

| Datum | Activiteit | Locatie | inzw | Start | Instroom | Minoren | Junoren | Jeugd | Senioren | Masters | Opmerking |
|-----------------------|------------|------------------------------|--------------|-------|----------|---------|---------|-------|----------|---------|--------------|
| September 2019 | | | | | | | | | | | |
| za | 30-08-2019 | | | | | | | | | | |
| zo | 01-09-2019 | | | | | | | | | | |
| ma | 02-09-2019 | Start Trainingen Binnenbad | | | | x | x | x | x | x | |
| za | 07-09-2019 | | | | | | | | | | |
| zo | 08-09-2019 | | | | | | | | | | |
| za | 14-09-2019 | | | | | | | | | | |
| zo | 15-09-2019 | | | | | | | | | | |
| za | 21-09-2019 | | | | | | | | | | |
| zo | 22-09-2019 | Niveaowedstrijd deel 1 | Leiden | 13:00 | 13:30 | x | x | x | x | x | |
| za | 28-09-2019 | | | | | | | | | | |
| zo | 29-09-2019 | Miniorencircuit deel 1 | Waterthor DH | 13:15 | 13:45 | x | x | | | | |
| Oktober 2019 | | | | | | | | | | | |
| za | 05-10-2019 | | | | | | | | | | |
| zo | 06-10-2019 | Verenigingscompetitie deel 1 | Bodegraven | 15:45 | 16:15 | x | x | x | x | x | vanaf min 5 |
| za | 12-10-2019 | | | | | | | | | | |
| zo | 13-10-2019 | Junoren-Jeugd-Senioren deel1 | Wassenaar | 15:30 | 16:00 | | x | x | x | x | |
| za | 19-10-2019 | | | | | | | | | | |
| zo | 20-10-2019 | | | | | | | | | | |
| vr | 25-10-2019 | | | | | | | | | | |
| za | 26-10-2019 | | | | | | | | | | |
| zo | 27-10-2019 | LAC deel 1 | Zoetermeer | 14:00 | 14:30 | | | | | | |
| November 2019 | | | | | | | | | | | |
| za | 02-11-2019 | | | | | | | | | | |
| zo | 03-11-2019 | Verenigingscompetitie deel 2 | Spijkernisse | 14:00 | 14:30 | x | x | x | x | x | vanaf min 5 |
| za | 09-11-2019 | Regio Miniorenclubmeet 1 | | | | | | | | | |
| za | 09-11-2019 | | | | | | | | | | |
| zo | 10-11-2019 | Regio Miniorenclubmeet 1 | | | | | | | | | |
| za | 16-11-2019 | Regio Kampioenschap KB | | | | | | | | | obv limieten |
| zo | 17-11-2019 | Regio Kampioenschap KB | | | | | | | | | obv limieten |
| za | 23-11-2019 | Regio Kampioenschap KB | | | | | | | | | obv limieten |
| zo | 24-11-2019 | Regio Kampioenschap KB | | | | | | | | | obv limieten |
| za | 30-11-2019 | | | | | | | | | | |
| December 2019 | | | | | | | | | | | |
| zo | 01-12-2019 | Niveaowedstrijd deel 2 | Leiden | 13:00 | 13:30 | x | x | x | x | x | |
| zo | 01-12-2019 | | | | | | | | | | |
| do | 05-12-2019 | NJK KB | Eindhoven | | | | | | | | |
| vr | 06-12-2019 | NJK KB | Eindhoven | | | | | | | | |
| za | 07-12-2019 | NJK KB | Eindhoven | | | | | | | | |
| zo | 08-12-2019 | NJK KB | Eindhoven | | | | | | | x | |
| vri | 13-12-2019 | Swimcup Amsterdam | Amsterdam | | | | | | | | |
| za | 14-12-2019 | Swimcup Amsterdam | Amsterdam | | | | | | | | |
| zo | 14-12-2019 | Swimcup Amsterdam | Amsterdam | | | | | | | | |
| zo | 15-12-2019 | Miniorencircuit deel 2 | Wassenaar | 15:30 | 16:00 | x | x | x | x | x | |
| vr | 20-12-2019 | ONK KB | Tilburg | | | | | | | | |
| za | 20-12-2019 | ONK KB | Tilburg | | | | | | | | |
| za | 21-12-2019 | Clubkampioenschappen KB | Bodegraven | 13:00 | 13:30 | x | x | x | x | x | |
| zo | 22-12-2019 | ONK KB | Tilburg | | | | | | | | |
| zo | 22-12-2019 | Clubkampioenschappen KB | Bodegraven | 15:45 | 16:15 | x | x | x | x | x | |
| zo | 22-12-2019 | Lac deel 2 | Zoetermeer | 14:00 | 14:30 | | | | | | |
| ma | 23-12-2019 | | | | | | | | | | |
| di | 24-12-2019 | Kerst | | | | | | | | | |
| wo | 25-12-2019 | Kerst | | | | | | | | | |
| do | 26-12-2019 | | | | | | | | | | |
| za | 28-12-2019 | | | | | | | | | | |
| zo | 29-12-2019 | | | | | | | | | | |
| di | 31-12-2019 | Oudjaarsdag | | | | | | | | | |
| Januari 2020 | | | | | | | | | | | |
| wo | 01-01-2020 | Nieuwjaarsdag | | | | | | | | | |
| za | 04-01-2020 | | | | | | | | | | |
| zo | 05-01-2020 | | | | | | | | | | |
| za | 11-01-2020 | | | | | | | | | | |
| zo | 12-01-2020 | Verenigingscompetitie deel 3 | Spijkernisse | ? | ? | x | x | x | x | x | |

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Vakantie

Vrijwilligers

start herfstvakantie

einde herfstvakantie

start kerstvakantie

einde kerstvakantie

Vakantie

start voorjaarsvakantie

einde voorjaarsvakantie

start meivakantie

einde meivakantie

Vakantie

start zomervakantie