	Shanti van Kan	Poseidon'56	41.56	200102446	43.18	+0,81	318
31.	Amber Kuntkes	ZPCNumansdorp	42.63	200202458	44.52	+0,77	290
AFGEM	Sophie de Jonge	SG SCOM/de Zeehond'73	34.12	200200118			
NG	Megan van Beelen	De Columbiaan	38.06	200105606			

Senioren 1 en ouder

1.	Myrthe Bakker	MNC Dordrecht	32.99	200000804	33.80	+0,74	663
2.	Nicole Bennis	WVZ	33.07	199600470	34.39	+0,70	630
3.	Lianne Bouwmeester	De Columbiaan	33.42	200000956	34.42	+0,80	628
4.	Lotte Middelbos	zc De Schotejil	34.43	199900680	36.37	+0,74	533
5.	Inge van der Hoek	The Hague Swimming (SG)	37.45	199204034	37.20	+0,69	498
6.	Aniek Erenstein-Huijsman	KZV de Lansingh	35.85	198801932	37.94	+0,76	469
7.	Isabel van der Boor	MNC Dordrecht	35.97	199901330	38.07	+0,70	464
8.	Esmeralda van Werkhoven	PCG	37.14	199900412	39.19	+0,81	426
9.	Hanna Looi	de Devel	38.11	200006090	40.18	+0,74	395
	Celina von Berg	ZV Westland	39.19	200002596	40.18	+0,62	395
11.	Kirsten de Hoog	SG SCOM/de Zeehond'73	39.02	200000460	40.27	+0,78	392
12.	Moniek Heemskerck	LZ 1886	37.93	199601964	40.63	+0,80	382
13.	Kirana Hoogenbosch	De Geul	39.00	200003428	42.01	+0,65	346
NG.ZA	Nicoline Schol	BZ&PC	37.76	200003600			
NG	Marielle van der Vaart	ZV Vlaardingen-Schiedam	37.47	200000994			
NG	Lincy de Winter	The Hague Swimming (SG)	38.79	199805886			

Programmanr. 15
28-5-2017 - 9:55

Jongens, 1500m vrije slag

12 - 15 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Abel te Riele	WVZ	18:51.78	200402317	18:50.37	458
	100m:	1:09.64	1:09.64	500m:	900m:	1300m:
	200m:	2:26.52	1:16.88	600m:	1000m:	1400m:
	300m:			700m:	1100m:	1500m:
	400m:	4:59.11		800m:	10:05.37	18:50.37
				1200m:		

Programmanr. 15, Jongens, 1500m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	200300817	tijd	RT
2.	Dylan Jansen	WVZ	19:15.52	200300817	19:05.77	439
	100m: 1:09.23	1:09.23	500m:	900m:	1300m:	
	200m: 2:27.76	1:18.53	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 19:05.77	
	400m: 5:02.51		800m: 10:11.17	1200m:		
3.	Milan Hamel	The Hague Swimming (SG)	19:03.09	200302125	19:07.08	438
	100m: 1:10.81	1:10.81	500m:	900m:	1300m:	
	200m: 2:29.21	1:18.40	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 19:07.08	
	400m: 5:05.06		800m: 10:18.65	1200m:		
4.	Senna Mooldijk	De Kempvis	18:54.14	200301147	19:07.88	437
	100m: 1:10.22	1:10.22	500m:	900m:	1300m:	
	200m: 2:27.36	1:17.14	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 19:07.88	
	400m: 5:02.68		800m: 10:11.31	1200m:		
5.	Daan Hogerhuis	SG Albion d'ELFT	18:59.93	200300317	19:11.90	432
	100m: 1:10.20	1:10.20	500m:	900m:	1300m:	
	200m: 2:27.95	1:17.75	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 19:11.90	
	400m: 5:03.28		800m: 10:14.22	1200m:		
6.	Erik Oldenkamp	KZV de Lansingh	19:32.01	200400597	19:23.42	420
	100m: 1:11.20	1:11.20	500m:	900m:	1300m:	
	200m: 2:29.40	1:18.20	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 19:23.42	
	400m: 5:05.81		800m: 10:19.05	1200m:		
7.	Bjarne Buijs	The Hague Swimming (SG)	20:00.01	200301089	20:06.01	377
	100m: 1:11.41	1:11.41	500m:	900m:	1300m:	
	200m: 2:32.00	1:20.59	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 20:06.01	
	400m: 5:14.59		800m: 10:41.94	1200m:		
8.	Yassine Maas	The Hague Swimming (SG)	19:56.39	200301505	20:06.98	376
	100m: 1:10.34	1:10.34	500m:	900m:	1300m:	
	200m: 2:28.91	1:18.57	600m:	1000m:	1400m:	
	300m:		700m:	1100m:	1500m: 20:06.98	
	400m: 5:10.44		800m: 9:45.38	1200m:		

Junioren 3 en 4

1.	Thomas Jansen	WVZ	16:12.18	200100143	16:31.21	679		
	100m: 1:02.65	1:02.65	500m: 5:29.31	1:07.14	900m: 9:55.94	1:06.68	1300m: 14:21.57	1:06.25
	200m: 2:09.05	1:06.40	600m: 6:36.23	1:06.92	1000m: 11:02.47	1:06.53	1400m: 15:27.50	1:05.93
	300m: 3:15.70	1:06.65	700m: 7:42.63	1:06.40	1100m: 12:08.71	1:06.24	1500m: 16:31.21	1:03.71
	400m: 4:22.17	1:06.47	800m: 8:49.26	1:06.63	1200m: 13:15.32	1:06.61		
2.	Christiaan Smit	The Hague Swimming (SG)	16:52.40	200102463	17:46.58	545		
	100m: 1:06.50	1:06.50	500m:	900m:	1300m:			
	200m: 2:17.77	1:11.27	600m:	1000m:	1400m:			
	300m:		700m:	1100m:	1500m: 17:46.58			
	400m: 4:40.58		800m: 9:27.14	1200m:				
3.	Floris de Leeuw	The Hague Swimming (SG)	17:28.16	200105317	17:54.62	533		
	100m: 1:05.95	1:05.95	500m:	900m:	1300m:			
	200m: 2:18.38	1:12.43	600m:	1000m:	1400m:			
	300m:		700m:	1100m:	1500m: 17:54.62			
	400m: 4:43.19		800m: 9:34.72	1200m:				
4.	Niels Dijkshoorn	ZV Westland	19:19.98	200203079	18:46.42	462		
	100m: 1:09.07	1:09.07	500m:	900m:	1300m:			
	200m: 2:25.40	1:16.33	600m:	1000m:	1400m:			
	300m:		700m:	1100m:	1500m: 18:46.42			
	400m: 5:00.41		800m: 10:07.26	1200m:				
5.	Bas van Nisius	The Hague Swimming (SG)	19:10.81	200202107	19:10.93	433		
	100m: 1:10.64	1:10.64	500m:	900m:	1300m:			
	200m: 2:28.45	1:17.81	600m:	1000m:	1400m:			
	300m:		700m:	1100m:	1500m: 19:10.93			
	400m: 5:04.07		800m: 10:16.68	1200m:				
6.	Guus Hoogduin	LZ 1886	18:41.51	200201069	19:14.82	429		
	100m: 1:09.07	1:09.07	500m:	900m:	1300m:			
	200m: 2:24.44	1:15.37	600m:	1000m:	1400m:			
	300m:		700m:	1100m:	1500m: 19:14.82			
	400m: 5:00.66		800m: 10:10.10	1200m:				
7.	Dylano Termoshuizen	WVZ	19:34.54	200202169	19:47.13	395		
	100m: 1:13.92	1:13.92	500m:	900m:	1300m:			
	200m: 2:35.24	1:21.32	600m:	1000m:	1400m:			
	300m:		700m:	1100m:	1500m: 19:47.13			
	400m: 5:14.30		800m: 10:31.79	1200m:				
8.	Jaap Akkermans Castro	The Hague Swimming (SG)	19:27.38	200105143	20:11.05	372		
	100m: 1:12.54	1:12.54	500m:	900m:	1300m:			
	200m: 2:32.04	1:19.50	600m:	1000m:	1400m:			
	300m:		700m:	1100m:	1500m: 20:11.05			
	400m: 5:14.10		800m: 10:42.26	1200m:				

Programmanr. 15, Jongens, 1500m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
9.	Boy Borreman	Link	19:33.91	200102751	20:52.46
	100m: 1:10.99	1:10.99	500m:	900m:	1300m:
	200m: 2:32.01	1:21.02	600m:	1000m:	1400m:
	300m:		700m:	1100m:	1500m: 20:52.46
	400m: 5:16.96		800m: 10:51.74	1200m:	

Programmanr. 16
28-5-2017 - 10:55

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m		
Junioren 1											
1.	Isa Maes	de Devel	5:14.11	200500110	5:16.67	+0,71	427	1:16.49	2:39.04	4:00.03	5:16.67
	50m: 36.46	36.46	150m: 1:57.96	41.47	250m: 3:19.48	40.44	350m: 4:40.52	40.49			
	100m: 1:16.49	40.03	200m: 2:39.04	41.08	300m: 4:00.03	40.55	400m: 5:16.67	36.15			
2.	Merel Schravendijk	The Hague Swimming	(5:27.33	200503382	5:17.18	+0,76	424	1:16.32	2:37.33	3:58.78	5:17.18
	50m: 36.27	36.27	150m: 1:56.63	40.31	250m: 3:17.84	40.51	350m: 4:38.88	40.10			
	100m: 1:16.32	40.05	200m: 2:37.33	40.70	300m: 3:58.78	40.94	400m: 5:17.18	38.30			
3.	Aisha Nobels	zc De Schoteijl	5:19.14	200501710	5:18.78	+0,69	418	1:17.69	2:38.71	4:01.61	5:18.78
	50m: 37.95	37.95	150m: 1:58.89	41.20	250m: 3:20.31	41.60	350m: 4:41.64	40.03			
	100m: 1:17.69	39.74	200m: 2:38.71	39.82	300m: 4:01.61	41.30	400m: 5:18.78	37.14			
4.	Emma Verkuil	Van Vliet-Barracuda	5:19.80	200500826	5:20.05	+0,83	413	1:16.38	2:38.19	4:00.53	5:20.05
	50m: 36.09	36.09	150m: 1:56.65	40.27	250m: 3:18.75	40.56	350m: 4:41.10	40.57			
	100m: 1:16.38	40.29	200m: 2:38.19	41.54	300m: 4:00.53	41.78	400m: 5:20.05	38.95			
5.	Asha van Lobberegt	de Devel	5:13.49	200500088	5:23.92	+0,64	399	1:14.48	2:36.97	4:00.20	5:23.92
	50m: 34.51	34.51	150m: 1:55.48	41.00	250m: 3:18.24	41.27	350m: 4:41.62	41.42			
	100m: 1:14.48	39.97	200m: 2:36.97	41.49	300m: 4:00.20	41.96	400m: 5:23.92	42.30			
6.	Vivianne Woltjes	The Hague Swimming	(5:19.00	200501524	5:24.94	+0,74	395	1:15.05	2:37.97	4:02.53	5:24.94
	50m: 34.58	34.58	150m: 1:56.43	41.38	250m: 3:19.84	41.87	350m: 4:44.82	42.29			
	100m: 1:15.05	40.47	200m: 2:37.97	41.54	300m: 4:02.53	42.69	400m: 5:24.94	40.12			
7.	Niké Telkamp	The Hague Swimming	(5:25.18	200501088	5:26.12	+0,59	391	1:16.55	2:40.60	4:04.68	5:26.12
	50m: 36.26	36.26	150m: 1:59.03	42.48	250m: 3:23.11	42.51	350m: 4:46.80	42.12			
	100m: 1:16.55	40.29	200m: 2:40.60	41.57	300m: 4:04.68	41.57	400m: 5:26.12	39.32			
8.	Laura Hoogenboezem	KZV de Lansingh	5:26.34	200500390	5:33.22	+0,80	366	1:18.48	2:43.02	4:09.58	5:33.22
	50m: 37.40	37.40	150m: 2:00.39	41.91	250m: 3:26.15	43.13	350m: 4:52.40	42.82			
	100m: 1:18.48	41.08	200m: 2:43.02	42.63	300m: 4:09.58	43.43	400m: 5:33.22	40.82			
9.	Sera Emmers	WZK	5:54.43	200503264	5:43.31	+0,74	335	1:23.13	2:53.18	4:21.55	5:43.31
	50m: 38.09	38.09	150m: 2:09.23	46.10	250m: 3:38.51	45.33	350m: 5:04.84	43.29			
	100m: 1:23.13	45.04	200m: 2:53.18	43.95	300m: 4:21.55	43.04	400m: 5:43.31	38.47			
10.	Felicia Bosse	WZK	5:36.10	200504468	5:47.95	+0,90	322	1:20.65	2:49.79	4:19.80	5:47.95
	<i>*250m tijd is backup tijd</i>										
	50m: 37.41	37.41	150m: 2:05.19	44.54	250m: 3:34.03	44.24	350m: 5:04.09	44.29			
	100m: 1:20.65	43.24	200m: 2:49.79	44.60	300m: 4:19.80	45.77	400m: 5:47.95	43.86			
11.	Noor Frijlink	De Columbiaan	5:44.07	200500970	5:51.63	+0,89	312	1:23.46	2:53.76	4:25.05	5:51.63
	50m: 38.96	38.96	150m: 2:08.34	44.88	250m: 3:39.27	45.51	350m: 5:08.92	43.87			
	100m: 1:23.46	44.50	200m: 2:53.76	45.42	300m: 4:25.05	45.78	400m: 5:51.63	42.71			
12.	Mar Stoel	Link	5:37.24	200500520	5:55.87	+0,77	301	1:21.94	2:52.35	4:25.06	5:55.87
	50m: 38.49	38.49	150m: 2:06.51	44.57	250m: 3:38.13	45.78	350m: 5:10.38	45.32			
	100m: 1:21.94	43.45	200m: 2:52.35	45.84	300m: 4:25.06	46.93	400m: 5:55.87	45.49			
Junioren 2											
1.	Anna van Droffelaar	ZV Vlaardingen-Schied	4:54.55	200400258	4:59.12	+0,71	506	1:09.83	2:27.46	3:45.80	4:59.12
	50m: 32.59	32.59	150m: 1:48.30	38.47	250m: 3:06.56	39.10	350m: 4:24.34	38.54			
	100m: 1:09.83	37.24	200m: 2:27.46	39.16	300m: 3:45.80	39.24	400m: 4:59.12	34.78			
2.	Rinske Bouman	de Devel	4:57.23	200400578	4:59.52	+0,79	504	1:10.70	2:28.68	3:47.41	4:59.52
	50m: 33.49	33.49	150m: 1:49.50	38.80	250m: 3:07.93	39.25	350m: 4:25.55	38.14			
	100m: 1:10.70	37.21	200m: 2:28.68	39.18	300m: 3:47.41	39.48	400m: 4:59.52	33.97			
3.	Isis Naaktgeboren	de Devel	4:54.78	200403914	5:02.70	+0,86	488	1:12.27	2:31.10	3:49.79	5:02.70
	50m: 33.78	33.78	150m: 1:51.90	39.63	250m: 3:10.83	39.73	350m: 4:28.15	38.36			
	100m: 1:12.27	38.49	200m: 2:31.10	39.20	300m: 3:49.79	38.96	400m: 5:02.70	34.55			
4.	Mary Kate Farrell	The Hague Swimming	(5:10.26	200402870	5:03.18	+0,69	486	1:11.54	2:28.95	3:46.99	5:03.18
	50m: 34.02	34.02	150m: 1:50.06	38.52	250m: 3:07.84	38.89	350m: 4:25.33	38.34			
	100m: 1:11.54	37.52	200m: 2:28.95	38.89	300m: 3:46.99	39.15	400m: 5:03.18	37.85			
5.	Milou van Wijk	de Devel	5:25.98	200404948	5:10.55	+0,78	452	1:12.08	2:31.34	3:52.35	5:10.55
	50m: 33.97	33.97	150m: 1:51.57	39.49	250m: 3:11.15	39.81	350m: 4:32.21	39.86			
	100m: 1:12.08	38.11	200m: 2:31.34	39.77	300m: 3:52.35	41.20	400m: 5:10.55	38.34			
6.	Anniko Firman	The Hague Swimming	(5:21.60	200402330	5:13.60	+0,68	439	1:13.82	2:34.76	3:56.20	5:13.60
	50m: 33.75	33.75	150m: 1:54.17	40.35	250m: 3:15.70	40.94	350m: 4:35.74	39.54			
	100m: 1:13.82	40.07	200m: 2:34.76	40.59	300m: 3:56.20	40.50	400m: 5:13.60	37.86			

Programmanr. 16, Meisjes, 400m vrije slag, Junioren 2

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m	
7. Irma van der Wulp	WVZ	5:07.56	200401950	5:13.71 +0,79	439	1:15.27	2:34.92	3:55.71	5:13.71
50m: 35.61	35.61	150m: 1:54.29	39.02	250m: 3:14.99	40.07	350m: 4:35.42	39.71		
100m: 1:15.27	39.66	200m: 2:34.92	40.63	300m: 3:55.71	40.72	400m: 5:13.71	38.29		
8. Lize van Stigt	LinK	5:20.45	200401510	5:15.68 +0,70	431	1:14.42	2:37.19	3:58.77	5:15.68
50m: 34.57	34.57	150m: 1:55.78	41.36	250m: 3:17.64	40.45	350m: 4:38.15	39.38		
100m: 1:14.42	39.85	200m: 2:37.19	41.41	300m: 3:58.77	41.13	400m: 5:15.68	37.53		
9. Danielle Vis	De Columbiaan	5:29.31	200401044	5:15.73 +0,72	430	1:15.48	2:35.96	3:56.84	5:15.73
50m: 35.89	35.89	150m: 1:55.53	40.05	250m: 3:16.56	40.60	350m: 4:36.89	40.05		
100m: 1:15.48	39.59	200m: 2:35.96	40.43	300m: 3:56.84	40.28	400m: 5:15.73	38.84		
10. Nora van der Steen	LinK	5:10.79	200403458	5:17.80 +0,76	422	1:15.66	2:37.66	4:00.70	5:17.80
50m: 35.20	35.20	150m: 1:56.73	41.07	250m: 3:19.71	42.05	350m: 4:40.52	39.82		
100m: 1:15.66	40.46	200m: 2:37.66	40.93	300m: 4:00.70	40.99	400m: 5:17.80	37.28		
11. Feija de Bruin	WVZ	5:10.95	200400106	5:22.72 +0,86	604	1:15.80	2:37.97	4:00.89	5:22.72
50m: 36.37	36.37	150m: 1:56.83	41.03	250m: 3:19.16	41.19	350m: 4:42.20	41.31		
100m: 1:15.80	39.43	200m: 2:37.97	41.14	300m: 4:00.89	41.73	400m: 5:22.72	40.52		
12. M. van 't Walderveen	Zoetermeer	5:36.02	200400902	5:28.82 +0,79	381	1:18.28	2:41.92	4:06.64	5:28.82
50m: 36.63	36.63	150m: 2:00.57	42.29	250m: 3:24.33	42.41	350m: 4:49.18	42.54		
100m: 1:18.28	41.65	200m: 2:41.92	41.35	300m: 4:06.64	42.31	400m: 5:28.82	39.64		
13. Fenna Herwig	Wiekslag	5:29.72	200400908	5:29.96 +0,87	377	1:19.00	2:44.46	4:11.67	5:29.96
50m: 36.87	36.87	150m: 2:01.85	42.85	250m: 3:28.45	43.99	350m: 4:53.33	41.66		
100m: 1:19.00	42.13	200m: 2:44.46	42.61	300m: 4:11.67	43.22	400m: 5:29.96	36.63		
14. Anique Star	De Columbiaan	5:13.03	200400446	5:32.36 +0,80	369	1:16.73	2:43.05	4:10.97	5:32.36
50m: 36.02	36.02	150m: 1:59.56	42.83	250m: 3:26.84	43.79	350m: 4:53.54	42.57		
100m: 1:16.73	40.71	200m: 2:43.05	43.49	300m: 4:10.97	44.13	400m: 5:32.36	38.82		
15. Fiona Moerman	The Hague Swimming	5:35.23	200401668	5:33.97 +0,74	364	1:17.40	2:44.13	4:11.87	5:33.97
50m: 36.40	36.40	150m: 2:00.13	42.73	250m: 3:27.58	43.45	350m: 4:54.50	42.63		
100m: 1:17.40	41.00	200m: 2:44.13	44.00	300m: 4:11.87	44.29	400m: 5:33.97	39.47		
16. Zinzi van der Maas	WVZ	5:31.35	200402028	5:34.75 +0,99	361	1:18.82	2:45.23	4:12.15	5:34.75
50m: 37.54	37.54	150m: 2:01.69	42.87	250m: 3:28.93	43.70	350m: 4:54.96	42.81		
100m: 1:18.82	41.28	200m: 2:45.23	43.54	300m: 4:12.15	43.22	400m: 5:34.75	39.79		
17. Jet van Oudheusden	Zob'66	5:40.91	200401012	5:42.20 +0,76	338	1:21.23	2:51.41	4:20.58	5:42.20
50m: 38.32	38.32	150m: 2:06.19	44.96	250m: 3:36.02	44.61	350m: 5:03.58	43.00		
100m: 1:21.23	42.91	200m: 2:51.41	45.22	300m: 4:20.58	44.56	400m: 5:42.20	38.62		
18. Z. van de Voorde	The Hague Swimming	5:44.53	200402932	5:42.23 +0,71	338	1:21.14	2:51.17	4:21.29	5:42.23
50m: 38.29	38.29	150m: 2:06.08	44.94	250m: 3:36.55	45.38	350m: 5:03.87	42.58		
100m: 1:21.14	42.85	200m: 2:51.17	45.09	300m: 4:21.29	44.74	400m: 5:42.23	38.36		
19. Danique van den Berg	MNC Dordrecht	5:32.64	200402374	5:42.29 +0,78	338	1:20.13	2:47.80	4:16.39	5:42.29
50m: 37.11	37.11	150m: 2:03.66	43.53	250m: 3:31.63	43.83	350m: 5:00.78	44.39		
100m: 1:20.13	43.02	200m: 2:47.80	44.14	300m: 4:16.39	44.76	400m: 5:42.29	41.51		
20. Dagmar Nieuwenhuizen	De Kempvis	5:37.38	200400732	5:48.62 +0,83	320	1:21.64	2:51.85	4:21.75	5:48.62
50m: 38.27	38.27	150m: 2:06.59	44.95	250m: 3:36.93	45.08	350m: 5:06.06	44.31		
100m: 1:21.64	43.37	200m: 2:51.85	45.26	300m: 4:21.75	44.82	400m: 5:48.62	42.56		
21. Juliette Boon	de Devel	5:26.10	200401908	6:00.36 +0,73	289	1:21.19	2:55.37	4:32.69	6:00.36
50m: 36.81	36.81	150m: 2:06.59	45.40	250m: 3:42.96	47.59	350m: 5:18.83	46.14		
100m: 1:21.19	44.38	200m: 2:55.37	48.78	300m: 4:32.69	49.73	400m: 6:00.36	41.53		
22. Indy Konings	RSW	6:00.49	200400694	6:11.32 +0,66	265	1:27.62	3:04.62	4:43.22	6:11.32
<i>*350m tijd is backup tijd</i>									
50m: 41.23	41.23	150m: 2:15.69	48.07	250m: 3:54.70	50.08	350m: 5:31.10	47.88		
100m: 1:27.62	46.39	200m: 3:04.62	48.93	300m: 4:43.22	48.52	400m: 6:11.32	40.22		
NG Lindsay Wagner	ZPB-H&L	5:27.98	200400380						

Junioren 3

1. Maaïke Issard	The Hague Swimming	4:51.72	200300022	4:51.21 +0,77	548	1:06.49	2:21.83	3:37.68	4:51.21
50m: 31.42	31.42	150m: 1:43.79	37.30	250m: 2:59.38	37.55	350m: 4:14.84	37.16		
100m: 1:06.49	35.07	200m: 2:21.83	38.04	300m: 3:37.68	38.30	400m: 4:51.21	36.37		
2. Kim de Jong	LinK	4:49.33	200301026	4:57.42 +0,87	515	1:09.90	2:25.74	3:42.68	4:57.42
50m: 33.48	33.48	150m: 1:47.74	37.84	250m: 3:04.22	38.48	350m: 4:21.02	38.34		
100m: 1:09.90	36.42	200m: 2:25.74	38.00	300m: 3:42.68	38.46	400m: 4:57.42	36.40		
3. Amy Koelman	De Columbiaan	4:57.17	200300922	5:05.71 +0,75	474	1:09.44	2:28.31	3:48.64	5:05.71
50m: 32.54	32.54	150m: 1:48.40	38.96	250m: 3:08.21	39.90	350m: 4:28.19	39.55		
100m: 1:09.44	36.90	200m: 2:28.31	39.91	300m: 3:48.64	40.43	400m: 5:05.71	37.52		
4. Kim Rutters	De Kempvis	4:54.88	200302318	5:08.24 +0,81	462	1:10.64	2:29.15	3:49.92	5:08.24
50m: 33.35	33.35	150m: 1:49.78	39.14	250m: 3:09.27	40.12	350m: 4:30.52	40.60		
100m: 1:10.64	37.29	200m: 2:29.15	39.37	300m: 3:49.92	40.65	400m: 5:08.24	37.72		
5. Femke Hoppenbrouwer	The Hague Swimming	5:18.38	200301124	5:08.78 +0,79	460	1:13.05	2:32.88	3:52.12	5:08.78
50m: 34.11	34.11	150m: 1:52.66	39.61	250m: 3:12.16	39.28	350m: 4:30.98	38.86		
100m: 1:13.05	38.94	200m: 2:32.88	40.22	300m: 3:52.12	39.96	400m: 5:08.78	37.80		
6. Sanne Vermeulen	The Hague Swimming	4:57.56	200303902	5:10.61 +0,80	452	1:10.93	2:30.92	3:52.09	5:10.61
50m: 32.48	32.48	150m: 1:50.31	39.38	250m: 3:11.13	40.21	350m: 4:32.82	40.73		
100m: 1:10.93	38.45	200m: 2:30.92	40.61	300m: 3:52.09	40.96	400m: 5:10.61	37.79		

Programmanr. 16, Meisjes, 400m vrije slag, Junioren 3

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m	
7. Britt van Bommel	De Columbiaan	4:59.23	200301982	5:12.93 +0,78	442	1:11.42	2:31.58	3:53.10	5:12.93
50m: 33.44	150m: 39.84	250m: 3:12.56	40.98	350m: 4:33.82	40.72	100m: 1:11.42	200m: 2:31.58	300m: 3:53.10	400m: 5:12.93
8. Silke Bliëk	SG Albion d'ELFT	5:07.07	200301948	5:15.70 +0,82	430	1:16.80	2:37.30	3:56.99	5:15.70
50m: 36.48	150m: 40.01	250m: 3:17.51	40.21	350m: 4:36.28	39.29	100m: 1:16.80	200m: 2:37.30	300m: 3:56.99	400m: 5:15.70
9. Esther Reinders	KZV de Lansingh	4:59.93	200301798	5:16.28 +0,74	428	1:12.71	2:33.97	3:56.92	5:16.28
50m: 33.93	150m: 40.18	250m: 3:15.46	41.49	350m: 4:37.87	40.95	100m: 1:12.71	200m: 2:33.97	300m: 3:56.92	400m: 5:16.28
10. Joyce van 't Hof	de Devel	5:09.98	200302122	5:19.03 +0,61	417	1:12.62	2:34.77	3:58.03	5:19.03
50m: 33.68	150m: 41.13	250m: 3:15.80	41.03	350m: 4:39.03	41.00	100m: 1:12.62	200m: 2:34.77	300m: 3:58.03	400m: 5:19.03
11. Mara Bosman	The Hague Swimming (5:11.68)	200303048	5:21.06 +0,71	409	1:17.01	2:38.47	4:01.07	5:21.06	
50m: 36.52	150m: 40.45	250m: 3:19.50	41.03	350m: 4:41.63	40.56	100m: 1:17.01	200m: 2:38.47	300m: 4:01.07	400m: 5:21.06
12. Wendy ten Wolde	Wiekslag	5:03.70	200302658	5:23.17 +0,81	401	1:11.03	2:34.56	4:00.18	5:23.17
50m: 32.57	150m: 41.12	250m: 3:17.32	42.76	350m: 4:42.24	42.06	100m: 1:11.03	200m: 2:34.56	300m: 4:00.18	400m: 5:23.17
13. Marije de Jager	LinK	5:58.69	200301394	5:24.10 +0,84	398	1:14.89	2:38.20	4:02.74	5:24.10
50m: 34.55	150m: 41.04	250m: 3:20.08	41.88	350m: 4:44.56	41.82	100m: 1:14.89	200m: 2:38.20	300m: 4:02.74	400m: 5:24.10
14. Julia Notenboom	De Columbiaan	5:12.77	200302596	5:29.21 +0,83	380	1:15.68	2:39.93	4:06.21	5:29.21
50m: 35.53	150m: 41.38	250m: 3:22.75	42.82	350m: 4:48.71	42.50	100m: 1:15.68	200m: 2:39.93	300m: 4:06.21	400m: 5:29.21
15. N. Akkermans Castro	The Hague Swimming (5:11.82)	200304942	5:32.58 +0,79	368	1:18.89	2:44.68	4:10.56	5:32.58	
50m: 37.33	150m: 42.68	250m: 3:27.09	42.41	350m: 4:52.36	41.80	100m: 1:18.89	200m: 2:44.68	300m: 4:10.56	400m: 5:32.58
16. Daphne Zoetekouw	SG SCOM/de Zeehond(5:19.93)	200301750	5:33.06 +0,70	367	1:18.35	2:44.25	4:09.81	5:33.06	
50m: 36.49	150m: 42.89	250m: 3:26.97	42.72	350m: 4:52.75	42.94	100m: 1:18.35	200m: 2:44.25	300m: 4:09.81	400m: 5:33.06
17. Julia de Heide	KZV de Lansingh	5:26.08	200302934	5:40.04 +0,62	344	1:17.34	2:44.77	4:13.51	5:40.04
<i>*eind tijd is backup tijd</i>									
50m: 36.16	150m: 43.19	250m: 3:28.88	44.11	350m: 4:57.47	43.96	100m: 1:17.34	200m: 2:44.77	300m: 4:13.51	400m: 5:40.04
18. Desny Kloet	De Duck	5:54.24	200304202	5:51.29 +0,69	312	1:22.76	2:53.43	4:25.58	5:51.29
50m: 38.21	150m: 45.02	250m: 3:39.89	46.46	350m: 5:11.54	45.96	100m: 1:22.76	200m: 2:53.43	300m: 4:25.58	400m: 5:51.29

Jeugd 1 en 2

1. Lotte Hosper	The Hague Swimming (4:36.27)	200201414	4:34.12 +0,75	658	1:03.20	2:12.73	3:23.99	4:34.12	
50m: 30.26	150m: 34.52	250m: 2:48.35	35.62	350m: 3:59.93	35.94	100m: 1:03.20	200m: 2:12.73	300m: 3:23.99	400m: 4:34.12
2. Marlinde Beukers	WVZ	4:44.92	200101934	4:47.16 +0,72	572	1:07.46	2:21.30	3:35.56	4:47.16
50m: 31.57	150m: 36.91	250m: 2:58.38	37.08	350m: 4:12.70	37.14	100m: 1:07.46	200m: 2:21.30	300m: 3:35.56	400m: 4:47.16
3. Giulia Corsi	De Columbiaan	4:43.88	200100468	4:47.25 +0,74	571	1:09.19	2:22.39	3:36.25	4:47.25
50m: 32.51	150m: 36.39	250m: 2:59.04	36.65	350m: 4:12.54	36.29	100m: 1:09.19	200m: 2:22.39	300m: 3:36.25	400m: 4:47.25
4. Sanne Heemskerk	LZ 1886	4:44.96	200100600	4:49.40 +0,78	559	1:08.00	2:21.83	3:36.41	4:49.40
50m: 31.78	150m: 36.88	250m: 2:59.32	37.49	350m: 4:13.72	37.31	100m: 1:08.00	200m: 2:21.83	300m: 3:36.41	400m: 4:49.40
5. Jana Plaisier	de Devel	4:55.84	200101266	4:57.18 +0,81	516	1:10.37	2:27.36	3:43.83	4:57.18
50m: 33.41	150m: 38.16	250m: 3:05.59	38.23	350m: 4:21.63	37.80	100m: 1:10.37	200m: 2:27.36	300m: 3:43.83	400m: 4:57.18
6. Grace Anderson	WVZ	4:52.15	200200578	5:01.12 +0,73	496	1:11.04	2:28.91	3:46.91	5:01.12
50m: 33.53	150m: 38.48	250m: 3:07.70	38.79	350m: 4:25.07	38.16	100m: 1:11.04	200m: 2:28.91	300m: 3:46.91	400m: 5:01.12
7. Almudena Visser Velez	The Hague Swimming (4:46.36)	200205904	5:01.36 +0,74	495	1:11.60	2:28.47	3:45.88	5:01.36	
50m: 33.44	150m: 38.36	250m: 3:07.18	38.71	350m: 4:24.53	38.65	100m: 1:11.60	200m: 2:28.47	300m: 3:45.88	400m: 5:01.36
8. Elyanne Boudestein	Zoetermeer	4:48.58	200101060	5:01.85 +0,77	492	1:11.63	2:28.96	3:47.31	5:01.85
<i>*200m en 300m tijd is backup tijd</i>									
50m: 33.45	150m: 38.80	250m: 3:08.14	39.18	350m: 4:25.88	38.57	100m: 1:11.63	200m: 2:28.96	300m: 3:47.31	400m: 5:01.85
9. Anouk de Vreede	The Hague Swimming (5:04.09)	200100130	5:04.74 +0,74	479	1:13.26	2:31.62	3:49.42	5:04.74	
50m: 34.95	150m: 39.22	250m: 3:10.51	38.89	350m: 4:28.18	38.76	100m: 1:13.26	200m: 2:31.62	300m: 3:49.42	400m: 5:04.74
10. Anouk Vis	De Columbiaan	5:10.51	200203322	5:05.21 +0,77	476	1:13.07	2:31.20	3:49.64	5:05.21
50m: 34.39	150m: 38.93	250m: 3:10.23	39.03	350m: 4:27.95	38.31	100m: 1:13.07	200m: 2:31.20	300m: 3:49.64	400m: 5:05.21

Programmanr. 16, Meisjes, 400m vrije slag, Jeugd 1 en 2

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
11. Lotte Tillema <i>*150m en 350m tijd is backup tijd</i>	zc De Schoteijl	5:02.76 200200692	5:06.21	+0,78 472	1:11.23	2:30.01	3:49.23	5:06.21
50m: 33.60	33.60	150m: 1:50.01	38.78	250m: 3:09.30	39.29	350m: 4:28.48	39.25	
100m: 1:11.23	37.63	200m: 2:30.01	40.00	300m: 3:49.23	39.93	400m: 5:06.21	37.73	
12. Diana Noordermeer	SG SCOM/de Zeehond	4:57.73 200102110	5:08.33	+0,77 462	1:14.36	2:32.60	3:51.30	5:08.33
50m: 36.24	36.24	150m: 1:53.46	39.10	250m: 3:11.63	39.03	350m: 4:30.46	39.16	
100m: 1:14.36	38.12	200m: 2:32.60	39.14	300m: 3:51.30	39.67	400m: 5:08.33	37.87	
13. Susan van Grol	Widex GZC Donk	4:56.70 200201344	5:09.78	+0,71 456	1:13.17	2:33.15	3:53.17	5:09.78
50m: 34.83	34.83	150m: 1:52.94	39.77	250m: 3:13.09	39.94	350m: 4:31.92	38.75	
100m: 1:13.17	38.34	200m: 2:33.15	40.21	300m: 3:53.17	40.08	400m: 5:09.78	37.86	
14. Maartje Rijnja	The Hague Swimming	(5:08.63 200101344	5:12.27	+0,74 445	1:14.17	2:35.12	3:54.61	5:12.27
50m: 34.25	34.25	150m: 1:54.26	40.09	250m: 3:14.47	39.35	350m: 4:34.95	40.34	
100m: 1:14.17	39.92	200m: 2:35.12	40.86	300m: 3:54.61	40.14	400m: 5:12.27	37.32	
15. Kristel Beijik	De Columbiaan	5:01.07 200201278	5:14.95	+0,83 434	1:13.89	2:34.34	3:55.52	5:14.95
50m: 34.79	34.79	150m: 1:54.17	40.28	250m: 3:14.94	40.60	350m: 4:36.22	40.70	
100m: 1:13.89	39.10	200m: 2:34.34	40.17	300m: 3:55.52	40.58	400m: 5:14.95	38.73	
16. Nienke Vork	Widex GZC Donk	5:06.66 200102294	5:17.01	+0,78 425	1:14.89	2:36.53	3:59.05	5:17.01
50m: 35.17	35.17	150m: 1:55.24	40.35	250m: 3:17.82	41.29	350m: 4:39.05	40.00	
100m: 1:14.89	39.72	200m: 2:36.53	41.29	300m: 3:59.05	41.23	400m: 5:17.01	37.96	
17. Samantha Gerritse	LinK	5:27.72 200102062	5:17.24	+0,71 424	1:12.11	2:31.58	3:53.36	5:17.24
50m: 34.31	34.31	150m: 1:51.57	39.46	250m: 3:11.99	40.41	350m: 4:35.18	41.82	
100m: 1:12.11	37.80	200m: 2:31.58	40.01	300m: 3:53.36	41.37	400m: 5:17.24	42.06	
18. S. van den Dobbelen	The Hague Swimming	(5:14.14 200100904	5:17.77	+0,64 422	1:12.27	2:34.84	3:58.30	5:17.77
50m: 33.21	33.21	150m: 1:52.88	40.61	250m: 3:16.20	41.36	350m: 4:39.42	41.12	
100m: 1:12.27	39.06	200m: 2:34.84	41.96	300m: 3:58.30	42.10	400m: 5:17.77	38.35	
19. Amber Hesper	Van Vliet-Barracuda	5:14.60 200202188	5:17.91	+0,81 422	1:12.40	2:34.40	3:57.61	5:17.91
50m: 32.97	32.97	150m: 1:53.30	40.90	250m: 3:15.66	41.26	350m: 4:39.12	41.51	
100m: 1:12.40	39.43	200m: 2:34.40	41.10	300m: 3:57.61	41.95	400m: 5:17.91	38.79	
20. Anne van der Zwan	The Hague Swimming	(5:15.29 200101134	5:21.65	+0,77 407	1:13.09	2:36.56	4:01.35	5:21.65
50m: 34.23	34.23	150m: 1:54.65	41.56	250m: 3:18.78	42.22	350m: 4:43.70	42.35	
100m: 1:13.09	38.86	200m: 2:36.56	41.91	300m: 4:01.35	42.57	400m: 5:21.65	37.95	
21. Rozemarijn van Haaff	Zob'66	5:12.81 200201852	5:22.41	+0,73 404	1:14.05	2:36.20	4:00.14	5:22.41
50m: 35.42	35.42	150m: 1:54.65	40.60	250m: 3:17.98	41.78	350m: 4:42.37	42.23	
100m: 1:14.05	38.63	200m: 2:36.20	41.55	300m: 4:00.14	42.16	400m: 5:22.41	40.04	
AFGEM Chefanja Nunes	WVZ	4:48.11 200104750						
NG Megan van Beelen	De Columbiaan	4:59.40 200105606						
Senioren 1 en ouder								
1. Leonie van Noort	WVZ	4:17.75 199301752	4:29.89	+0,82 689	1:03.66	2:12.40	3:21.02	4:29.89
50m: 30.40	30.40	150m: 1:37.83	34.17	250m: 2:46.79	34.39	350m: 3:55.49	34.47	
100m: 1:03.66	33.26	200m: 2:12.40	34.57	300m: 3:21.02	34.23	400m: 4:29.89	34.40	
2. Merle Verkijk	SG Albion d'ELFT	4:38.32 199400278	4:38.02	+0,71 630	1:06.62	2:17.75	3:29.02	4:38.02
50m: 31.90	31.90	150m: 1:42.13	35.51	250m: 2:53.32	35.57	350m: 4:04.31	35.29	
100m: 1:06.62	34.72	200m: 2:17.75	35.62	300m: 3:29.02	35.70	400m: 4:38.02	33.71	
3. Elinore de Jong	The Hague Swimming	(4:16.48 198902072	4:39.67	+0,70 619	1:06.61	2:18.52	3:29.71	4:39.67
50m: 30.65	30.65	150m: 1:42.07	35.46	250m: 2:54.00	35.48	350m: 4:06.03	36.32	
100m: 1:06.61	35.96	200m: 2:18.52	36.45	300m: 3:29.71	35.71	400m: 4:39.67	33.64	
4. Angelique van Vark	Z&PC De Gouwe	4:38.45 199701478	4:39.85	+0,72 618	1:05.09	2:15.75	3:28.15	4:39.85
50m: 31.14	31.14	150m: 1:40.18	35.09	250m: 2:51.86	36.11	350m: 4:05.44	37.29	
100m: 1:05.09	33.95	200m: 2:15.75	35.57	300m: 3:28.15	36.29	400m: 4:39.85	34.41	
5. Sterre Keller	The Hague Swimming	(4:40.07 199904142	4:46.77	+0,77 574	1:07.15	2:19.49	3:33.25	4:46.77
50m: 31.64	31.64	150m: 1:42.96	35.81	250m: 2:56.24	36.75	350m: 4:10.31	37.06	
100m: 1:07.15	35.51	200m: 2:19.49	36.53	300m: 3:33.25	37.01	400m: 4:46.77	36.46	
6. Anouk van Weelden	PCG	4:46.49 199902828	4:54.79	+0,82 529	1:08.14	2:22.12	3:38.22	4:54.79
50m: 32.28	32.28	150m: 1:44.60	36.46	250m: 2:59.59	37.47	350m: 4:16.78	38.56	
100m: 1:08.14	35.86	200m: 2:22.12	37.52	300m: 3:38.22	38.63	400m: 4:54.79	38.01	
7. Tessa Bruijgoms	MNC Dordrecht	4:54.30 199801322	4:57.25	+0,74 516	1:08.73	2:24.09	3:40.94	4:57.25
50m: 33.22	33.22	150m: 1:45.81	37.08	250m: 3:02.19	38.10	350m: 4:19.70	38.76	
100m: 1:08.73	35.51	200m: 2:24.09	38.28	300m: 3:40.94	38.75	400m: 4:57.25	37.55	
8. G. Demyttenaere	The Hague Swimming	(4:43.55 199905018	5:01.22	+0,75 496	1:10.41	2:27.20	3:44.63	5:01.22
50m: 33.37	33.37	150m: 1:48.74	38.33	250m: 3:05.89	38.69	350m: 4:23.10	38.47	
100m: 1:10.41	37.04	200m: 2:27.20	38.46	300m: 3:44.63	38.74	400m: 5:01.22	38.12	
9. Sanne Hobé	Poseidon'56	5:11.87 200000826	5:06.59	+0,76 470	1:10.42	2:27.62	3:47.31	5:06.59
50m: 33.37	33.37	150m: 1:48.42	38.00	250m: 3:07.20	39.58	350m: 4:27.76	40.45	
100m: 1:10.42	37.05	200m: 2:27.62	39.20	300m: 3:47.31	40.11	400m: 5:06.59	38.83	
10. Laura Tromp	de Devel	4:53.80 200000276	5:07.54	+0,77 466	1:12.55	2:31.49	3:50.63	5:07.54
50m: 34.40	34.40	150m: 1:51.59	39.04	250m: 3:10.99	39.50	350m: 4:30.26	39.63	
100m: 1:12.55	38.15	200m: 2:31.49	39.90	300m: 3:50.63	39.64	400m: 5:07.54	37.28	
11. Wendy de Bruin	Zob'66	4:52.16 199206320	5:07.64	+0,61 465	1:12.36	2:30.91	3:50.72	5:07.64
50m: 34.29	34.29	150m: 1:51.27	38.91	250m: 3:10.71	39.80	350m: 4:29.93	39.21	
100m: 1:12.36	38.07	200m: 2:30.91	39.64	300m: 3:50.72	40.01	400m: 5:07.64	37.71	

Programmanr. 16, Dames, 400m vrije slag, Senioren 1 en ouder

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m						
12. Isabel van der Boor	MNC Dordrecht	4:53.94	199901330	5:07.74	+0,72	465	1:11.59	2:30.73	3:50.04	5:07.74				
50m: 33.54	150m: 1:51.39	39.80	250m: 3:10.28	39.55	350m: 4:29.03	38.99	100m: 1:11.59	38.05	200m: 2:30.73	39.34	300m: 3:50.04	39.76	400m: 5:07.74	38.71
13. Karin Stein	ZV Vlaardingen-Schied	4:55.09	197100554	5:08.73	+0,84	460	1:13.82	2:32.01	3:50.85	5:08.73				
50m: 35.72	150m: 1:52.67	38.85	250m: 3:11.33	39.32	350m: 4:30.26	39.41	100m: 1:13.82	38.10	200m: 2:32.01	39.34	300m: 3:50.85	39.52	400m: 5:08.73	38.47
14. Amanda Holst	Zoetermeer	4:52.29	200004204	5:08.98	+0,79	459	1:11.46	2:31.66	3:52.29	5:08.98				
50m: 32.92	150m: 1:51.31	39.85	250m: 3:11.97	40.31	350m: 4:32.07	39.78	100m: 1:11.46	38.54	200m: 2:31.66	40.35	300m: 3:52.29	40.32	400m: 5:08.98	36.91
15. Lotte Middelbos	zc De Schotejil	4:52.28	199900680	5:13.66	+0,77	439	1:11.49	2:32.33	3:54.05	5:13.66				
50m: 33.46	150m: 1:51.61	40.12	250m: 3:13.28	40.95	350m: 4:34.70	40.65	100m: 1:11.49	38.03	200m: 2:32.33	40.72	300m: 3:54.05	40.77	400m: 5:13.66	38.96
16. Chantal van der Vaart	ZV Vlaardingen-Schied	5:00.11	199802266	5:17.00	+0,85	425	1:13.13	2:34.23	3:56.42	5:17.00				
50m: 34.15	150m: 1:53.33	40.20	250m: 3:14.90	40.67	350m: 4:37.43	41.01	100m: 1:13.13	38.98	200m: 2:34.23	40.90	300m: 3:56.42	41.52	400m: 5:17.00	39.57
17. Linda Janssen	ZPB-H&L	5:04.28	198802088	5:17.97	+0,82	421	1:14.72	2:36.81	3:58.60	5:17.97				
50m: 35.80	150m: 1:55.16	40.44	250m: 3:17.76	40.95	350m: 4:39.71	41.11	100m: 1:14.72	38.92	200m: 2:36.81	41.65	300m: 3:58.60	40.84	400m: 5:17.97	38.26
18. Lianne Bouwmeester	De Columbian	5:01.81	200000956	5:18.85	+0,81	418	1:14.55	2:37.29	3:59.42	5:18.85				
50m: 34.51	150m: 1:55.37	40.82	250m: 3:17.91	40.62	350m: 4:40.79	41.37	100m: 1:14.55	40.04	200m: 2:37.29	41.92	300m: 3:59.42	41.51	400m: 5:18.85	38.06
19. Moniek Heemskerk	LZ 1886	4:55.66	199601964	5:30.28	+0,76	376	1:16.05	2:39.31	4:04.99	5:30.28				
50m: 35.54	150m: 1:57.53	41.48	250m: 3:21.82	42.51	350m: 4:47.80	42.81	100m: 1:16.05	40.51	200m: 2:39.31	41.78	300m: 4:04.99	43.17	400m: 5:30.28	42.48
20. Linda Hoogendam	WVZ	5:20.25	198300892	5:32.18	+0,77	370	1:17.88	2:43.96	4:09.98	5:32.18				
50m: 36.24	150m: 2:01.18	43.30	250m: 3:26.82	42.86	350m: 4:51.77	41.79	100m: 1:17.88	41.64	200m: 2:43.96	42.78	300m: 4:09.98	43.16	400m: 5:32.18	40.41
NG Denise de Riet	de Devel	4:59.39	198402040											

Programmanr. 17
28-5-2017 - 14:00

Heren, 1500m vrije slag

Junioren 4 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT										
15 - 17 jaar														
1. Olivier Jans	The Hague Swimming (SG)	16:33.34	200001815	17:21.93	+0,77	584								
100m: 1:04.85	500m: 5:41.74	1:09.70	900m: 10:21.58	1:10.30	1300m: 15:03.54	1:10.65	200m: 2:13.41	1:08.56	600m: 6:01.58	1:09.84	1000m: 11:32.03	1:10.45	1400m: 16:13.91	1:10.37
300m: 3:22.59	700m: 8:01.40	1:09.82	1100m: 12:42.48	1:10.45	1500m: 17:21.93	1:08.02	400m: 4:32.04	1:09.45	800m: 9:11.28	1:09.88	1200m: 13:52.89	1:10.41		
2. Jorian Tanis	zc De Schotejil	16:52.54	199900327	17:53.89	+0,83	534								
100m: 1:05.26	500m: 5:47.84	1:11.25	900m: 10:35.98	1:12.39	1300m: 15:30.40	1:14.04	200m: 2:15.04	1:09.78	600m: 6:59.45	1:11.61	1000m: 11:48.99	1:13.01	1400m: 16:43.44	1:13.04
300m: 3:25.30	700m: 8:11.28	1:11.83	1100m: 13:02.18	1:13.19	1500m: 17:53.89	1:10.45	400m: 4:36.59	1:11.29	800m: 9:23.59	1:12.31	1200m: 14:16.36	1:14.18		
3. Jasper Breugem	WVZ	17:39.57	200000303	18:17.85	+0,75	499								
100m: 1:06.14	500m: 5:54.06	1:12.70	900m: 10:50.86	1:14.77	1300m: 15:50.32	1:15.85	200m: 2:18.03	1:11.89	600m: 7:07.39	1:13.33	1000m: 12:05.30	1:14.44	1400m: 17:04.89	1:14.57
300m: 3:29.36	700m: 8:21.41	1:14.02	1100m: 13:19.81	1:14.51	1500m: 18:17.85	1:12.96	400m: 4:41.36	1:12.00	800m: 9:36.09	1:14.68	1200m: 14:34.47	1:14.66		
4. Matthijs Arnoldus	WVZ	18:25.80	200000571	19:52.82	+0,80	389								
100m: 1:11.10	500m: 6:28.59	1:20.26	900m: 11:52.48	1:21.57	1300m: 17:16.17	1:20.57	200m: 2:29.71	1:11.10	600m: 7:48.86	1:20.27	1000m: 13:13.51	1:21.03	1400m: 18:35.35	1:19.18
300m: 3:48.56	700m: 9:09.52	1:20.66	1100m: 14:34.98	1:21.47	1500m: 19:52.82	1:17.47	400m: 5:08.33	1:19.77	800m: 10:30.91	1:21.39	1200m: 15:55.60	1:20.62		

Senioren 1 en ouder

1. Jonne Schaafsma	The Hague Swimming (SG)	16:51.20	199800745	17:18.25	+0,79	590								
100m: 1:04.82	500m: 5:41.24	1:09.35	900m: 10:18.80	1:09.63	1300m: 14:59.49	1:10.25	200m: 2:13.65	1:08.83	600m: 6:50.94	1:09.70	1000m: 11:28.55	1:09.75	1400m: 16:09.93	1:10.44
300m: 3:22.35	700m: 8:00.18	1:09.24	1100m: 12:39.27	1:10.72	1500m: 17:18.25	1:08.32	400m: 4:31.89	1:09.54	800m: 9:09.17	1:08.99	1200m: 13:49.24	1:09.97		
2. Lars Schoffelmeer	ZPB-H&L	17:16.68	199501907	18:00.40	+0,80	524								
100m: 1:08.07	500m: 5:57.42	1:12.49	900m: 10:46.33	1:11.98	1300m: 15:35.89	1:12.92	200m: 2:19.94	1:11.87	600m: 7:10.04	1:12.62	1000m: 11:58.42	1:12.09	1400m: 16:48.55	1:12.66
300m: 3:32.50	700m: 8:22.28	1:12.24	1100m: 13:10.35	1:11.93	1500m: 18:00.40	1:11.85	400m: 4:44.93	1:12.43	800m: 9:34.35	1:12.07	1200m: 14:22.97	1:12.62		
3. Niels Albrechts	zc De Schotejil	18:53.14	198800039	19:36.96	+0,80	405								
100m: 1:11.25	500m: 6:22.70	1:18.85	900m: 11:40.29	1:19.26	1300m: 16:59.99	1:20.02	200m: 2:27.39	1:16.14	600m: 7:41.95	1:19.25	1000m: 13:00.07	1:19.78	1400m: 18:19.56	1:19.57
300m: 3:45.25	700m: 9:01.64	1:19.69	1100m: 14:19.54	1:19.47	1500m: 19:36.96	1:17.40	400m: 5:03.85	1:18.60	800m: 10:21.03	1:19.39	1200m: 15:39.97	1:20.43		

rang	naam	vereniging	intijd		tijd	RT	
Junioren 1							
1.	Evelyn Liket	ZV Vlaardingen-Schiedam	35.17	200503118	36.49	+0,82	408
2.	Milou Adriaanse	De Columbiaan	36.08	200500968	36.96	+0,68	392
3.	Felicia Bosse	WZK	38.30	200504468	37.08	+0,74	389
4.	Sophie Buurman	Wiekslag	37.60	200502530	37.16	+0,72	386
5.	Asha van Lobberegt	de Devel	35.95	200500088	37.22	+0,61	384
6.	Sera Emmers	WZK	37.19	200503264	37.85	+0,69	365
7.	Emma Verkuijl	Van Vliet-Barracuda	36.83	200500826	37.87	+0,83	365
8.	Vivianne Woltjes	The Hague Swimming (SG)	37.42	200501524	38.04	+0,73	360
9.	Isa Maes	de Devel	38.34	200500110	38.48	+0,75	348
10.	Soscha van den Heuvel	ZPCNumansdorp	39.87	200500804	38.78	+0,66	340
11.	Marit Huisman	Van Vliet-Barracuda	37.34	200502620	39.02	+0,73	334
12.	Rosa Kwaijtaal	Poseidon'56	38.21	200500872	39.03	+0,75	333
13.	Britt van't Zant	Poseidon'56	40.82	200501170	39.18	+0,88	329
14.	Anastasia Romano	MNC Dordrecht	38.60	200501076	39.19	+0,66	329
15.	Larissa Punt	de Devel	39.71	200501814	39.33	+0,71	326
16.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	37.29	200503292	39.46	+0,66	322
17.	Laura Hoogenboezem	KZV de Lansingh	38.69	200500390	40.00	+0,69	310
18.	Anne-Marie Twigt	KZV de Lansingh	41.26	200503290	40.96	+0,76	288
19.	Daphne Keijzer	Zob'66	41.24	200503556	41.12	+0,72	285
20.	Meira Simons	The Hague Swimming (SG)	39.36	200502984	41.26	+0,69	282
21.	Noor Frijlink	De Columbiaan	40.42	200500970	41.30	+0,71	281
22.	Mar Stoel	LinK	41.01	200500520	41.31	+0,67	281
23.	Jennifer de Keizer	MNC Dordrecht	42.04	200501054	41.32	+0,73	281
24.	Aisha Nobels	zc De Schotejil	40.98	200501710	41.96	+0,71	268
25.	Leonore Booiman	Wiekslag	42.35	200502526	42.18	+0,75	264
AFGEM	Dayna van Hoorn	Poseidon'56	42.56	200502800			

Junioren 2

1.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	34.96	200404272	33.63	+0,86	521
2.	Milou van Wijk	de Devel	33.34	200404948	33.92	+0,66	508
3.	Fenna Herwig	Wiekslag	34.11	200400908	34.75	+0,71	472
4.	Jenna Klein	Z&PC Alkemade	35.28	200400914	35.25	+0,76	452
5.	Lize van Stigt	LinK	33.80	200401510	35.33	+0,60	449
6.	Isis Naaktgeboren	de Devel	34.93	200403914	35.39	+0,65	447
7.	Zinzi van der Maas	WVZ	36.25	200402028	36.55	+0,74	406
8.	Anniko Firman	The Hague Swimming (SG)	36.51	200402330	36.60	+0,69	404
9.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	36.53	200402932	36.64	+0,68	403
10.	Feline Jonkers	Poseidon'56	36.48	200401160	36.97	+0,79	392
	Éléana Poilpré	The Hague Swimming (SG)	39.39	200404748	36.97	+0,69	392
12.	Nora van der Steen	LinK	36.56	200403458	37.15	+0,70	386
13.	Marise van 't Walderveen	Zoetermeer	36.33	200400902	37.52	+0,54	375
14.	Robine Boer	De Columbiaan	38.22	200402180	38.11	+0,71	358
15.	Jessica Kras	de Devel	37.43	200400728	38.74	+0,68	341
16.	Danique Gerritsen	MNC Dordrecht	39.38	200401176	38.84	+0,83	338
17.	Fiona Moerman	The Hague Swimming (SG)	38.32	200401668	39.28	+0,44	327
18.	Tessa Poot	ZV Vlaardingen-Schiedam	36.61	200404264	39.34	+0,71	325
19.	Mandy van der Meijden	Widex GZC Donk	39.59	200402574	39.50	+0,80	322
20.	Jet van Oudheusden	Zob'66	37.41	200401012	39.68	+0,71	317
21.	Lotte van der Maas	Zob'66	38.75	200402376	40.28	+0,77	303
22.	Eva Immerzeel	ZV Westland	37.12	200401514	40.44	+0,83	300
23.	Feija de Bruin	WVZ	40.01	200400106	41.45	+0,91	446
NG	Lindsay Wagner	ZPB-H&L	37.34	200400380			

Junioren 3

1.	Britta Koehorst	KZV de Lansingh	29.98	200300246	31.40	+0,72	640
2.	Maaïke Issard	The Hague Swimming (SG)	31.37	200300022	33.16	+0,81	543
3.	Michelle van der Steen	ZV Vlaardingen-Schiedam	33.55	200300052	33.90	+0,66	509
4.	Femke Hoppenbrouwer	The Hague Swimming (SG)	34.02	200301124	35.11	+0,75	458
5.	Kim Rutters	De Kempvis	34.28	200302318	35.41	+0,68	446
6.	Julia Notenboom	De Columbiaan	33.91	200302596	35.45	+0,85	445
7.	Kim de Jong	LinK	35.05	200301026	35.84	+0,69	430
8.	Isabel Scheepbouwer	Wiekslag	35.00	200301106	35.95	+0,60	426
9.	Ilse Schoenmaker	The Hague Swimming (SG)	34.99	200301470	36.00	+0,83	425
10.	Nicole Akkermans Castro	The Hague Swimming (SG)	38.68	200304942	36.75	+0,75	399
11.	Marije de Jager	LinK	36.61	200301394	37.01	+0,72	391
12.	Wendy ten Wolde	Wiekslag	35.47	200302658	37.12	+0,75	387

Programmanr. 18, Meisjes, 50m rugslag, Junioren 3

rang	naam	vereniging	intijd		tijd	RT	
13.	Lotte Koornneef	The Hague Swimming (SG)	34.26	200303584	37.28	+0,74	382
14.	Sanne Vermeulen	The Hague Swimming (SG)	38.27	200303902	37.54	+0,74	375
15.	Zoë Molenaar	Zoetermeer	37.63	200300978	37.70	+0,65	370
16.	Esther Reinders	KZV de Lansingh	35.57	200301798	37.77	+0,63	368
17.	Serena den Tuinder	ZPCNumansdorp	37.12	200303552	38.27	+0,72	354
18.	Mirée de Vette	ZPCNumansdorp	37.72	200301218	38.61	+0,74	344
19.	Quincy Belder	Poseidon'56	36.66	200302058	38.93	+0,77	336
20.	Mara Bosman	The Hague Swimming (SG)	39.36	200303048	39.00	+0,81	334
21.	Yara Visser	Van Vliet-Barracuda	38.25	200300132	39.50	+0,78	322
22.	Anouk Brand	MNC Dordrecht	36.97	200302488	39.63	+0,69	318
NG.ZA	Joyce van 't Hof	de Devel	35.38	200302122			

Jeugd 1 en 2

1.	Elise Tanis	zc De Schotejil	30.15	200200120	31.57	+0,70	630
2.	Lotte Hosper	The Hague Swimming (SG)	30.97	200201414	31.68	+0,79	623
3.	Maaïke Broersma	BZ&PC	31.38	200201522	32.25	+0,71	591
4.	Tessa Giele	SG SCOM/de Zeehond'73	32.13	200203124	33.03	+0,59	550
5.	Sanne Heemskerk	LZ 1886	32.65	200100600	33.24	+0,64	540
6.	Christy Geurts	WVZ	32.03	200203734	33.92	+0,77	508
7.	Iris van den Berg	SG Albion d'ELFT	32.89	200103782	34.22	+0,69	494
8.	Fleur van Norren	KZV de Lansingh	33.91	200204432	34.56	+0,74	480
9.	Isa Boom	MNC Dordrecht	34.22	200200186	34.96	+0,72	464
10.	Anouk Vis	De Columbiaan	34.33	200203322	34.97	+0,58	463
11.	Anniek de Ruiters	Widex GZC Donk	33.27	200101224	35.15	+0,87	456
	<i>*eindtijd is backuptijd</i>						
12.	Amy van Leersum	Poseidon'56	35.80	200200300	35.19	+0,67	455
13.	Lynn Blommers	AZC	33.99	200105062	35.22	+0,51	454
14.	Manon Middelbos	zc De Schotejil	33.96	200100056	35.29	+0,72	451
15.	Esmee Wijnmaalen	PCG	35.96	200100298	35.35	+0,71	449
16.	Almudena Visser Velez	The Hague Swimming (SG)	34.49	200205904	35.38	+0,68	447
17.	Elyanne Boudestein	Zoetermeer	33.95	200101060	35.77	+0,84	433
18.	Jip Veeman	The Hague Swimming (SG)	33.07	200106100	35.96	+0,72	426
19.	Tamara de Ruiters	zc De Schotejil	35.20	200203060	36.20	+0,75	418
20.	Hieke de Lijster	ZV Westland	36.48	200203312	36.42	+0,77	410
21.	Nienke Mierop	zc De Schotejil	35.15	200203294	36.52	+0,72	407
22.	Susanne Roeleveld	WVZ	36.66	200203266	36.79	+0,70	398
23.	Maartje Rijnja	The Hague Swimming (SG)	34.23	200101344	37.02	+0,74	391
24.	Laura Nuijten	ZV Westland	34.08	200101084	37.50	+0,65	376
25.	Ylva Visser	Van Vliet-Barracuda	35.88	200101920	37.78	+0,66	367
26.	Inge Belfor	De Columbiaan	36.42	200100578	38.30	+0,65	677
27.	Diana Noordermeer	SG SCOM/de Zeehond'73	36.64	200102110	38.72	+0,70	341
28.	Samantha Gerritse	LinK	37.05	200102062	38.95	+0,64	335
29.	Amber Kuntkes	ZPCNumansdorp	36.85	200202458	39.11	+0,96	331
30.	Shanti van Kan	Poseidon'56	38.06	200102446	39.12	+0,72	331
31.	Pernilla Mulder	MNC Dordrecht	38.58	200101142	39.47	+0,64	322

Senioren 1 en ouder

1.	Eelke Roman	LZ 1886	31.36	199900352	31.19	+0,79	653
2.	Elinore de Jong	The Hague Swimming (SG)	29.53	198902072	31.92	+0,80	609
3.	Anouk van Weelden	PCG	30.59	199902828	31.96	+0,73	607
4.	Lauren van IJll	WVZ	31.11	200001064	32.12	+0,65	598
5.	Nicole Bennis	WVZ	31.63	199600470	33.02	+0,66	550
6.	Hanna Looi	de Devel	31.99	200006090	33.15	+0,47	544
7.	Mariska Scheel	KZV de Lansingh	31.99	199306344	33.38	+0,87	533
8.	Merel Toussaint	SG Albion d'ELFT	32.71	199203788	33.57	+0,59	524
9.	Sanne Hobé	Poseidon'56	33.82	200000826	34.47	+0,66	484
10.	Charlotte van der Hoek	MNC Dordrecht	34.35	199904020	34.65	+0,75	476
11.	Karen van Dee	SG SCOM/de Zeehond'73	33.82	199604074	34.79	+0,76	471
12.	Sterre Keller	The Hague Swimming (SG)	34.32	199904142	34.90	+0,67	466
13.	Kirsten de Hoog	SG SCOM/de Zeehond'73	34.72	200000460	35.68	+0,61	436
14.	Wendy de Bruin	Zob'66	33.50	199206320	35.77	+0,67	433
15.	Zoë van Gool	De Geul	35.34	200000964	36.61	+0,80	404
16.	Amanda Holst	Zoetermeer	34.56	200004204	37.19	+0,79	385
17.	Kayra Deger	MNC Dordrecht	35.38	200003890	37.60	+0,69	373
18.	Esmeralda van Werkhoven	PCG	35.74	199900412	37.61	+0,65	372
19.	Nicoline Schol	BZ&PC	37.38	200003600	37.62	+0,83	372
20.	Emily Beres	LinK	37.58	200001874	39.08	+0,78	332
21.	Kirana Hoogenbosch	De Geul	36.83	200003428	39.47	+0,63	322
DIS	Merle Verkijk	SG Albion d'ELFT	30.25	199400278			

RA - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.

Programmanr. 18, Dames, 50m rugslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT
AFGEM	Anouk van der Lans	ZV Westland	34.78	199801614	
NG	Lincy de Winter	The Hague Swimming (SG)	33.48	199805886	

Programmanr. 19
28-5-2017 - 14:55

Heren, 100m schoolslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1					
1.	Julien Tanis	zc De Schotejil	1:17.31	200401045	1:20.00 +0,72 380
2.	Timo Kock	de Devel	1:21.65	200400387	1:21.81 +0,76 355
3.	Anthony Kraag	WVZ	1:21.17	200401973	1:22.25 +0,94 349
4.	Erik Oldenkamp	KZV de Lansingh	1:19.94	200400597	1:22.77 +0,80 343
5.	Tim van Borselaer	WVZ	1:23.72	200401261	1:23.19 +0,79 337
6.	Wen-Ye Chen	The Hague Swimming (SG)	1:25.82	200402859	1:24.08 +0,71 327
7.	Abel te Riele	WVZ	1:21.90	200402317	1:25.58 +0,75 310
8.	Max van Schagen	De Columbiaan	1:22.84	200402591	1:25.77 +0,73 308
9.	Casper van Nijnatten	RSW	1:25.17	200402559	1:26.30 +0,81 302
10.	Timo Wouters	MNC Dordrecht	1:24.45	200401363	1:28.74 +0,75 278
11.	Tim Haimé	The Hague Swimming (SG)	1:26.97	200403567	1:29.10 +0,75 275
12.	Jip van Veen	Van Vliet-Barracuda	1:28.29	200401353	1:29.76 +0,76 269
13.	Thomas van Peenen	De Columbiaan	1:27.71	200400097	1:31.77 +0,84 251
14.	Marijn Dekkers	Widex GZC Donk	1:31.12	200402275	1:33.58 +0,82 237
NG.ZA	Kun Woo Kim	The Hague Swimming (SG)	1:26.70	200401361	

Junioren 2

1.	Milan Hamel	The Hague Swimming (SG)	1:13.54	200302125	1:15.30 +0,67 455
2.	Xander Vis	zc De Schotejil	1:16.31	200300173	1:17.13 +0,72 423
3.	Bjarne Buijs	The Hague Swimming (SG)	1:15.61	200301089	1:17.19 +0,73 422
4.	Raphaël Booiman	Wiekslag	1:15.69	200300727	1:17.84 +0,73 412
5.	Perry Laarhoven	ZPCNumansdorp	1:18.38	200301321	1:20.65 +0,84 370
6.	Jelle Bon	ZV Westland	1:18.92	200301077	1:22.35 +0,69 348
7.	Maurice van Philips	De Kempvis	1:22.13	200301387	1:23.51 +0,72 334
8.	Kenan Cörüz	SG Albion d'ELFT	1:18.08	200300357	1:23.59 +0,68 333
9.	Milan van Aken	The Hague Swimming (SG)	1:23.49	200303307	1:26.24 +0,85 303
10.	Tygo Korving	ZPB-H&L	1:21.31	200300773	1:26.67 +0,99 298
11.	Daniel Stok	de Devel	1:27.51	200300569	1:31.95 +0,82 250
12.	Quinten Nieuwenhuis	WZK	1:29.37	200304577	1:32.06 +0,77 249
13.	Stefan Groen	KZV de Lansingh	1:29.38	200301179	1:32.25 +0,82 248
14.	Julian Groen	de Devel	1:26.22	200300071	1:32.30 +0,78 247
15.	Maxim Noordman	The Hague Swimming (SG)	1:31.26	200304067	1:32.51 +0,77 245
16.	Maximilian Lopes Cardozo	WZK	1:30.26	200300665	1:36.49 +0,68 216
17.	Pepyn van Brakel	ZPCNumansdorp	1:32.52	200300877	1:37.07 +0,85 212
NG.ZA	Keanu Streefland	The Hague Swimming (SG)	1:16.21	200302445	
NG	Erik van Gemert	Poseidon'56	1:20.49	200300587	
NG	David Jagerman	The Hague Swimming (SG)	1:24.97	200302127	

Junioren 3

1.	Scott Jansen	WVZ	1:11.65	200202455	1:13.26 +0,73 494
2.	Viktor Koets	De Columbiaan	1:16.07	200201677	1:15.91 +0,78 444
3.	Nikolas Lupi	WVZ	1:16.26	200204867	1:15.96 +0,71 443
4.	Daan Sniijders	MNC Dordrecht	1:15.64	200202475	1:17.86 +0,77 412
5.	Bas van Wieringen	De Columbiaan	1:17.66	200200119	1:19.10 +0,72 393
6.	Robin van Peenen	De Columbiaan	1:15.42	200201059	1:20.00 +0,80 380
7.	Wouter Verdoes	De Columbiaan	1:18.94	200200351	1:23.25 +0,75 337
8.	Stijn den Otter	de Devel	1:21.65	200200225	1:24.61 +0,66 321
9.	Cas Jansen	The Hague Swimming (SG)	1:19.44	200203263	1:25.43 +0,68 312
10.	Björn de Heus	ZV Vlaardingen-Schiedam	1:20.58	200201077	1:25.60 +0,69 310
11.	Thomas van Wanrooij	Poseidon'56	1:23.21	200201473	1:28.74 +0,83 278
12.	Brayden Lauletta	WZK	1:30.04	200204731	1:29.27 +0,77 273
13.	Luc Brasz	The Hague Swimming (SG)	1:30.77	200200919	1:31.94 +0,68 250
NG	Peter van Driel	ZPCNumansdorp	1:21.58	200200305	

Programmanr. 19, Heren, 100m schoolslag

Junioren 4

1.	Quinn van den Heuvel	ZPCNumansdorp	1:05.63	200100297	1:08.89	+0,75	594
2.	Taro Nishimura	Wz010/ Acz (Sg)	1:10.18	200105049	1:14.17	+0,58	476
3.	Dave van den Nieuwendijk	De Columbiaan	1:08.82	200100475	1:14.66	+0,79	467
4.	Christiaan Smit	The Hague Swimming (SG)	1:13.58	200102463	1:16.94	+0,73	427
5.	Michael Boekestijn	ZV Westland	1:14.34	200100767	1:17.49	+0,78	418
6.	David Kras	de Devel	1:16.08	200103253	1:19.85	+0,82	382
7.	Joris de Gier	Widex GZC Donk	1:16.00	200103817	1:21.81	+0,73	355
8.	Jasper Willig	De Watervogels	1:23.79	200104757	1:23.09	+0,72	339
9.	Jeroen Reckman	ZPCNumansdorp	1:21.12	200100209	1:23.32	+0,80	336
10.	Sjoerd van Weelden	PCG	1:21.38	200101217	1:23.66	+0,79	332
11.	Christian van Mierlo	SG Albion d'ELFT	1:19.78	200103155	1:26.05	+0,67	305
12.	Finn van Bommel	De Columbiaan	1:18.56	200103683	1:27.34	+0,84	292
13.	Boy Borreman	LinK	1:22.48	200102751	1:28.51	+0,71	280

Jeugd 1 en 2

1.	Joost de Roy van Zuydewijn	WVZ	1:07.85	200000255	1:08.87	+0,75	595
2.	Thomas Hesper	Van Vliet-Barracuda	1:08.62	200004181	1:13.01	+0,91	499
3.	Olivier Jans	The Hague Swimming (SG)	1:08.58	200001815	1:13.23	+0,78	495
4.	Doran Paap	The Hague Swimming (SG)	1:11.57	200000301	1:13.35	+0,72	492
5.	Sybe de Waard	de Devel	1:08.00	199900139	1:14.21	+0,72	475
6.	David Kievit	zc De Schotejil	1:12.30	199900325	1:14.98	+0,77	461
7.	Tristan Stam	Zob'66	1:12.29	199903551	1:15.25	+0,77	456
8.	Eric Verdoes	De Columbiaan	1:12.55	199900947	1:16.08	+0,78	441
9.	Stijn Lafontaine	The Hague Swimming (SG)	1:13.78	200005205	1:16.26	+0,77	438
10.	Thijs van Wieringen	De Columbiaan	1:11.42	199900577	1:17.17	+0,82	423
11.	Luca Dellantonio	De Columbiaan	1:14.37	200002759	1:17.20	+0,70	422
12.	Ryan van den Ouden	Poseidon'56	1:12.74	199900377	1:18.05	+0,78	409
13.	Rogier Dorsman	de Devel	1:12.92	199900211	1:18.85	+0,77	536
14.	Jari Voogt	De Duck	1:15.91	200004237	1:21.36	+0,74	361
15.	Bart Spaans	Wz010/ Acz (Sg)	1:16.03	199902559	1:21.47	+0,68	359

Senioren 1 en ouder

1.	Stijn Geelen	MNC Dordrecht	1:05.50	199801363	1:06.70	+0,71	655
2.	Erik Simons	SG Albion d'ELFT	1:04.10	198902845	1:07.93	+0,79	620
3.	Kevin Panoet	The Hague Swimming (SG)	1:05.15	199307253	1:08.17	+0,68	613
4.	Romero Hennep	SG Albion d'ELFT	1:04.28	199304929	1:09.27	+0,66	585
5.	Sanjiv Gangaram Panday	WVZ	1:07.37	199705555	1:11.51	+0,66	531
6.	Paul van Grol	Widex GZC Donk	1:08.75	199602951	1:12.04	+0,67	520
7.	Bjorn Scherbeijn	The Hague Swimming (SG)	1:04.14	199600349	1:12.21	+0,70	516
8.	Jonne Schaafsma	The Hague Swimming (SG)	1:06.16	199800745	1:12.79	+0,75	504
9.	Linguendo van der Klooster	ZPB-H&L	1:11.47	199801361	1:13.75	+0,72	484
10.	Dave Jansen	SG Albion d'ELFT	1:11.33	199805299	1:14.12	+0,70	477
11.	Kevin Kingma	KZV de Lansingh	1:13.81	199700559	1:15.05	+0,71	460
12.	Jim Geestman	RSW	1:12.01	198300699	1:15.31	+0,84	455
13.	Kristiaan Lenos	LZ 1886	1:10.68	198301331	1:15.87	+0,78	445
14.	Jan-Willem van den Berg	WVZ	1:15.65	196801575	1:16.77	+0,77	429
15.	Pascal Nuijten	ZV Westland	1:09.37	199701353	1:18.17	+0,68	407
16.	Max Reinders	RSW	1:16.84	199804517	1:19.99	+0,81	380
NG	Walter Jansen	De Columbiaan	1:11.42	199300225			
NG	Bas Verdoes	De Columbiaan	1:09.96	199801487			

Programmanr. 20
28-5-2017 - 15:30

Dames, 100m vlinderslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT		
1.	Sylvie Roos	De Kempvis	1:19.32	200502772	1:18.63	+0,77	354
2.	Asha van Lobberegt	de Devel	1:19.71	200500088	1:22.52	+0,70	307
3.	Vivianne Wolftjes	The Hague Swimming (SG)	1:23.19	200501524	1:24.35	+0,75	287
4.	Milou Demirel	The Hague Swimming (SG)	1:30.18	200501254	1:25.11	+0,79	279
5.	Evelyn Liket	ZV Vlaardingen-Schiedam	1:24.53	200503118	1:27.06	+0,97	261
6.	Milou Adriaanse	De Columbiaan	1:22.31	200500968	1:28.30	+0,83	250
7.	Emma Verkuijl	Van Vliet-Barracuda	1:29.83	200500826	1:29.04	+0,84	244
8.	Mar Stoel	LinK	1:26.63	200500520	1:30.16	+0,75	235
9.	Isa Maes	de Devel	1:26.17	200500110	1:30.48	+0,73	233

Programmanr. 20, Meisjes, 100m vlinderslag, Junioren 1

rang	naam	vereniging	intijd		tijd	RT	
10.	Merel Schravendijk	The Hague Swimming (SG)	1:31.09	200503382	1:31.63	+0,73	224
Junioren 2							
1.	Anna van Droffelaar	ZV Vlaardingen-Schiedam	1:09.58	200400258	1:10.83	+0,70	485
2.	Mary Kate Farrell	The Hague Swimming (SG)	1:13.50	200402870	1:11.41	+0,66	473
3.	Lize van Stigt	LinK	1:11.68	200401510	1:11.55	+0,72	470
4.	Nora van der Steen	LinK	1:12.79	200403458	1:12.18	+0,70	458
5.	Rinske Bouman	de Devel	1:11.00	200400578	1:12.20	+0,82	458
6.	Isis Naaktgeboren	de Devel	1:17.66	200403914	1:14.77	+0,84	412
7.	Cheyenne Elburg	KZV de Lansingh	1:17.69	200401170	1:16.78	+0,79	381
8.	Tessa Poot	ZV Vlaardingen-Schiedam	1:19.65	200404264	1:20.14	+0,80	335
9.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	1:27.93	200402932	1:20.55	+0,69	330
10.	Danielle Vis	De Columbiaan	1:20.34	200401044	1:20.64	+0,74	328
11.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	1:20.48	200404272	1:21.01	+0,84	324
12.	Éléana Poilpré	The Hague Swimming (SG)	1:23.53	200404748	1:21.18	+0,73	322
13.	Anniko Firman	The Hague Swimming (SG)	1:20.09	200402330	1:22.01	+0,66	312
14.	Fenna Herwig	Wiekslag	1:17.69	200400908	1:22.90	+0,93	302
15.	Lotte van der Maas	Zob'66	1:25.26	200402376	1:23.66	+0,78	294
16.	Fiona Moerman	The Hague Swimming (SG)	1:23.49	200401668	1:25.87	+0,77	272
17.	Jet van Oudheusden	Zob'66	1:22.87	200401012	1:25.93	+0,75	271
18.	Marise van 't Walderveen	Zoetermeer	1:24.48	200400902	1:28.44	+0,79	249
19.	Feija de Bruin	WVZ	1:27.63	200400106	1:28.98	+0,80	367
20.	Eva Immerzeel	ZV Westland	1:23.65	200401514	1:32.59	+0,77	217
NG.ZA	Anique Star	De Columbiaan	1:23.52	200400446			
NG	Lindsay Wagner	ZPB-H&L	1:24.93	200400380			

Junioren 3

1.	Britta Koehorst	KZV de Lansingh	1:03.42	200300246	1:06.51	+0,77	585
2.	Maaïke Issard	The Hague Swimming (SG)	1:08.31	200300022	1:12.97	+0,77	443
3.	Joyce van 't Hof	de Devel	1:12.67	200302122	1:15.64	+0,70	398
4.	Femke Hoppenbrouwer	The Hague Swimming (SG)	1:11.87	200301124	1:16.13	+0,79	390
5.	Lieke Bastiaansen	MNC Dordrecht	1:14.96	200301368	1:16.43	+0,73	386
6.	Amy Koelman	De Columbiaan	1:14.83	200300922	1:16.76	+0,75	381
7.	Kim de Jong	LinK	1:11.31	200301026	1:17.07	+0,87	376
8.	Julia Notenboom	De Columbiaan	1:14.73	200302596	1:17.16	+0,80	375
9.	Wendy ten Wolde	Wiekslag	1:15.84	200302658	1:19.28	+0,82	346
10.	Yara Aaldring	SG Albion d'ELFT	1:20.54	200302512	1:19.33	+0,71	345
11.	Ilse Schoenmaker	The Hague Swimming (SG)	1:17.63	200301470	1:19.92	+0,72	337
12.	Nicole Akkermans Castro	The Hague Swimming (SG)	1:21.21	200304942	1:20.16	+0,78	334
13.	Marije de Jager	LinK	1:21.67	200301394	1:22.93	+0,78	302
14.	Noa de Bock	De Duck	1:18.94	200300318	1:23.24	+0,70	299
15.	Yara Visser	Van Vliet-Barracuda	1:21.26	200300132	1:23.58	+0,95	295
16.	Britt van Bommel	De Columbiaan	1:21.59	200301982	1:24.94	+0,86	281
NG	Kim Smith	Poseidon'56	1:24.85	200302060			

Jeugd 1 en 2

1.	Lotte Hosper	The Hague Swimming (SG)	1:03.47	200201414	1:04.11	+0,85	654
2.	Elise Tanis	zc De Schotejil	1:03.27	200200120	1:05.16	+0,74	623
3.	Tessa Giele	SG SCOM/de Zeehond'73	1:06.11	200203124	1:06.83	+0,65	577
4.	Christy Geurts	WVZ	1:07.17	200203734	1:08.30	+0,76	541
5.	Floor de Kievit	The Hague Swimming (SG)	1:11.82	200100238	1:10.38	+0,79	494
6.	Maaïke Broersma	BZ&PC	1:09.69	200201522	1:12.59	+0,76	450
7.	Sanne Busch	MNC Dordrecht	1:14.77	200101486	1:12.70	+0,69	448
8.	Jana Plaisier	de Devel	1:11.05	200101266	1:13.13	+0,80	440
9.	Anne van der Zwan	The Hague Swimming (SG)	1:10.56	200101134	1:14.90	+0,77	410
10.	Lynn Blommers	AZC	1:12.94	200105062	1:15.11	+0,66	407
11.	Amy van Leersum	Poseidon'56	1:12.71	200200300	1:15.27	+0,73	404
12.	Abigail den Boef	Wiekslag	1:12.51	200203026	1:15.73	+0,71	397
13.	Danielle van Valen	de Devel	1:13.48	200100202	1:15.78	+0,78	396
14.	Esmée Roodenburg	De Geul	1:13.60	200100040	1:15.79	+0,71	396
15.	Esmee Wijnmaalen	PCG	1:13.94	200100298	1:16.44	+0,78	386
16.	Almudena Visser Velez	The Hague Swimming (SG)	1:15.31	200205904	1:17.34	+0,77	372
17.	Diana Noordermeer	SG SCOM/de Zeehond'73	1:15.47	200102110	1:18.21	+0,73	360
18.	Elyanne Boudestein	Zoetermeer	1:15.11	200101060	1:18.61	+0,78	355
19.	Samantha Gerritse	LinK	1:18.57	200102062	1:19.47	+0,78	343
20.	Pernilla Mulder	MNC Dordrecht	1:17.97	200101142	1:20.96	+0,81	325
21.	Inge Belfor	De Columbiaan	1:18.36	200100578	1:21.71	+0,82	545
22.	Shanti van Kan	Poseidon'56	1:20.66	200102446	1:23.70	+0,85	294
23.	Sacha van den Dobbelssteen	The Hague Swimming (SG)	1:16.65	200100904	1:24.18	+0,71	289

Programmanr. 20, Meisjes, 100m vlinderslag, Jeugd 1 en 2

rang	naam	vereniging	intijd		tijd	RT	
24.	Susan van Grol	Widex GZC Donk	1:16.81	200201344	1:24.36	+0,80	287
25.	Danique Gieltjes	PCG	1:19.46	200102572	1:26.47	+0,75	266
NG	Lisa Pijlman	De Kempvis	1:11.36	200103004			

Senioren 1 en ouder

1.	Elinore de Jong	The Hague Swimming (SG)	1:00.40	198902072	1:03.23	+0,74	681
2.	Merle Verkijk	SG Albion d'ELFT	1:05.48	199400278	1:04.28	+0,73	649
3.	Mariska Scheel	KZV de Lansingh	1:06.53	199306344	1:08.32	+0,81	540
4.	Lauren van IJll	WVZ	1:06.09	200001064	1:08.42	+0,69	538
5.	Romy de Laat	Wiekslag	1:05.56	199900902	1:08.55	+0,76	535
6.	Birgit Adriaansen	MNC Dordrecht	1:07.68	199503342	1:09.23	+0,75	519
7.	Lisa Klatten	SG Albion d'ELFT	1:09.68	199203628	1:11.15	+0,74	478
8.	Nicole Bennis	WVZ	1:07.76	199600470	1:11.31	+0,72	475
9.	Sterre Keller	The Hague Swimming (SG)	1:10.50	199904142	1:12.64	+0,78	449
10.	Anouk van Weelden	PCG	1:11.27	199902828	1:12.74	+0,93	448
11.	Amanda Holst	Zoetermeer	1:12.89	200004204	1:13.09	+0,78	441
12.	Gaetane Demyttenaere	The Hague Swimming (SG)	1:10.54	199905018	1:14.35	+0,75	419
13.	Tessa Buijgoms	MNC Dordrecht	1:16.80	199801322	1:14.38	+0,77	419
14.	Wendy de Bruin	Zob'66	1:11.71	199206320	1:15.12	+0,68	406
15.	Isabel van der Boor	MNC Dordrecht	1:12.93	199901330	1:16.81	+0,69	380
16.	Zoë van Gool	De Geul	1:12.14	200000964	1:18.08	+0,79	362
17.	Sanne Hobé	Poseidon'56	1:16.49	200000826	1:19.78	+0,78	339
18.	Emily Beres	Link	1:17.09	200001874	1:23.24	+0,87	299
19.	Hanneke Schoenmakers	ZV Vlaardingen-Schiedam	1:20.77	199801820	1:26.21	+0,82	269
NG	Marielle van der Vaart	ZV Vlaardingen-Schiedam	1:13.58	200000994			
NG	Moniek Heemskerck	LZ 1886	1:14.57	199601964			

Programmanr. 21

Heren, 200m vrije slag

Junioren 1 en ouder

28-5-2017 - 15:50

Resultaten

rang	naam	vereniging	intijd		tijd	RT	100m	200m
Junioren 1								
1.	Jay de Vries	de Devel	2:12.30	200400669	2:14.52	+0,79 436	1:05.32	2:14.52
2.	Timo Kock	de Devel	2:15.04	200400387	2:15.71	+0,78 425	1:06.61	2:15.71
3.	Julien Tanis	zc De Schotejil	2:15.19	200401045	2:18.66	+0,72 398	1:07.59	2:18.66
4.	Chris van der Hout	The Hague Swimming (SG)	2:23.70	200401355	2:20.85	+0,78 380	1:07.18	2:20.85
5.	Abel te Riele	WVZ	2:15.07	200402317	2:21.93	+0,83 371	1:08.42	2:21.93
6.	Nathan Janssen	MNC Dordrecht	2:24.23	200401565	2:22.09	+0,70 370	1:09.76	2:22.09
7.	Pepijn van Egmond	De Watervogels	2:20.06	200402309	2:22.66	+0,72 366	1:07.73	2:22.66
8.	Thijm Kruit	De Columbiaan	2:24.53	200401339	2:23.55	+0,85 359	1:10.27	2:23.55
9.	Erik Oldenkamp	KZV de Lansingh	2:20.56	200400597	2:25.96	+0,85 341	1:10.73	2:25.96
10.	Olivier Krayenbuhl	The Hague Swimming (SG)	2:26.61	200403215	2:26.10	+0,81 340	1:12.85	2:26.10
11.	Niels van der Mast	ZPCNumansdorp	2:31.28	200401917	2:26.55	+0,75 337	1:11.71	2:26.55
<i>*150m tijd is backup tijd</i>								
12.	Arthur Bondartsov	Poseidon'56	2:27.39	200403231	2:27.64	+0,79 330	1:12.31	2:27.64
13.	Wen-Ye Chen	The Hague Swimming (SG)	2:23.75	200402859	2:28.03	+0,70 327	1:12.92	2:28.03
14.	Max van Schagen	De Columbiaan	2:25.40	200402591	2:28.30	+0,76 325	1:13.37	2:28.30
15.	Thomas van Peenen	De Columbiaan	2:31.12	200400097	2:30.59	+0,83 311	1:14.11	2:30.59
16.	Timo Huizer	Wiekslag	2:26.87	200401125	2:30.66	+0,71 310	1:13.07	2:30.66
17.	Tim Haimé	The Hague Swimming (SG)	2:31.46	200403567	2:32.88	+0,75 297	1:15.58	2:32.88
18.	Tim van Borselaer	WVZ	2:33.23	200401261	2:33.63	+0,80 293	1:16.75	2:33.63
19.	Michael van den Enden	PCG	2:33.65	200401589	2:38.80	+0,71 265	1:18.98	2:38.80
20.	Marijn Dekkers	Widex GZC Donk	2:43.88	200402275	2:42.11	+0,74 249	1:19.11	2:42.11
21.	Guus Geelen	LZ 1886	2:41.13	200401183	2:47.17	+0,81 227	1:22.47	2:47.17
NG.ZA	Kun Woo Kim	The Hague Swimming (SG)	2:30.25	200401361				
NG	Nathan Vos	Van Vliet-Barracuda	2:45.29	200402335				

Junioren 2

1.	Zev Bulk	Widex GZC Donk	2:11.17	200304021	2:11.61	+0,68 466	1:05.73	2:11.61
2.	Senna Mooldijk	De Kempvis	2:11.30	200301147	2:11.79	+0,72 464	1:05.64	2:11.79
3.	Keanu Streefland	The Hague Swimming (SG)	2:12.91	200302445	2:12.37	+0,76 458	1:05.76	2:12.37
4.	Jelle Bon	ZV Westland	2:12.54	200301077	2:14.79	+0,77 433	1:05.58	2:14.79
5.	Daan Hogerhuis	SG Albion d'ELFT	2:15.02	200300317	2:15.42	+0,82 427	1:06.78	2:15.42
6.	Nils Mulder	MNC Dordrecht	2:18.02	200300049	2:18.41	+0,72 400	1:06.81	2:18.41
7.	Perry Laarhoven	ZPCNumansdorp	2:16.60	200301321	2:19.02	+0,79 395	1:07.27	2:19.02

Programmanr. 21, Jongens, 200m vrije slag, Junioren 2

rang	naam	vereniging	intijd	tijd	RT	100m	200m	
8.	Milan Hamel	The Hague Swimming (SG)	2:13.33	200302125	2:20.29	+0,73 384	1:07.15	2:20.29
9.	Bjarne Buijs	The Hague Swimming (SG)	2:15.73	200301089	2:20.35	+0,80 384	1:09.01	2:20.35
10.	Milan van Aken	The Hague Swimming (SG)	2:17.59	200303307	2:21.75	+0,84 373	1:07.25	2:21.75
11.	Kenan Cörüz	SG Albion d'ELFT	2:23.79	200300357	2:22.93	+0,73 363	1:07.84	2:22.93
12.	M. Lopes Cardozo	WZK	2:19.69	200300665	2:24.17	+0,70 354	1:08.99	2:24.17
13.	Xander Vis	zc De Schotejil	2:19.28	200300173	2:24.92	+0,80 349	1:10.28	2:24.92
14.	Yassine Maas	The Hague Swimming (SG)	2:22.63	200301505	2:25.63	+0,82 344	1:09.47	2:25.63
15.	Raphaël Booiiman	Wiekslag	2:24.07	200300727	2:26.93	+0,73 335	1:11.82	2:26.93
16.	Julian Stok	de Devel	2:25.66	200300071	2:27.63	+0,76 330	1:11.37	2:27.63
17.	Brandon Groeneveld	De Geul	2:26.37	200300595	2:29.27	+0,72 319	1:13.39	2:29.27
18.	Stefan Groen	KZV de Lansingh	2:23.22	200301179	2:31.10	+0,77 308	1:12.53	2:31.10
19.	Thimo van Beek	LZ 1886	2:25.69	200301347	2:33.03	+0,73 296	1:13.49	2:33.03
20.	Christiaan van Es	Zob'66	2:40.73	200304141	2:33.93	+0,77 291	1:13.08	2:33.93
21.	Maxim Noordman	The Hague Swimming (SG)	2:33.76	200304067	2:35.86	+0,76 280	1:16.40	2:35.86
22.	Tygo Korving	ZPB-H&L	2:30.41	200300773	2:36.05	+0,85 279	1:14.17	2:36.05
23.	Pepyn van Brakel	ZPCNumansdorp	2:39.31	200300877	2:36.82	+0,86 275	1:15.36	2:36.82
24.	Mike van Huiizen	ZPCNumansdorp	2:45.83	200300891	2:38.74	+0,73 265	1:16.92	2:38.74
25.	Quinten Nieuwenhuis	WZK	2:38.53	200304577	2:39.50	+0,80 262	1:18.61	2:39.50
26.	Daniel Stok	de Devel	2:37.10	200300569	2:45.38	+0,81 235	1:20.56	2:45.38
27.	Ryan Brown	WZK	2:38.06	200304157	2:45.70	+0,86 233	1:19.97	2:45.70
28.	Albert van der Veen	De Vliet (SG)	2:44.15	200300515	2:47.04	+0,84 228	1:16.48	2:47.04
AFGEM	Jesse Plomp	Zob'66	2:40.26	200304143				
NG	Jort Jongenelen	Zoetermeer	2:30.47	200303233				
NG	David Jagerman	The Hague Swimming (SG)	2:22.11	200302127				

Junioren 3

1.	Bryan Agterdenbos	MNC Dordrecht	1:54.52	200200003	2:00.02	+0,75 614	58.81	2:00.02
2.	Nikhom Westphal	SG SCOM/de Zeehond'73	2:01.69	200203329	2:06.70	+0,73 522	1:03.20	2:06.70
3.	Scott Jansen	WVZ	2:04.15	200202455	2:09.13	+0,76 493	1:03.58	2:09.13
4.	Niels Dijkshoorn	ZV Westland	2:12.48	200203079	2:09.36	+0,67 490	1:03.66	2:09.36
5.	Viktor Koets	De Columbiaan	2:08.73	200201677	2:12.79	+0,84 453	1:03.30	2:12.79
6.	Bas van Wieringen	De Columbiaan	2:13.41	200200119	2:14.96	+0,68 432	1:05.16	2:14.96
7.	Nikolas Lupi	WVZ	2:13.72	200204867	2:16.46	+0,71 418	1:06.68	2:16.46
8.	Luuk van Holstein	ZV Westland	2:20.83	200203841	2:16.47	+0,71 418	1:07.70	2:16.47
9.	Stijn den Otter	de Devel	2:16.26	200200225	2:17.50	+0,66 408	1:06.78	2:17.50
10.	Guus Hoogduin	LZ 1886	2:12.69	200201069	2:18.01	+0,72 404	1:05.27	2:18.01
11.	Dylano Termoshuizen	WVZ	2:16.63	200202169	2:18.87	+0,82 396	1:06.65	2:18.87
12.	Jarno Verbeek	Zoetermeer	2:10.53	200200931	2:20.06	+0,73 386	1:06.72	2:20.06
13.	Robin van Peenen	De Columbiaan	2:13.25	200201059	2:20.77	+0,79 380	1:07.67	2:20.77
		<i>*150m tijd is backup tijd</i>						
14.	Lougo Gorré	ZV Vlaardingen-Schiedam	2:23.69	200201765	2:20.86	+0,74 380	1:08.93	2:20.86
15.	Cas Jansen	The Hague Swimming (SG)	2:16.50	200203263	2:22.62	+0,73 366	1:07.72	2:22.62
16.	Bas van Nisius	The Hague Swimming (SG)	2:17.45	200202107	2:22.89	+0,88 364	1:09.99	2:22.89
17.	Wouter Verdoes	De Columbiaan	2:17.66	200200351	2:25.82	+0,79 342	1:09.89	2:25.82
18.	Thomas van Wanrooij	Poseidon'56	2:19.84	200201473	2:27.23	+0,88 333	1:10.57	2:27.23
19.	Brayden Lauletta	WZK	2:26.76	200204731	2:28.31	+0,77 325	1:13.92	2:28.31
		<i>*100m en 150m tijd is backup tijd</i>						
20.	Mark Bom	LZ 1886	2:24.47	200201471	2:28.91	+0,70 321	1:10.52	2:28.91
21.	Luc Brasz	The Hague Swimming (SG)	2:24.34	200200919	2:29.07	+0,70 320	1:13.68	2:29.07
22.	Milan Zaaijer	The Hague Swimming (SG)	2:29.90	200202795	2:30.69	+0,73 310	1:11.79	2:30.69
23.	Jort Vizeé	De Duck	2:30.17	200201779	2:34.63	+0,77 287	1:14.44	2:34.63
NG.ZA	Thomas Vermeij	Van Vliet-Barracuda	2:34.47	200203093				
NG	Peter van Driel	ZPCNumansdorp	2:25.05	200200305				
NG	Johrick Wijma	KZV de Lansingh	2:19.57	200204435				

Junioren 4

1.	Ivo Stolk	SG SCOM/de Zeehond'73	1:57.85	200100615	2:00.10	+0,75 613	59.80	2:00.10
2.	Max Visser	WVZ	2:02.53	200100077	2:03.62	+0,77 562	1:00.58	2:03.62
3.	Freek Hollander	The Hague Swimming (SG)	2:03.88	200103815	2:04.66	+0,82 548	1:01.67	2:04.66
4.	Floris de Leeuw	The Hague Swimming (SG)	2:02.99	200105317	2:05.29	+0,73 540	1:01.26	2:05.29
5.	Quinn van den Heuvel	ZPCNumansdorp	1:59.78	200100297	2:07.26	+0,78 515	1:00.14	2:07.26
6.	Christiaan Smit	The Hague Swimming (SG)	2:02.13	200102463	2:07.63	+0,75 510	1:01.14	2:07.63
7.	Tjeerd van Stein	Link	2:06.83	200101439	2:08.06	+0,77 505	1:02.43	2:08.06
8.	Sander Iuga	Poseidon'56	2:09.45	200101389	2:13.00	+0,75 451	1:03.65	2:13.00
9.	Wesley Scheepbouwer	Wiekslag	2:09.61	200101959	2:13.82	+0,64 443	1:05.13	2:13.82
10.	Jarno van Oijen	SG SCOM/de Zeehond'73	2:09.66	200100055	2:14.49	+0,69 436	1:04.37	2:14.49
11.	D. van den Nieuwendijk	De Columbiaan	2:11.73	200100475	2:14.63	+0,80 435	1:05.03	2:14.63
12.	Michael Boekestijn	ZV Westland	2:11.95	200100767	2:15.39	+0,80 428	1:06.05	2:15.39

Programmanr. 21, Jongens, 200m vrije slag, Junioren 4

rang	naam	vereniging	intijd		tijd	RT	100m	200m
13.	Boy Borreman	Link	2:14.48	200102751	2:16.55	+0,70 417	1:05.87	2:16.55
14.	Sjoerd van Weelden	PCG	2:11.71	200101217	2:16.81	+0,72 414	1:06.31	2:16.81
15.	Finn van Bommel	De Columbiaan	2:11.29	200103683	2:16.88	+0,83 414	1:05.94	2:16.88
16.	Remco Holstege	The Hague Swimming (SG)	2:22.23	200104189	2:18.71	+0,71 398	1:05.58	2:18.71
17.	Jeroen Reckman	ZPCNumansdorp	2:14.87	200100209	2:19.08	+0,78 394	1:07.25	2:19.08
18.	Jaap Akkermans Castro	The Hague Swimming (SG)	2:12.87	200105143	2:20.65	+0,69 381	1:07.24	2:20.65
19.	David Kras	de Devel	2:15.66	200103253	2:20.71	+0,86 381	1:06.62	2:20.71
20.	Joris de Gier	Widex GZC Donk	2:11.86	200103817	2:21.63	+0,76 374	1:06.16	2:21.63
21.	Jeroen de Mooij	LZ 1886	2:23.39	200100723	2:25.39	+0,67 345	1:08.51	2:25.39
22.	Ruben Bootsma	AZC	2:20.77	200104183	2:30.27	+0,69 313	1:11.98	2:30.27
NG	Querijn Hensen	The Hague Swimming (SG)	2:11.23	200102121	S10			

Jeugd 1 en 2

1.	Joris Bezemer	De Kempvis	1:58.98	199900527	2:01.29	+0,88 595	59.53	2:01.29
2.	Olivier Jans	The Hague Swimming (SG)	1:58.29	200001815	2:06.06	+0,75 530	1:01.60	2:06.06
3.	Thijs van Wieringen	De Columbiaan	2:00.42	199900577	2:06.47	+0,79 525	1:00.64	2:06.47
4.	Noah Legerstee	WVZ	2:02.95	200003593	2:07.03	+0,81 518	1:01.49	2:07.03
5.	Marc Botter	The Hague Swimming (SG)	2:08.63	200000329	2:07.51	+0,66 512	1:00.83	2:07.51
6.	Otto Pranger	SG SCOM/de Zeehond'73	2:02.23	200000007	2:08.80	+0,73 497	1:01.12	2:08.80
7.	Jasper Breugem	WVZ	2:04.34	200000303	2:09.14	+0,77 493	1:01.93	2:09.14
8.	Jari Voogt	De Duck	2:06.23	200004237	2:10.33	+0,75 479	1:02.99	2:10.33
9.	Robin Lecomte	KZV de Lansingh	2:09.02	199900711	2:11.53	+0,69 466	1:02.82	2:11.53
10.	Mark de Jongh	de Devel	2:06.06	200001325	2:11.54	+0,73 466	1:02.78	2:11.54
11.	Stijn Lafontaine	The Hague Swimming (SG)	2:06.34	200005205	2:13.16	+0,74 449	1:03.76	2:13.16
12.	Bart Spaans	Wz010/ Acz (Sg)	2:12.74	199902559	2:13.81	+0,67 443	1:02.62	2:13.81
13.	David Kievit	zc De Schotejil	2:08.75	199900325	2:13.84	+0,82 443	1:05.15	2:13.84
14.	Doran Paap	The Hague Swimming (SG)	2:09.92	200000301	2:16.44	+0,72 418	1:05.66	2:16.44
15.	Tristan Stam	Zob'66	2:10.48	199903551	2:16.77	+0,76 415	1:05.78	2:16.77
16.	Wesley Agterdenbos	MNC Dordrecht	2:15.67	200001327	2:17.64	+0,69 407	1:06.51	2:17.64
17.	Thomas Hesper	Van Vliet-Barracuda	2:09.76	200004181	2:17.70	+0,89 406	1:05.57	2:17.70
18.	Sander van Beek	LZ 1886	2:09.27	200002917	2:18.04	+0,71 403	1:05.34	2:18.04
19.	Thomas Boxman	The Hague Swimming (SG)	2:17.37	200005203	2:22.00	+0,83 371	1:06.67	2:22.00
20.	Aidan van Gool	De Geul	2:14.37	200001773	2:23.64	+0,63 358	1:06.46	2:23.64
21.	Liam van Gool	De Geul	2:17.20	200001111	2:24.22	+0,76 354	1:08.68	2:24.22
22.	Jervis Boele	ZPCNumansdorp	2:17.14	200004141	2:27.49	+0,84 331	1:10.22	2:27.49
23.	Rogier Dorsman	de Devel	2:06.92	199900211	S12 2:34.01	+0,80 466	1:13.97	2:34.01
NG.ZA	Sybe de Waard	de Devel	2:07.64	199900139				

Senioren 1 en ouder

1.	Mike Hoek	De Duck	2:02.18	199702229	2:01.34	+0,73 594	58.38	2:01.34
2.	Melvin Prins	Wiekslag	1:58.15	199500201	2:03.92	+0,68 558	59.86	2:03.92
3.	Robin van Beek	LZ 1886	1:58.19	199704023	2:04.30	+0,73 553	59.88	2:04.30
4.	Kristiaan Lenos	LZ 1886	2:00.20	198301331	2:05.97	+0,77 531	1:00.49	2:05.97
5.	Pascal Nuijten	ZV Westland	1:59.76	199701353	2:06.38	+0,76 526	59.91	2:06.38
6.	L. van der Klooster	ZPB-H&L	2:01.55	199801361	2:06.94	+0,65 519	1:01.83	2:06.94
7.	Lars Schoffemeer	ZPB-H&L	2:01.31	199501907	2:06.98	+0,76 518	1:01.92	2:06.98
8.	Jordy van Oel	WVZ	2:03.15	199802003	2:08.52	+0,76 500	1:03.04	2:08.52
9.	Rutger Dalm	KZV de Lansingh	2:02.31	199005561	2:09.12	+0,74 493	1:02.05	2:09.12
10.	Jim Geestman	RSW	2:04.89	198300699	2:09.89	+0,83 484	1:03.71	2:09.89
11.	Paul van Grol	Widex GZC Donk	2:05.47	199602951	2:10.72	+0,69 475	1:02.65	2:10.72
12.	Ben Muller	De Geul	2:04.56	199801281	2:10.81	+0,69 474	1:01.84	2:10.81
13.	Stijn Geelen	MNC Dordrecht	2:04.21	199801363	2:11.11	+0,68 471	1:03.23	2:11.11
14.	Erik Simons	SG Albion d'ELFT	1:57.36	198902845	2:11.51	+0,72 467	1:01.37	2:11.51
15.	Dave Jansen	SG Albion d'ELFT	2:04.58	199805299	2:12.82	+0,68 453	1:04.88	2:12.82
16.	Kevin Kingma	KZV de Lansingh	2:08.37	199700559	2:20.82	+0,73 380	1:07.77	2:20.82
NG	Bas Verdoes	De Columbiaan	2:08.17	199801487				

rang	vereniging	intijd	tijd	RT		
1.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	4:16.76	4:15.25 +0,76		
	Femke Hoppenbrouwer	+0,76 29.81	1:03.07	Sanne Vermeulen	+0,33 30.12	1:04.68
	Ilse Schoenmaker	+0,39 31.27	1:05.21	Maaïke Issard	+0,47 29.57	1:02.29
2.	ZV Vlaardingen-Schiedam 1	ZV Vlaardingen-Schiedam	4:16.54	4:18.98 +0,60		
	Michelle van der Steen	+0,60 30.53	1:04.34	Sophia van Droffelaar	+0,82 31.76	1:06.66
	Jill Nai Chung Tong	+0,46 31.02	1:05.54	Anna van Droffelaar	+0,41 29.26	1:02.44
3.	De Columbiaan 1	De Columbiaan	4:22.21	4:23.59 +0,83		
	Britt van Bommel	+0,83 31.06	1:05.70	Danielle Vis	+0,51 31.48	1:06.16
	Amy Koelman	+0,29 30.91	1:04.60	Julia Notenboom	+0,36 31.31	1:07.13
4.	de Devel 1	de Devel	4:16.52	4:26.42 +0,80		
	Milou van Wijk	+0,80 30.28	1:04.16	Isis Naaktgeboren	+0,48 32.18	1:06.35
	Rinske Bouman	+0,46 32.12	1:08.83	Joyce van 't Hof	+0,42 31.62	1:07.08
5.	LinK 1	LinK	4:25.08	4:26.74 +1,78		
	Marjje de Jager	+1,78 32.06	1:06.90	Kim de Jong	+0,47 31.80	1:06.65
	Lize van Stigt	+0,03 31.48	1:07.27	Nora van der Steen	+0,40 31.82	1:05.92
6.	Lansingh 1	KZV de Lansingh	4:22.21	4:28.83 +0,71		
	Julia de Heide	+0,71 33.17	1:09.49	Esther Reinders	+0,37 33.12	1:09.22
	Laura Hoogenboezem	+0,49 33.65	1:11.13	Britta Koehorst	+0,29 28.06	58.99
7.	Wiekslag 1	Wiekslag	4:32.22	4:32.84 +0,77		
	Joyce Lodder	+0,77 32.97	1:10.55	Fenna Herwig	+0,58 31.95	1:07.49
	Wendy ten Wolde	+0,48 30.31	1:05.59	Isabel Scheepbouwer	+0,30 32.47	1:09.21
8.	The Hague Swimming (SG) 2	The Hague Swimming (SG)	4:34.46	4:37.57 +0,77		
	Vivianne Woltes	+0,77 33.24	1:10.45	Anniko Firman	+0,30 31.88	1:08.68
	Nicole Akkermans Castro	+0,67 35.12	1:11.16	Mary Kate Farrell	+0,33 32.45	1:07.28
9.	de Devel 2	de Devel	4:49.31	4:51.78 +0,72		
	Asha van Lobberegt	+0,72 33.32	1:10.57	Isa Maes	+0,23 33.71	1:12.00
	Juliette Boon	+1,93 33.79	1:12.64	Jessica Kras	+0,57 35.56	1:16.57

rang	vereniging	intijd	tijd	RT		
1.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	3:55.02	4:03.05 +0,85		
	Sterre Keller	+0,85 28.84	1:00.55	Lotte Hosper	+0,54 28.62	1:00.06
	Floor de Kievit	+0,42 30.01	1:03.93	Elinore de Jong	+0,38 28.04	58.51
2.	SG Albion d'ELFT 1	SG Albion d'ELFT	4:13.63	4:12.11		
	Lisa Klatten	31.30	1:04.11	Merel Toussaint	+0,31 29.56	1:02.84
	Iris van den Berg	30.56	1:04.57	Merle Verkijk	+0,34 29.06	1:00.59
3.	WVZ 1	WVZ	4:06.84	4:13.17 +0,71		
	Nicole Bennis	+0,71 29.73	1:02.32	Lauren van Lijl	+0,15 28.90	1:01.45
	Susanne Roelleveld	+0,41 32.73	1:09.58	Christy Geurts	+0,58 28.59	59.82
4.	zc De Schotejil 1	zc De Schotejil	4:13.52	4:13.84 +0,71		
	Manon Middellbos	+0,71 30.59	1:04.17	Tamara de Ruiter	+0,37 31.63	1:06.44
	Nienke Mierop	+0,38 30.51	1:04.66	Elise Tanis	+0,38 27.91	58.57
5.	The Hague Swimming (SG) 2	The Hague Swimming (SG)	4:12.15	4:17.16 +0,78		
	Jip Veeman	+0,78 30.12	1:03.86	Gaetane Demyttenaere	+0,44 30.52	1:04.94
	Maartje Rijnja	+0,37 31.05	1:05.24	Sacha van den Dobbelssteen	+0,36 29.85	1:03.12
6.	De Geul 1	De Geul	4:17.37	4:29.00 +0,71		
	Esmée Roodenburg	+0,71 30.67	1:03.90	Faustine Mussig	+0,76 33.07	1:10.16
	Kirana Hoogenbosch	+0,52 33.79	1:11.64	Sam IJzerman	+0,49 29.45	1:03.30
NG	SG SCOM/de Zeehond'73 1	SG SCOM/de Zeehond'73	4:10.28			
NG	de Devel 1	de Devel	4:19.95			